

# BRANDON PRIMARY CARE SPRING CONFERENCE 2019

MAY 10 - 11, 2019

*Elkhorn Resort Spa & Conference Centre, Onanole, MB*

6.0

Mainpro+  
Group Learning  
MOC Section 1  
Per Session



THIS PROGRAM WILL BE OF INTEREST TO FAMILY PHYSICIANS,  
FAMILY MEDICINE RESIDENTS, NURSE PRACTITIONERS, NURSES,  
AND OTHER HEALTH PROFESSIONALS WORKING IN URBAN  
OR RURAL SETTINGS.

CPD for Family Physicians,  
Specialists and Primary Care  
[cpd-umanitoba.com](http://cpd-umanitoba.com)



UNIVERSITY  
OF MANITOBA

Rady Faculty of  
Health Sciences

# COURSE OBJECTIVES

The Brandon Primary Care Conference is designed to provide a wide range of timely and challenging topics relevant to physicians working in outpatient and inpatient settings. The main program objectives are to enhance clinical competence and improve patient care. This program will feature a combination of lectures, case studies and hands-on activities.

AT THE CONCLUSION OF THIS EDUCATIONAL ACTIVITY, THE PARTICIPANT SHOULD BE ABLE TO:

- Discuss the diagnosis and treatment for the most common wrist and hand ailments seen in a primary care setting (Family Medicine Expert)
- Recognize abnormal uterine bleeding and discuss the nonsurgical and surgical treatment options (Family Medicine Expert)
- Summarize the acute and chronic effects of cannabis toxicity and explain appropriate management (Family Medicine Expert)
- Explain the clinical manifestations, recent updates in diagnostic testing and treatment of syphilis (Family Medicine Expert, Scholar)
- Discuss syphilis outbreak response strategies and the significant challenges into the future (Health Advocate)
- Describe the epidemiology of TB and LTBI in Manitoba, diagnoses and management steps (Family Medicine Expert, Scholar)
- Discuss the diagnoses for ADHD in Adults and review the treatment options and supports that are currently available (Family Medicine Expert, Scholar)
- Evaluate the nuances of NOACs including anticoagulation in VTE and cancer and using NOACs in renal insufficiency and obesity (Family Medicine Expert)
- Explain recent practice-changing studies in clinical nephrology and discuss approaches to managing patients with kidney disease (Family Medicine Expert)
- Examine current guidelines for Major Depressive Disorder and Anxiety Management with a focus on significant changes and upcoming treatments (Family Medicine Expert, Scholar)
- Identify and explain quality improvement (QI) approaches, practice-level data and research to continually improve patient care, efficiencies, and the work experience of health care providers ((Family Medicine Expert, Scholar, Leader)

## FRIDAY, MAY 10, 2019

1230 – 1430 **Skills Workshop: IUD Insertion** • *Dr. Alaa Awadalla MD, FRCOG, FRCSC, Specialist Obstetrics and Gynecology*

ABOUT THIS WORKSHOP: Explain appropriate indication(s) for each type of IUD, including patient factors to explore before recommending an IUD and demonstrate appropriate IUD insertion technique, including strategies for managing difficult insertions. (Family Medicine Expert, Communicator) • **Fees: \$175**

1445 – 1745 **Skills Workshop: Practice Improvement Essentials Part 1** • *Dr. Alex Singer MB BAO BCh, CCFP Associate Professor, Director; Manitoba Primary Care Research Network, Quality Improvement and Informatics Postgraduate Family Medicine Lead, Department of Family Medicine, University of Manitoba*

ABOUT THIS WORKSHOP: Practice Improvement can be challenging for family physicians given the competing demands in primary care to “improve how the work is done”. To help family physicians improve the care we provide by harnessing quality improvement (QI) methods, data readiness and to nurture a culture of curiosity, the CFPC has developed the Practice Improvement Initiative (Pii).

The educational component of Pii is a set of two 3-hour workshops titled “Practice Improvement Essentials.” This is Part 1. • **Fees: \$175**

