



Practice Support Resources

Organizations

Canadian Medical Association – www.cma.ca

- Clinical Resources – Clinical practice guidelines – does not require membership – links to guideline documents
- Other resources there (drug information, patient handouts, clinical updates) do require membership.

College of Family Physicians of Canada – www.cfpc.ca

- Resources (top bar) – For Health Professionals – membership not required. Reports, policy statements, documents endorsed by CFPC on a wide variety of topics – includes subjects such as ethics, information technology in addition to clinical topics.

Canadian Medical Protective Association – www.cmpa-acpm.ca

- Advice & Publications – articles, electronic version of Perspective, handbooks, physician wellness, FAQs, risk management
- Education & Events – eLearning, symposia and conferences, webinars. Also Good Practices Guide – geared towards training, learning modules.

Canadian Task Force on Preventative Health Care – www.canadiantaskforce.ca

- Publish some guidelines, offer critical appraisal of others
- Focus on screening/preventative care
- Offers information regarding development and changes to guidelines over time.



Medical Council of Canada – Orientation – Communication and Cultural Competence –

www.physiciansapply.ca/orientation

- Communication skills module
- Cases to work through
- Focus on communication, professionalism, interprofessional relations – not clinical work
- Open access.

Choosing Wisely – Canada – www.choosingwiselycanada.org

- **US** – www.choosingwisely.org
- Both sites have information for both physicians and patients on a variety of topics.

BC Health Guidelines site – www.bcguidelines.ca

- Wide variety of clinical topics – useful links to resources such as flow sheets, e.g. diabetic flow sheet, and standardized assessment forms, e.g. MOCA

Manitoba Resources

Manitoba Health, Healthy Living and Seniors –

www.gov.mb.ca/health/

- Left side bar has lots of info links, also A – Z site index
- Includes Home Care Services, Pharmacare

Public Health – www.gov.mb.ca/health/publichealth/index.html

- Immunization schedules
- Communicable Disease Control – including STI information
- Environmental Health
- Epidemiology
- Cadham Lab info including newborn screening



MB Health – Primary Care Resources –

www.gov.mb.ca/health/primarycare/providers/index.html

- Advanced access, Manitoba Poverty Tool, Chronic Disease link, Birth centres/midwifery, Forms – prenatal, CDM.

Cancercare – www.cancercare.mb.ca

- Health Care Professionals (top bar)
- INSIXTY for health care professionals – includes pathway information
- Information for health care professionals – wide variety of topics from screening to palliative care. Includes referral guide with forms.

Manitoba Renal Program – www.kidneyhelath.ca

- Health care professionals (top bar)
- eGFR and Referral Pathways
- Referral form for family doctors, information about electronic kidney health record, research and articles.

Doctors Manitoba – Physician Health and Wellness –

www.docsmbwellness.org

- Support for physicians (includes students and residents) and their families
- Crisis line – confidential
- Links to resources – stress, life balance

Diagnosis/System Based Resources

Canadian Cardiovascular Society – www.ccs.ca

- Guideline (top bar)
- Guidelines Library and Resources – angina to transplantation and everything in between – atrial fibrillation, CHF, dyslipidemia, syncope – to name a few.



Hypertension Canada – www.hypertension.ca

- Most recent CHEP guidelines for Diagnosis & Assessment, Prevention & Treatment
- Link for resources – patient and professional education, mobile app.

Canadian Diabetes Association – Clinical Practice Guidelines – www.guidelines.diabetes.ca

- Full guidelines, quick reference guide
- Screening, diagnosis, pharmacotherapy, A1C targets, reducing vascular risk, HBGM
- App available.

Mental Health

- The best overall resource that I could find was the CFPC page – search Mental health
- **Canadian Coalition for Seniors' Mental Health** – www.ccsmh.ca
 - o Depression, delirium, long term care, suicide risk/prevention.

Canadian Thoracic Society – www.respiratoryguidelines.ca

- COPD, asthma, infectious diseases

Canadian Association of Emergency Physicians – www.caep.ca

- Advocacy tab – Position Statements and Guidelines. Regular revisions.

Academic Life in Emergency Medicine – www.aliem.com

- Digital connection to cooperative world of Emergency Medicine
- Clinical and Non-Clinical topics
- App available.



Demographic Groups

Society of Obstetricians and Gynecologists of Canada –
www.sogc.org/clinical-practice-guidelines

- Wide variety of topics from adolescence to menopause.

Canadian Pediatric Society – www.cps.cs/en/documents

- Position statements and practice points – browse by clinical area – infant feeding to adolescent mental health.

TREKK – Translating Emergency Knowledge for Kids –
www.trekk.ca

- Click on Clinicians
- List of common pediatric emergency problems and presentations
- Bottom Line Recommendations – short sheet to give you first line management info.
- Also clinical pathways or guidelines, summaries of/and systematic reviews, key studies
- Bridge for pediatric emergency care.

UpToDate

- Clinical decision support resource
- Joint effort of Doctors Manitoba, Manitoba Health, University of Manitoba, Regional Health Authorities, Diagnostic Services Manitoba, Cancercare Manitoba
- Coordinated by U of M libraries –
<http://libguides.lib.umanitoba.ca/health/home>



These resources obviously reflect a wide variety of clinical areas, and are most applicable for family doctors. If you are working in a specialty, you will have your own favourite resources. Feel free to edit and add to this list as it applies to the clinical work that you and your supervised physician are active in.