

Practice Support Resources

The easy part...

Organizations

- **Canadian Medical Association – www.cma.ca**
- Clinical Resources – Clinical practice guidelines – does not require membership – links to guideline documents.
- Other resources there (drug information, patient handouts, clinical updates) do require membership.

Organizations

- **College of Family Physicians of Canada**
– www.cfpc.ca
- Resources (top bar) – For Health Professionals
– membership not required. Reports, policy statements, documents endorsed by CFPC on a wide variety of topics – includes subjects such as ethics, information technology in addition to clinical topics.

Organizations

- **Canadian Medical Protective Association – www.cmpa-acpm.ca**
- Advice & Publications – articles, electronic version of Perspective, handbooks, physician wellness, FAQs, risk management
- Education & Events – eLearning, symposia and conferences, webinars. Also Good Practices Guide – geared towards training, learning modules

Organizations

- **Saegis – <https://saegis.solutions/en>**
- Subsidiary of CMPA
- Advancing patient safety and practice management
- Support for physicians and other healthcare professionals, institutions, and clinic administrators
- Offers a variety of courses

Canadian Task Force on Preventative Health Care

- www.canadiantaskforce.ca
- Publish some guidelines, offer critical appraisal of others
- Focus on screening/preventative care
- Offers information regarding development and changes to guidelines over time

- Orientation – Communication and Cultural Competence – www.physiciansapply.ca/orientation
- Communication skills module
- Cases to work through
- Focus on communication, professionalism, interprofessional relations – not clinical work
- Open access

Choosing Wisely

- Choosing Wisely Manitoba – www.choosingwiselymanitoba.ca
- Choosing Wisely Canada – www.choosingwiselycanada.org
- Choosing Wisely (US) – www.choosingwisely.org
- All sites have information for both physicians and patients on a variety of topics.

BC Guidelines

BC Health Guidelines site –
www.bcguidelines.ca

- Wide variety of clinical topics – useful links to resources such as flow sheets, e.g. diabetic flow sheet, and standardized assessment forms, e.g. MOCA

Manitoba

- **Manitoba Health, Healthy Living and Seniors – www.gov.mb.ca/health/**
- Left side bar has lots of info links, also A-Z site index
- Includes Home Care Services, Pharmacare

Manitoba

- **Public Health –**
www.gov.mb.ca/health/publichealth/index.html
- Immunization schedules
- Communicable Disease Control – including STI information
- Environmental Health
- Epidemiology
- Cadham Lab info including newborn screening

Manitoba

- MB Health – Primary Care Resources – www.gov.mb.ca/health/primarycare/providers/index.html
- Advanced access, Manitoba Poverty Tool, Chronic Disease link, Birth centres/midwifery, Forms – prenatal, CDM

Manitoba

- **Cancercare – www.cancercare.mb.ca**
- Health Care Professionals (top bar)
- INSIXTY for health care professionals – includes pathway information
- Information for health care professionals – wide variety of topics from screening to palliative care. Includes referral guide with forms.

Manitoba

- **Manitoba Renal Program – www.kidneyhealth.ca**
- Health care professionals (top bar)
- eGFR and Referral Pathways
- Referral form for family doctors, information about electronic kidney health record, research and articles

Doctors Manitoba

- **Physician Health and Wellness – www.docsbwellness.org**
- Support for physicians (includes students and residents) and their families
- Crisis line – confidential
- Links to resources – stress, life balance

Diagnosis- based

- **Canadian Cardiovascular Society – www.ccs.ca**
- Guidelines (top bar)
- Guidelines Library and Resources – angina to transplantation and everything in between – atrial fibrillation, CHF, dyslipidemia, syncope – to name a few

Diagnosis- based

- Hypertension Canada – www.hypertension.ca
- Most recent CHEP guidelines for Diagnosis & Assessment, Prevention & Treatment
- Link for resources – patient and professional education, mobile app

Diagnosis- based

- **Canadian Diabetes Association – Clinical Practice Guidelines – www.guidelines.diabetes.ca**
- Full guidelines, quick reference guide
- Screening, diagnosis, pharmacotherapy, A1C targets, reducing vascular risk, HBGM
- App available

Diagnosis- based

- **Canadian Network for Mood and Anxiety Treatments (CANMAT) – www.canmat.org**
- Publications – Guidelines – Major depressive disorder, bipolar disorder, mood disorder with comorbid conditions
- **Canadian Coalition for Seniors' Mental Health – www.ccsmh.ca**
- Depression, delirium, long term care, suicide risk/prevention

Diagnosis- Based

- **Canadian Psychiatric Association – www.journals.sagepub.com/toc/cpab/62/9**
- Guideline for diagnosis and management of schizophrenia
- **Mental Health – www.cma.ca**
- Clinical Resources tab – search psychiatry in CPGs
- Brings a cross-section of mental health guidelines from various sources together in one place

Diagnosis-
based

- **Canadian Thoracic Society –**
www.respiratoryguidelines.ca
- COPD, asthma, infectious diseases

Emergency Medicine

- **Canadian Association of Emergency Physicians – www.caep.ca**
- Advocacy tab – Position Statements and Guidelines. Regular revisions.

Emergency Medicine

- **Academic Life in Emergency Medicine – www.aliem.com**
- Digital connection to cooperative world of Emergency Medicine
- Clinical and Non-Clinical topics
- App available

Demographic Group

- Society of Obstetricians and Gynecologists of Canada – www.sogc.org/clinical-practice-guidelines
- Wide variety of topics from adolescence to menopause

Demographic Group

- **Canadian Pediatric Society – www.cps.ca/en/documents**
- Position statements and practice points – browse by clinical area – infant feeding to adolescent mental health

Demographic Group

- **TREKK – Translating Emergency Knowledge for Kids – www.trekk.ca – click on Clinicians**
- List of common pediatric emergency problems and presentations
- Bottom Line Recommendations – short sheet to give you first line management info.
- Also clinical pathways or guidelines, summaries of/and systematic reviews, key studies
- Bridge for pediatric emergency care

And also...

- These suggestions largely pertain to family medicine, as that is the most common type of practice
- If you are a specialist, you will have specific resources that you can recommend which have not been covered here

UpToDate

- As of 2016, all physicians (and staff) in organizations funded by Manitoba Health have complimentary access to the UpToDate clinical decision support resource
- Joint effort of Doctors Manitoba, Manitoba Health, University of Manitoba, Regional Health Authorities, Diagnostic Services Manitoba, CancerCare Manitoba
- Being coordinated by U of M libraries – <http://libguides.lib.umanitoba.ca/health/home>

Supervisor Support Resources

The hard part....

CPSM

- Jo-Ell Stevenson, Coordinator, Qualifications Department

Other

- Workshop – annual, every other year?
- Supervisor mentor? Would it be helpful to have someone more experienced that you could call about process/communication questions?
- Supervisor network? Would you be interested in participating in an online group? Format to be determined.

Other

- What other suggestions do you have for things that could help to support you in this work?

Questions?

- Questions?