

# Practice Support Resources

The easy part...

## Organizations

- **Canadian Medical Association – [www.cma.ca](http://www.cma.ca)**
- Clinical Resources – Clinical practice guidelines – does not require membership – links to guideline documents.
- Other resources there (drug information, patient handouts, clinical updates) do require membership.

## Organizations

- **College of Family Physicians of Canada**  
– [www.cfpc.ca](http://www.cfpc.ca)
- Resources (top bar) – For Health Professionals  
– membership not required. Reports, policy statements, documents endorsed by CFPC on a wide variety of topics – includes subjects such as ethics, information technology in addition to clinical topics.

## Organizations

- **Canadian Medical Protective Association – [www.cmpa-acpm.ca](http://www.cmpa-acpm.ca)**
- Advice & Publications – articles, electronic version of Perspective, handbooks, physician wellness, FAQs, risk management
- Education & Events – eLearning, symposia and conferences, webinars. Also Good Practices Guide – geared towards training, learning modules

## Organizations

- **Saegis – <https://saegis.solutions/en>**
- Subsidiary of CMPA
- Advancing patient safety and practice management
- Support for physicians and other healthcare professionals, institutions, and clinic administrators
- Offers a variety of courses

## Canadian Task Force on Preventative Health Care

- [www.canadiantaskforce.ca](http://www.canadiantaskforce.ca)
- Publish some guidelines, offer critical appraisal of others
- Focus on screening/preventative care
- Offers information regarding development and changes to guidelines over time

- Orientation – Communication and Cultural Competence – [www.physiciansapply.ca/orientation](http://www.physiciansapply.ca/orientation)
- Communication skills module
- Cases to work through
- Focus on communication, professionalism, interprofessional relations – not clinical work
- Open access

# Choosing Wisely

- Choosing Wisely Manitoba – [www.choosingwiselymanitoba.ca](http://www.choosingwiselymanitoba.ca)
- Choosing Wisely Canada – [www.choosingwiselycanada.org](http://www.choosingwiselycanada.org)
- Choosing Wisely (US) – [www.choosingwisely.org](http://www.choosingwisely.org)
- All sites have information for both physicians and patients on a variety of topics.



## BC Guidelines

BC Health Guidelines site –  
[www.bcguidelines.ca](http://www.bcguidelines.ca)

- Wide variety of clinical topics – useful links to resources such as flow sheets, e.g. diabetic flow sheet, and standardized assessment forms, e.g. MOCA

# Manitoba

- **Manitoba Health, Healthy Living and Seniors – [www.gov.mb.ca/health/](http://www.gov.mb.ca/health/)**
- Left side bar has lots of info links, also A-Z site index
- Includes Home Care Services, Pharmacare

# Manitoba

- **Public Health –**  
[www.gov.mb.ca/health/publichealth/index.html](http://www.gov.mb.ca/health/publichealth/index.html)
- Immunization schedules
- Communicable Disease Control – including STI information
- Environmental Health
- Epidemiology
- Cadham Lab info including newborn screening

# Manitoba

- MB Health – Primary Care Resources – [www.gov.mb.ca/health/primarycare/providers/index.html](http://www.gov.mb.ca/health/primarycare/providers/index.html)
- Advanced access, Manitoba Poverty Tool, Chronic Disease link, Birth centres/midwifery, Forms – prenatal, CDM

# Manitoba

- **Cancercare – [www.cancercare.mb.ca](http://www.cancercare.mb.ca)**
- Health Care Professionals (top bar)
- INSIXTY for health care professionals – includes pathway information
- Information for health care professionals – wide variety of topics from screening to palliative care. Includes referral guide with forms.