# AGENDA

## SATURDAY, MAY 11, 2019

- 0800 – 0825**      **Check-in and Breakfast**
- 0825 – 0830**      **Welcome and Introduction • Corne Vlok MBChB, CCFP**
- 0830 – 0910**      **Common Hand Conditions • Krista Paulson BMR-PT, BSc, MSc (Rehab)**  
*CHT Acupuncture Provider, Physiotherapist, Certified Hand Therapist*
- 0910 – 0950**      **Abnormal Uterine Bleeding • Alaa Awadalla MD, FRCOG, FRCSC**  
*Specialist, Obstetrics and Gynecology*
- 0950 – 1030**      **Cannabis Toxicity • Ginette Poulin MD, CCFP (ISAM Certified)**  
*Family Physician and Registered Dietitian, Medical Director of the Addictions Foundation of Manitoba, Director of the Mentorship and Clinical Enhancement Program for International Medical Graduates, Max Rady College of Medicine*
- 1030 – 1045**      **Nutrition Break**
- 1045 – 1125**      **Syphilis Outbreak • Pierre Plourde MD, FRCPC**  
*Medical Officer of Health with the Winnipeg Regional Health Authority and Associate Professor in the Departments of Community Health Sciences and Medical Microbiology, Max Rady College of Medicine*
- 1125 – 1205**      **TB Update • Pierre Plourde MD, FRCPC**
- 1205 – 1315**      **Lunch and Visit Display Booths**
- 1315 – 1355**      **Hematology Update and Anticoagulants • Ryan Zarychanski MD, MSc, FRCPC**  
*Associate Professor, Rady Faculty of Health Sciences, Max Rady College of Medicine, Departments of Internal Medicine, Sections of Critical Care and Hematology/Medical Oncology and the Department of Community Health Sciences, University of Manitoba,*
- 1355 – 1435**      **Advances in Adult ADHD • Simon Trepel MD, FRCPC**  
*Child and Adolescent Psychiatry, Manitoba Adolescent Treatment Centre (MATC)*
- 1435 – 1450**      **Nutrition Break**
- 1450 – 1530**      **Updates in Nephrology for the Primary Care Provider • Sushil Ratnaparkhe, MD, FRCPC**  
*Specialist, Nephrology and Hypertension, Brandon Regional Health Centre*
- 1530 – 1610**      **Advances in Major Depressive Disorder and Anxiety Management • Keith Jenkins MD, FRCPC**  
*Psychiatrist, Child and Adolescent subspecialist, Chief of Psychiatry, Prairie Mountain Health, Medical Director, Brandon Dept. of Psychiatry, Lecturer University of Manitoba*
- 1610 – 1625**      **Closing Remarks**

## FEES

### Saturday (0800 – 1625)

Physicians: \$200\*

Nurses/Other Health Professionals: \$100\*

Residents/Students: \$35\*

### Friday

Workshops \$175 each

## ONLINE REGISTRATION

Methods of payment are by VISA, MasterCard and AMEX. Register online at:  
[cpd-umanitoba.com/events/brandon-primary-care-spring-conference-2019/](http://cpd-umanitoba.com/events/brandon-primary-care-spring-conference-2019/)

## ACCOMMODATIONS

To receive the University of Manitoba room booking rate, please use Promo Code U0M19 (Brandon Primary Care). Elkhorn Resort Spa & Conference Centre: 1-866-355-4676. Please state you are with the Brandon Primary Care Spring Conference.

## MEALS

Conference registration includes one breakfast, one lunch and two refreshment breaks. *Please note: guest meals are not included in the registration fee.*

## REFUND POLICY

A registration refund will be made upon written request prior to April 30, 2019. A \$35 fee will be retained for administrative costs. No refunds will be made for cancellations after April 30, 2019

## DISCLOSURE OF CONFLICTS OF INTEREST

In keeping with accreditation guidelines, speakers participating in this event are required to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material.

## ACCREDITATION

The University Of Manitoba, CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

## PLANNING COMMITTEE

Corne Vlok MBChB CCFP | Harold Fung MD FRCPC | Theo Fourie MBChB CCFP

Liesel Moller MBChB CCFP | Stacey Kitz MD CCFP (EM)

Savitri Ramaya MBChB, BOccTher | Jeff Toews MEd | Jocelyn Beaver

## SATURDAY CONFERENCE

### CFPC MAINPRO+ GROUP LEARNING

THIS ONE-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR UP TO 6.0 MAINPRO+ CREDITS.

### RCPSC MOC SECTION 1

THIS EVENT IS AN ACCREDITED GROUP LEARNING ACTIVITY (SECTION 1) AS DEFINED BY THE MAINTENANCE OF CERTIFICATION PROGRAM OF THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA, AND APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR A MAXIMUM OF 6.0 HOURS.

### IUD INSERTION

#### CFPC MAINPRO+ GROUP LEARNING

THIS THREE-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN APPROVED BY THE CPD MEDICINE PROGRAM, UNIVERSITY OF MANITOBA FOR UP TO 6.0 MAINPRO+ CREDITS.

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### PRACTICE IMPROVEMENT ESSENTIALS

#### CFPC MAINPRO+ GROUP LEARNING

THIS TWO-CREDIT-PER-HOUR GROUP LEARNING PROGRAM MEETS THE CERTIFICATION CRITERIA OF THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND HAS BEEN APPROVED BY THE COLLEGE OF FAMILY PHYSICIANS OF CANADA FOR UP TO 6.0 MAINPRO+ CREDITS.

## CONTACT

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