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# GERI-ONCOLOGY DAY

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# COI slide - Dr. A Bhullar

\* None

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- \* Heart & Stroke Foundation of Canada
  - \* Co-Chair of Mission Critical Council on Stroke

# What is case management?

- \* Collaborative, client-driven process for the provision of quality health and support services through the effective and efficient use of resources
- \* Supports the clients' achievement of safe, realistic, and reasonable goals within a complex health, social, and fiscal environment

# What is case management?


- \* Collaborative process of assessment, planning, facilitation, care coordination, evaluation and advocacy for options & services to meet an individual's and family's comprehensive health needs through communication and available resources to promote patient safety, quality of care, and cost effective outcomes

# How do older adults process information?

- \* Mild decline in memory
- \* Slower recall of new information
- \* New learning slower

# Why is collaboration important?

- \* Continuity of care to help smooth transitions and ensure that all providers have up-to-date knowledge of a patient's health status & treatment decisions
- \* Identification and management of preventive care needs and comorbid conditions that may affect cancer treatments
- \* Provision of appropriate supportive care

# Case Management of Older Adults with Cancer: A Manitoba Perspective



# Outcomes

- \* Case Study
- \* Challenges with Case Management
- \* Benefits of Case Management
- \* Final Thoughts

# Case Study

- \* 75 year old, recently diagnosed with colon cancer
- \* Comorbidities: Type I DM, CRF
- \* Lives with husband in own home, patient is his caregiver
- \* No family nearby, daughter lives in BC and has quarterly visits to Manitoba, few friends
- \* Asked to attend in the clinic appointment as oncologist has some concern about ability to proceed with any treatment

# Case Study (continued)

- \* Challenges
- \* Many considerations in the frail geriatric patient
- \* Physical, social, psychological, spiritual
- \* Safety in the home
- \* Finances
- \* Information received
- \* No indication from referring provider re significant deficits – how much do we take on as a consultant?
- \* **ULTIMATELY...**
- \* should we offer treatment at all?

\*



ONCOLOGY



FAMILY  
MEDICINE



ONCOLOGY

FAMILY MEDICINE

# Challenges with Case Management

- \* Conflict between theory and practice – moral distress
- \* Cost containment
- \* Communication between all teams
- \* Direct autonomy vs delegated autonomy – awareness of persuasion and coercion
- \* Potential decrease in autonomy in balance with cost/safety

Clemons, E., Wetle, T., Feltes, M., Crabtree, B., & Dubitzky, D. (1994). Contradictions in Case Management: Client-Centered Theory and Directive Practice with Frail Elderly, *Journal of Aging and Health*, 6 (1), 70-88.

# Challenges to Collaboration

- \* Provider role clarity
- \* Information exchange between providers
- \* Provider compensation

# Benefits of Case Management

- \* Why is Case Management important in our frail geriatric cancer population?
- \* Inherent in definition is “linking clients with needed services”
- \* serve as links between these participants and community-based resource systems (e.g., Cancer Navigation Program)
- \* Ensures safe multi-specialty input – cancer likely but one of many co-morbidities
- \* Comprehensive – ability to address multiple co-morbidities
- \* Safety is paramount – a vulnerable population



# Collaborative models

- \* Shared Care Models
- \* Information exchange mechanisms
- \* Multidisciplinary care conferences

# Further education?

- \* CME / workshops
- \* Better understanding of current resources
- \* ?Communication sheets

# Final Thoughts

- \* Use your gut instinct – if you feel there is a problem you can't solve in your current clinic, who do you think can?
- \* Keep the primary provider in the loop – how best do we do this?
- \* The population we are problem solving for now...is us in the near future!

# Goals of Care

- \* Shared-care decision making (Kehl et al, JAMA Oncol 2015)
- \* Having difficult conversations