# Manitoba

- **Manitoba Renal Program – [www.kidneyhealth.ca](http://www.kidneyhealth.ca)**
- Health care professionals (top bar)
- eGFR and Referral Pathways
- Referral form for family doctors, information about electronic kidney health record, research and articles

# Doctors Manitoba

- **Physician Health and Wellness – [www.docsbwellness.org](http://www.docsbwellness.org)**
- Support for physicians (includes students and residents) and their families
- Crisis line – confidential
- Links to resources – stress, life balance

## Diagnosis- based

- **Canadian Cardiovascular Society – [www.ccs.ca](http://www.ccs.ca)**
- Guidelines (top bar)
- Guidelines Library and Resources – angina to transplantation and everything in between – atrial fibrillation, CHF, dyslipidemia, syncope – to name a few



## Diagnosis- based

- Hypertension Canada – [www.hypertension.ca](http://www.hypertension.ca)
- Most recent CHEP guidelines for Diagnosis & Assessment, Prevention & Treatment
- Link for resources – patient and professional education, mobile app

## Diagnosis- based

- **Canadian Diabetes Association – Clinical Practice Guidelines – [www.guidelines.diabetes.ca](http://www.guidelines.diabetes.ca)**
- Full guidelines, quick reference guide
- Screening, diagnosis, pharmacotherapy, A1C targets, reducing vascular risk, HBGM
- App available

## Diagnosis- based

- **Canadian Network for Mood and Anxiety Treatments (CANMAT) – [www.canmat.org](http://www.canmat.org)**
- Publications – Guidelines – Major depressive disorder, bipolar disorder, mood disorder with comorbid conditions
- **Canadian Coalition for Seniors' Mental Health – [www.ccsmh.ca](http://www.ccsmh.ca)**
- Depression, delirium, long term care, suicide risk/prevention

## Diagnosis- Based

- **Canadian Psychiatric Association – [www.journals.sagepub.com/toc/cpab/62/9](http://www.journals.sagepub.com/toc/cpab/62/9)**
- Guideline for diagnosis and management of schizophrenia
- **Mental Health – [www.cma.ca](http://www.cma.ca)**
- Clinical Resources tab – search psychiatry in CPGs
- Brings a cross-section of mental health guidelines from various sources together in one place

Diagnosis-  
based

- **Canadian Thoracic Society –**  
**[www.respiratoryguidelines.ca](http://www.respiratoryguidelines.ca)**
- COPD, asthma, infectious diseases

## Emergency Medicine

- **Canadian Association of Emergency Physicians – [www.caep.ca](http://www.caep.ca)**
- Advocacy tab – Position Statements and Guidelines. Regular revisions.

# Emergency Medicine

- **Academic Life in Emergency Medicine – [www.aliem.com](http://www.aliem.com)**
- Digital connection to cooperative world of Emergency Medicine
- Clinical and Non-Clinical topics
- App available

## Demographic Group

- Society of Obstetricians and Gynecologists of Canada – [www.sogc.org/clinical-practice-guidelines](http://www.sogc.org/clinical-practice-guidelines)
- Wide variety of topics from adolescence to menopause



## Demographic Group

- **Canadian Pediatric Society – [www.cps.ca/en/documents](http://www.cps.ca/en/documents)**
- Position statements and practice points – browse by clinical area – infant feeding to adolescent mental health

## Demographic Group

- **TREKK – Translating Emergency Knowledge for Kids – [www.trekk.ca](http://www.trekk.ca) – click on Clinicians**
- List of common pediatric emergency problems and presentations
- Bottom Line Recommendations – short sheet to give you first line management info.
- Also clinical pathways or guidelines, summaries of/and systematic reviews, key studies
- Bridge for pediatric emergency care

And also...

- These suggestions largely pertain to family medicine, as that is the most common type of practice
- If you are a specialist, you will have specific resources that you can recommend which have not been covered here

# UpToDate

- As of 2016, all physicians (and staff) in organizations funded by Manitoba Health have complimentary access to the UpToDate clinical decision support resource
- Joint effort of Doctors Manitoba, Manitoba Health, University of Manitoba, Regional Health Authorities, Diagnostic Services Manitoba, CancerCare Manitoba
- Being coordinated by U of M libraries – <http://libguides.lib.umanitoba.ca/health/home>

# Supervisor Support Resources

The hard part....

CPSM

- Jo-Ell Stevenson, Coordinator, Qualifications Department

## Other

- Workshop – annual, every other year?
- Supervisor mentor? Would it be helpful to have someone more experienced that you could call about process/communication questions?
- Supervisor network? Would you be interested in participating in an online group? Format to be determined.

## Other

- What other suggestions do you have for things that could help to support you in this work?



Questions?

- Questions?