# 57<sup>TH</sup> ANNUAL MANITOBA ORTHOPAEDIC SYMPOSIUM

SAM COHEN AUDITORIUM | ST. BONIFACE HOSPITAL RESEARCH CENTRE 351 TACHÉ AVENUE | WINNIPEG, MANITOBA

THURSDAY, OCTOBER 19 & FRIDAY, OCTOBER 20, 2017 | 0800 - 1600



# **OVERVIEW**

- Review and discuss topics of importance in the care of Orthopaedic patients or patients with musculoskeletal injuries
- Review of topics in fields of trauma, sports medicine, spine and surgical wait list initiatives
- Review topics in hip arthroscopy, radiology, pain management, shoulder instability, trauma and health care system reorganization

# **COURSE OBJECTIVES**

At the end of this educational event, the participant should be able to identify one point of learning or potential change in practice in the following fields: arthroplasty, trauma, spine, sports medicine and arthroscopy, musculoskeletal imaging and rehabilitation.

# **AGENDA**

#### **THURSDAY OCTOBER 19, 2017**

0800-0830 Registration and Breakfast0830-0835 Welcome - Dr. Greg Stranges

#### AM Moderator: Dr. Ted Tufescu

0835-0905	Return to Sport after ACL Reconstruction - Mr. Mark Beatty, Foundation Physiotherapy
0905-0935	Manitoba Wait List Initiative - Dr. Eric Bohm, University of Manitoba
0935-1005	Prehabilitation in Spine Surgery - Dr. Mohammed Zarrabian, University of Manitoba
1005-1035	Break and Exhibitor Booths
1035-1105	Surgical Video Suprapatellar Nail for Tibial Shaft Fracture - Manitoba Orthopaedic Trauma Group
1105-1135	Highlights of Orthopaedic Resident Research - Dr. Jeff Leiter, Pan Am Clinic Foundation, University of Manitoba
1135-1230	Alexander Gibson Lecture Maintaining Work Life Balance in Orthopaedics - Dr. Paul Duffy, University of Calgary
1230-1330	Lunch and Exhibitor Booths

#### PM Moderator: Dr. Eric Bohm

1330-1400	Rehabilitation after Hip Fractures - Dr. Diren Arsoy, Yale University

1400-1430 Acetabular Fractures in the Elderly Fix or Replace? - Dr. Paul Duffy, University of Calgary

1430-1500 Operation Walk Winnipeg - Bringing Hope in Poverty and Pain - Dr. Tom Turgeon, University of Manitoba

## FRIDAY, OCTOBER 20, 2017

0800-0830	Registration and Breakfast
0830-0835	Welcome - Dr. Jason Old
0835-0905	Musculoskeletal Diagnostic Ultrasound Indications and Application - Dr. Laurie Stillwater University of Manitoba
0905-0935	Arthroscopic Glenoid Bone Grafting - Dr. Ivan Wong, Dalhousie University
0935-1005	Update on Orthopaedic Surgery Reorganization in Winnipeg - Dr. Brock Wright, Shared Health Services Manitoba
1005-1035	Break and Exhibitor Booths
1035-1105	The Use of Femoral Nerve Catheters in Hip Fracture Surgery - Dr. Diren Arsoy, Yale University
1105-1135	Three Corner Carpal Fusion for Complex Perilunate Fracture Dislocation- Dr. Graeme Matthewson,
1135-1210	University of Manitoba
1215-1315	Management of Bifocal Tibia Fractures - Dr. Paul Duffy, University of Calgary
	Lunch and Exhibitor Booths

## PM Moderator: Dr. BradPilkey

1315-1345	Hin	Λrt	hro	 nv -	Or Ivai	5 M	long l	Dall	ouci	e Univer	city
1345-1415	ПР	Λιι		ρy - I	ار. Ivai	1 00	ong, i	Jaii	-	e Offiver	SILY

Surgical Video: Reverse Arthroplasty for Fracture - Pan Am Sports and Upper Extremity Group

Case Presentations - University of Manitoba Orthopaedic Residents and Fellows

1445 Closing

# **OUR MISSION**

The Continuing Professional Development (CPD) Program of the Max Rady College of Medicine strives to improve the quality of healthcare in Manitoba by providing excellent, needs-based educational activities to physicians and other health professionals that produce changes in knowledge, skills, attitudes and behaviours.

This event/program will be of interest to: Orthopaedic Surgeons, Physicians, Nurses, Physiotherapists, Occupational Therapists, Athletic Therapists, Residents and Medical Students

# **SPEAKERS**

#### **GUEST**

#### Dr Paul J Duffy, MD, FRCSC

Division Chief of Orthopaedic Trauma, University of Calgary | Orthopaedic Trauma & Arthroplasty Surgeon, University of Calgary, Alberta | Director, Orthopaedic Trauma Subspecialty Fellowship Program

# **Dr** Ivan Wong, MD, FRCSC, MACM, Dip. Sports Medicine

Orthopaedic Surgeon at the Queen Elizabeth II Health Sciences Center in Halifax, NS | Associate Professor, Orthopaedic Surgery, School of Health and Human Performance, School of Physiotherapy, Dalhousie University | President, Arthroscopy Association of Canada (AAC)

