

ABDSM Recommended Reading List

1. Berry RB, Budhiraja R, Gottlieb DJ, et al. Rules for Scoring Respiratory Events in Sleep: Update of the 2007 AASM Manual for the Scoring of Sleep and Associated Events. *Journal of Clinical Sleep Medicine*. 2012. 8(5): p. 597-619.
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4. Benetó A, Gomez-Siurana E, Rubio-Sanchez P. Comorbidity between sleep apnea and insomnia. *Sleep Medicine Reviews*. 2009. 13(4): p. 287-293.
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5. Budhiraja R, Budhiraja P, Quan SF. Sleep-Disordered Breathing and Cardiovascular Disorders. *Respir Care*. 2010. 55(10): p. 1322–1330. *New!*
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6. Lamm J, Poeschel J, Smith S. Obtaining a thorough sleep history and routinely screening for obstructive sleep apnea. *Journal of the American Academy of Nurse Practitioners*. 2008. 20(4): p. 225-229.
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8. Simon S, Collop N. Latest advances in sleep medicine: obstructive sleep apnea. *Chest*. 2012. 142(6): p. 1645-51.
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11. Sutherland K, Phillips C, Cistulli P. Efficacy versus Effectiveness in the Treatment of Obstructive Sleep Apnea: CPAP and Oral Appliances. *JDSM*. 2015. 2(4): p. 175-181. *New!*
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12. Van Haesendonck G, Dieltjens, M, Kastoer, C, et al. Cardiovascular benefits of Oral Appliance Therapy in Obstructive Sleep Apnea: a systematic review. *Journal of Dental Sleep Medicine*. 2015. 2(1): p. 9-14.
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13. Menon A, Kumar M. Influence of body position on severity of obstructive sleep apnea: a systematic review. *ISRN Otolaryngol*. 2013.
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14. Ahrens A, McGrath C, Hagg U. Subjective efficacy of oral appliance design features in the management of obstructive sleep apnea: a systematic review. *American Journal of Orthodontics and Dentofacial Orthopedics*. 2010. 138(5): p. 559-76.
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15. Dieltjens M, Braem MJ, Vroegop AV, et al. Objectively measured vs self-reported compliance during oral appliance therapy for sleep-disordered breathing. *Chest*, 2013. 144(5): p. 1495-502.
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18. Vezina J, Blumen, MB, Bucket, I, Hausser-Hauw, C, Chabolle, F. Does Propulsion Mechanism Influence the Long-term Side Effects of Oral Appliances in the Treatment of Sleep-Disordered Breathing? *Chest*. 2011. 140(5): p. 1184-1191.
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