

COMMUNITY SUPPORTS FOR SENIORS

Presenter: Terri Bowser

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No conflicts of interest to disclose

CONFLICTS OF INTEREST DISCLOSURE

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- Not Applicable

MITIGATING POTENTIAL BIAS

- ▶ Summarize services available for older adults in Manitoba.
- ▶ Recognize the challenges that exist to access services in Manitoba.
- ▶ Review solutions to overcome barriers to accessing supports in the community

LEARNING OBJECTIVES

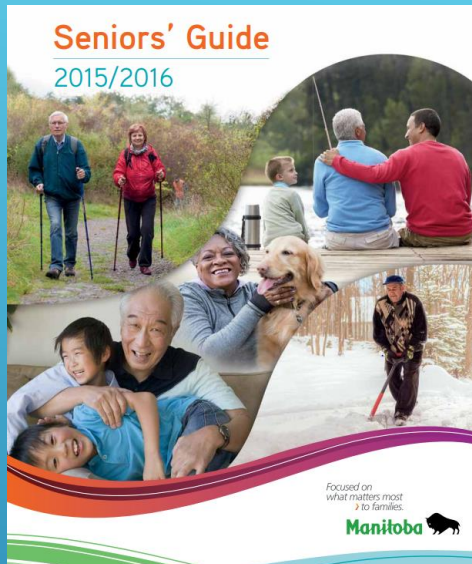
- ▶ Lack of supports available, or knowledge of available supports

OBSTACLES AND SOLUTIONS

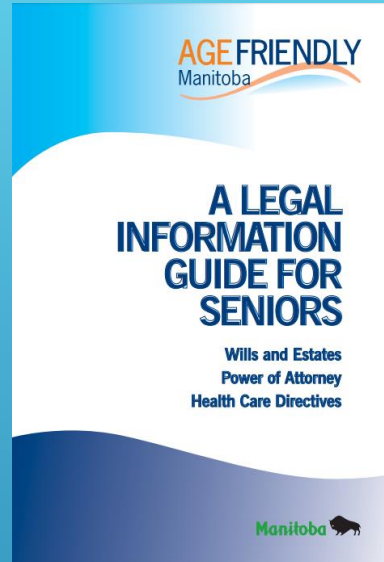


Everything





https://www.gov.mb.ca/seniors/publications/docs/seniors_guide.pdf



https://www.gov.mb.ca/seniors/publications/docs/guide_for_seniors.pdf



<https://www.gov.mb.ca/health/homecare/guide.pdf>

MANITOBA HEALTH PUBLICATIONS

► <https://www.gov.mb.ca/seniors/publications/>

- ▶ Home Care – services may vary across regions
 - ▶ Adult day programs
 - ▶ Supportive housing
 - ▶ Long term care

COMMUNITY RESOURCES - PUBLIC

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- ▶ A&O
- ▶ Alzheimer's Society
- ▶ Senior community resource councils

<https://www.gov.mb.ca/seniors/community/index.html>

<http://www.wrha.mb.ca/community/seniors/files/resCRC.pdf>

NON GOVERNMENT ORGANIZATIONS

- ▶ Private home care services
- ▶ Extended care private housing ex: Brightwater and Thorvaldson and River Ridge

COMMUNITY RESOURCES - PRIVATE

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- ▶ Too many to list
- ▶ Transportation, meals, house care, socialization, dental care, counselling, foot care, etc.

OTHERS



- ▶ Good linkages and communication
- ▶ Knowing who to call or where to start
- ▶ Central resource bank helpful where possible

SOLUTIONS