#### Dr Diren Arsoy, MD, MS

Fellow, Maurice E. Mueller Foundation North American for Hip Surgery, Mayo Clinic, Rochester, Minnesota, USA

#### LOCAL

#### Dr Mark Beatty, BMR, PT

Physiotherapist, Pan Am Clinic Foundation Senior Physiotherapist and Education Lead, Fellow of the Canadian Academy of Manipulative Physiotherapists since 2004

#### Dr Eric Bohm, B.Eng, MD, MSc, FRCSC

Professor of Surgery, University of Manitoba, Concordia Hip and Knee Institute | Medical advisor, Winnipeg Regional Health Authority Orthopedic Waitlist, Joint Replacement Registry, Central Intake Program | Director, Health System Performance Platform, George and Fay Yee Center for Healthcare Innovation

# Dr Mohammed Zarrabian, BA, DC, MD

Orthopedic Spine Surgeon Assistant Professor, Division of Orthopedic Surgery, University of Manitoba

#### Dr Jeff Leiter, MSc, PhD

Albrechtsen Research Chair, Pan Am Clinic Foundation | Assistant Professor, University of Manitoba | Fitness Consultant, Winnipeg Jets Hockey Club

#### DrTom Turgeon, B.Sc., MPH, FRCSC

Chief Medical Officer of the Orthopaedic Innovation Centre | Orthopaedic Surgeon, Concordia Joint Replacement Group

# **Dr Laurence Stillwater, MD FRCSC** | Lecturer, University of Manitoba

**Dr Brock Wright, B.Sc, M.D., FRCPC, MBA**Senior Vice-President Clinical, Chief Medical Officer, Winnipeg Regional Health Authority

**Dr Graeme Matthewson B.Sc, M.D**Orthopaedic Surgery Resident, Pan Am Clinic

## **CanMEDS Roles Integrated in Today's Presentations**

#### MEDICAL EXPERT

As **Medical Experts**, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills, and professional attitudes in their provision of patient-centered care. **Medical Expert** is the central physician Role in the CanMEDS framework.

#### **COLLABORATOR**

As Collaborators, physicians effectively work with patients, families, and the healthcare team to achieve optimal patient care.

#### **COMMUNICATOR**

As **Communicators**, physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

#### **HEATH ADVOCATES**

As **Health Advocates**, physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities, and populations.

#### MANAGER/LEADER

As Managers/Leaders, physicians are integral participants in healthcare organizations, organizing sustainable practices.

#### **PROFESSIONAL**

As **Professionals**, physicians are committed to the health and wellbeing of individuals and society through ethical practice, profession-led regulations, and high personal standards of behaviour.

#### **SCHOLAR**

As **Scholars**, physicians demonstrate a lifelong commitment to reflective learning as well as the creation, dissemination, application and translation of medical knowledge.

#### **FEES**

Physician - 2 days: **\$175** | Single day: **\$125** 

Other Health Professionals - 2 day \$110 | Single day \$60

Resident / Student \$25 | Other Fellows/Residents: No Fee | MOS Members: No Fee

#### ONLINE REGISTRATION

Methods of payment are by VISA, MasterCard and AMEX. Register online at **cpd-umanitoba.com**.

#### REFUND POLICY

Cancelations must be made in writing. Full refund less a \$35 administrative fee if cancelled 14 days or more before the event. No refund past this date.

# REIMBURSEMENT OF REGISTRATION FEES

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information please go to: http://www.docsmb.org/or call 204-985-5888.

# **DISCLOSURE OF CONFLICTS OF INTEREST**

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

## **ACCREDITATION**

This event was co-developed with the CPD Medicine Program, University of Manitoba and was planned to achieve scientific integrity, objectivity and balance.

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been approved by the CPD Medicine Program, University of Manitoba for up to TBD Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for a maximum of TBD.

Participants should only claim credit for the actual number of hours attended.

The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

## **EXHIBITORS**

Anderson Orthopedics (MOPA) | Bioventus, Bristol-Meyers-Squibb | Con Med Canada| Diamond Athletics | DJO Global | Innovative Medical Supplies | Johnson & Johnson | MD Management | Ossur | Smith and Nephew | Stryker | Tribe Medical Group | Winnipeg Prosthetic and Orthotic | Wright Medical Technology | Zimmer/Biomet

## PLANNING COMMITTEE

Gregory Stranges (Chair) MD, FRCSC Jason Old, MD, FRCSC Russ Horbal, B.P.E, Ed (Cert.), B.M.R. (P.T.), C.A.T. (C) Darin Bannmann, MD, CCFP, FCFP Jeff Toews, Educational Director

#### **MBTELEHEALTH**

This event is available via MBTelehealth sites throughout Winnipeg and Manitoba. Please check your site for availability and reserve prior to registering.

#### **PARKING**

Visit **sbgh.mb.ca/visitors-parking.html** to find available parking spots.



# **CONTACT**

#### Kelley Khemiri, Program Coordinator

CPD Medicine Program
Max Rady College of Medicine
Rady Faculty of Health Sciences
University of Manitoba
260 Brodie – 727 McDermot Ave.
Winnipeg, Manitoba | R3E 3P5
Phone: 204-789-3547 | Fax: 204-789-3911
Email: Kelley.Khemiri@umanitoba.ca

