

CANCER NAVIGATION SERVICES

Winnipeg Cancer Hub

Nicole Koschik BN, CON (C)
Oncology Nurse Navigator

Faculty/Presenter Disclosure

- Speaker: Nicole Koschik BN, CON (C)
- Relationships with commercial interests:
 - Not Applicable

Mitigating Potential Bias

- Not Applicable



How can we better support our patients?

Cancer Navigation Services

Goals:

- To improve each Cancer Patient's journey by helping them and their families connect with compassionate and high quality cancer care services
- To facilitate the right patient and family support at the right time
- To provide access to the right information
- To help Manitoba healthcare professionals come together as a team with the goal of streamlining the cancer patient journey.

Cancer Navigation Services: W5

- What
- Who
- When
- Where
- Why
- How

What does Cancer Navigation do?

- Deliver respectful and responsive care
- Validate and recognize anxiety in patients and families
- Ensures ongoing communication to support, connect, educate and coordinate care
- Identify gaps and system barriers to care
- Track delays in investigations

Who make up the Cancer Navigation Services Team?

- Oncology trained Nurse Navigators
- Psychosocial Oncology Clinicians
- Rotation of Family Physicians in Oncology (FPO)
- Medical Lead in Oncology
- Surgical Lead in Oncology
- RAPID DIAGNOSTIC CLINIC: Dr. Helmut Unruh

Who is seen in the Rapid Diagnostic Clinic?

- Patients not yet connected with CCMB
- Often elderly populations with undiagnosed diffuse disease, who might be most appropriate for Advance Care Planning and palliative care discussion / enrollment
- Patients requiring acute therapeutic interventions such as thoracentesis or paracentesis
- Patients with metastatic disease from an unknown primary cancer
- Undiagnosed patients suspected of having lymphoma with palpable lymphadenopathy for consideration of biopsy and to facilitate complete diagnostic work up

Who are Cancer Navigation Services For?

Patients and their Families:

- to help meet their needs
- to help make informed decisions
- Provide guidance and support throughout cancer journey

Primary Care Practitioners:

- Assistance with coordinating tests and referrals needed to make a timely cancer diagnosis and plan for treatment
 - Ensures ongoing communication: “in the loop”

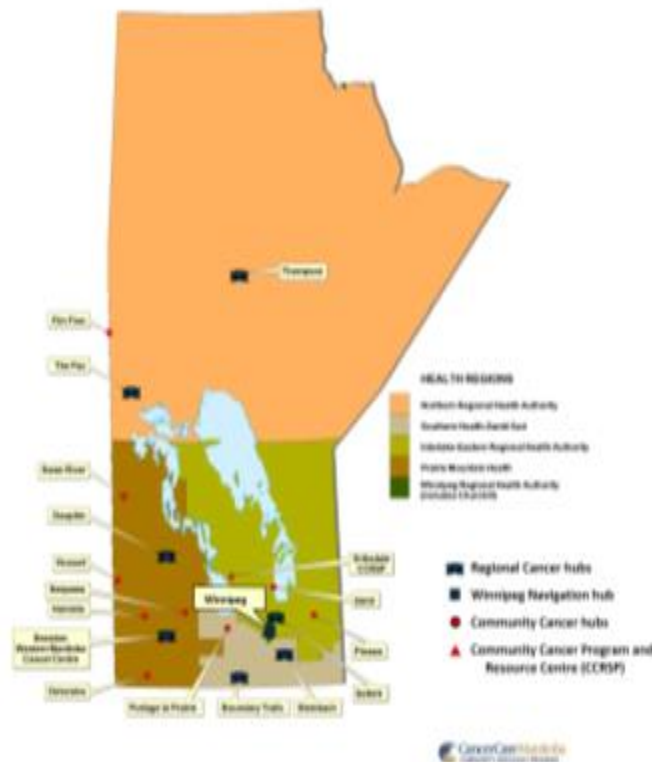
When can a Patient be referred?

- At first point of HIGH clinical suspicion of cancer
- If patients are not yet connected to an Oncologist, then patients can be referred to Cancer Navigation Services
- At any point if clinicians feel they need further support or guidance from one of our FPO's
- Anyone can refer! Patients themselves or any Health Care Provider

Where are Cancer Navigation Services Available?

Cancer Navigation sites throughout the Province

Regional and Community Cancer hubs in Manitoba



- Boundary Trails
- Steinbach
- Selkirk
- Brandon
- Dauphin
- Thompson
- The Pas
- Winnipeg

Why Refer to Cancer Navigation Services?

