



**MANITOBA
PSYCHIATRIC
ASSOCIATION
FIFTH ANNUAL
SPRING
SCIENTIFIC
CONFERENCE
2018**

**“PSYCHOLOGICAL
MANIFESTATIONS
AND TREATMENT OF
TRAUMA”**

**JUNE 3RD & 4TH, 2018
FORT GARRY HOTEL
222 BROADWAY AVE
WINNIPEG, MB**

**CONFERENCE FEES
& REGISTRATION**

<u>CONFERENCE FEE CATEGORY</u>	<u>BOTH June 3rd AND June 4th sessions</u>
MPA Physician Members	\$175
Non-MPA Physicians	\$250
Non-MPA Physician Early Bird (Deadline April 30th)	\$175
Non-Physicians	\$150
MPA Associate Members (Allied Health Professionals)	\$125
MPA Associates Members (Medical Residents)	\$75
Undergraduate Students of Rady Faculty of Health Sciences	No Cost

Early Registration and Payment Options Include Any of the Following:

- 1) By PayPal on the MPA website Psychiatrymb.org
- 2) By Credit Card on the University Of Manitoba Website:
CPD-Umanitoba.com/event
- 3) **Contacting Ms. Karen Simpson**
at 204-787-7098 OR
Ksimpson@exchange.hsc.mb.ca

On Site Payment by Cash/Cheque
also available

**ABOUT THE JOINT MPA
CONFERENCE
& THE CPA CPD EVENT**

The MPA welcomes you to our Fifth Annual Spring Scientific Conference, being held in the **LaVerendrye Room (Mezzanine Level)**, Fort Garry Hotel.

Registration for the MPA Conference **INCLUDES COMPLIMENTARY ADMISSION** to the **Canadian Psychiatric Association (CPA)** annual **Continuing Professional Development Institute** being held June 4th from 1:30 - 5:00 pm in the **LaVerendrye Room**.

PLEASE NOTE:

Certificates of Attendance will be sent to attendees who provide their email addresses to the MPA upon registration for the Scientific Conference.

The MPA recognizes and thanks the following Exhibitors, who will present in the Exhibition Area of the conference, North Mezzanine, Fort Garry Hotel: Allergan, Lundbeck, MD Management, Mylan, Shire and Sunovion

SCHEDULE OVERVIEW

Sunday, June 3rd, 2018

12:00-12:45 pm - Registration

12:45-1:00 pm - Welcome & Introductions

1:00-2:15 pm - Dr. Ruth Lanius

The Psychological and Neurobiological Dimensions of Trauma in Psychiatric Illness

By attending this session, the participant will:

- Understand the comorbidity associated with PTSD
- Discuss the underlying neurobiology of PTSD

2:15-2:45 pm - Nutritional Break

2:45-4:00 pm - Dr. Ruth Lanius

Trauma, Dissociation, and Altered Consciousness: Implications for Assessment and Treatment

By attending this session, the participant will:

- Discuss how the 5 dimensions of consciousness, including time, thought, body, emotion, and intersubjectivity can be affected by psychological trauma
- Discuss a dissociative and non-dissociative presentation of each of these dimensions of consciousness

Monday, June 4th, 2018

8:00-8:45 am - Registration and Light Breakfast

8:45-10:00 am - Dr. Jitender Sareen

Cognitive Behaviour Therapy for PTSD

By attending this session, the participant will:

- Have a framework for applying CBT in the treatment of PTSD
- Have an ability to apply these techniques via observing in session demonstrations

10:00-10:30 am - Nutritional Break

10:30-11:45 am - Dr. Rehman Abdulrehman

Why Trauma in Refugees is About More Than What Happened "Back Home"

By attending this session, the participant will:

- Have an understanding of the complex and ongoing development of trauma in refugees and their families
- Appreciate that the development of trauma can occur not only from experiences in ones country of origin, but can continue to develop over a period of acculturation
- Apply this information in clinical interventions .

11:45 am-12:00 pm - Questions and Wrap-Up

12:00-1:30 pm - Lunch Break (On Your Own)

1:30-5:00 pm - Canadian Psychiatric Association
CPD Institute

PRESENTERS' BIOGRAPHIES

Dr. Rehman Abdulrehman, C Psych, PhD, is a clinical and consulting psychologist, working individually with clients and with larger organizations. He is the director of Clinic Psychology Manitoba and an assistant professor with the Department of Clinical Health Psychology, in the Max Rady College of Medicine, Faculty of Health Sciences at the University of Manitoba. Dr. Abdulrehman works locally and internationally, currently also a visiting professor at the State University of Zanzibar, where he teaches and consults on program development in low resource settings. He is a specialist in CBT, with a focus on anxiety and anxiety related disorders, trauma, and cross cultural issues.

Dr. Ruth Lanius (Keynote Speaker), MD, PhD, Professor of Psychiatry is the director of the posttraumatic stress disorder (PTSD) research unit at the University of Western Ontario. She established the Traumatic Stress Service and the Traumatic Stress Service Workplace Program, services that specialize in the treatment and research of PTSD and related comorbid disorders. She currently holds the Harris-Woodman Chair in Mind-Body Medicine at the Schulich School of Medicine & Dentistry at the University of Western Ontario. She has authored more than 100 published papers and chapters in the field of traumatic stress and is currently funded by several federal funding agencies. She has recently published a book 'Healing the traumatized self: consciousness, neuroscience, treatment' with Paul Frewen.

Dr. Jitender Sareen, MD, FRCPC, is the Medical Director for the Winnipeg Regional Health Authority (WRHA) Mental Health Program and is the Head of the Department of Psychiatry at the University of Manitoba. He has received national and local peer-reviewed grants in the areas of military mental health, indigenous suicide, and homelessness. Dr. Sareen has published over 300 peer-reviewed publications in the areas of traumatic stress, anxiety disorders, indigenous suicide, psychiatric neuroimaging, and military mental health.

ABOUT THE MPA

The MPA's objectives are to represent psychiatrists within Doctors Manitoba, as well as to provide a formal regional representation to the Canadian Psychiatric Association and its national components. The MPA plays a role in advocating (along with other groups) for the mental health and psychiatric care of Manitobans, promoting our psychiatric profession, addressing the wellbeing of our profession's practitioners and learners, and fully participating and supporting the ongoing educational needs of its members.

2018 FIFTH ANNUAL SPRING SCIENTIFIC CONFERENCE PLANNING COMMITTEE

Dr. G. Omelan, Chair

Dr. C. Polimeni

Dr. L. Schwartz

Dr. D. Yehudaiff