- The cancer journey is complex with many tests, appointments and multiple health care providers
- Requires various types of support
- It is the bridge from community oncology care to the time patients are seen by an Oncologist (Medical, Surgical, or Radiation) within CancerCare Manitoba

How do we access Cancer Navigation Services in Wpg?

- **Referral Form:** *by fax: 204-235-0690*
- **Referral:** *by telephone: 1-855-837-5400*
- **CancerCare Manitoba Website:**
www.cancercare.mb.ca/navigation

Patient Brochure

What are Cancer Navigation Services?

A diagnosis of cancer can affect patients and families physically, emotionally, financially, spiritually and socially. The cancer journey is often complex and overwhelming.

Cancer Navigation Services can help you to meet your needs, make informed decisions and provide guidance and support for you and your family in your cancer journey.

Cancer Navigation Services in your health region consists of Nurse Navigators, and Psychosocial Oncology Clinicians who provide information and support for patients and families in a timely manner, helping to reduce distress and anxiety.



The Nurse Navigator

The Navigators are Registered Nurses with specialized training in cancer care. They work closely with your health care team to coordinate your care.

The Nurse Navigator will:

- Support you and your family from the time of a clinical suspicion of cancer through the diagnostic period, and on to treatment.
- Work closely with your family doctor, surgeons and other members of the health care team to assist in the coordination of diagnostic testing and referral to a cancer specialist.
- Help you prepare for tests and appointments, and understand your diagnosis and plan of care.
- Assist you in finding information to make informed decisions.
- Listen to your needs and assist you to find answers to your questions and concerns.
- Provide information about resources and services you may need.

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Navigators recognize that just as individuals may have different needs and beliefs, individuals will also deal with cancer in different ways.
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Cancer Navigation Services are provided **free of charge** to residents living within Manitoba.

Psychosocial Oncology Clinician

When dealing with cancer, counselling can help you and your family to cope with:

- distressing feelings like uncertainty, sadness, worry, anger, feeling discouraged;
- practical issues like work, finances, transportation;
- talking to children, grandchildren, friends and family at home, work, school and socially;
- changes in your body, self-esteem, finding hope, fatigue, poor concentration;
- finding the right support services all along the way.

The clinician will work closely with your health care team and you.

Psychosocial care may help you and your family enhance the quality of your life, find solutions, and maintain some control during difficult times.

Community Engagement Liaison

- Helps communities to learn about cancer services and supports
- Develops and shares culturally responsive information
- Works with communities to increase knowledge of cancer prevention and early detection



The goal of Cancer Navigation Services is to improve each cancer patient's journey by helping Manitobans and their families connect with compassionate and high quality cancer care.

Manitoba Health, CancerCare Manitoba, Diagnostic Services Manitoba, Regional Health Authorities, Family Physicians, specialists and other health care providers are working in partnership to move from suspicion of cancer to first treatment, if needed, in sixty days or less.



Services are supported by CancerCare Manitoba and Manitoba's Regional Health Authorities

In addition to talking with your family doctor, you can connect with Cancer Navigation Services.

A health care provider may have recommended Navigation Services to you. If you have agreed to this service a referral can be made on your behalf and you can expect to be contacted by a member of the Navigation team within two business days.

If you would like more information or to speak to a member of the Navigation Team please call the toll free number below.



WHAT IF I HAVE CANCER?

Cancer Navigation Services Can Help



Interlake-Eastern Regional Health Authority
1-855-557-2273

Northern Health Region
1-855-740-9322

Prairie Mountain Health
1-855-346-3710

Southern Health-Santé Sud
1-855-623-1532

Winnipeg Regional Health Authority
1-855-837-5400

Thank you

Cancer Navigation Services

Every Manitoban now has access to an expert Cancer Navigation Team to guide patients through the cancer journey and help them connect with compassionate and high quality cancer care. Patients with a high suspicion of cancer can be referred to Cancer Navigation Services to get assistance with coordinating tests and referrals needed to obtain a cancer diagnosis.

Healthcare providers can refer patients to Navigation Services or patients can refer themselves.

***For more information or to refer a patient to
Cancer Navigation Services please visit:***

www.cancercare.mb.ca/navigation

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Northern Health Region 1-855-740-9322

Prairie Mountain Health 1-855-346-3710

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