



Learning for Life

2020 - 2021

CPD for Family Physicians, Physician Assistants, Specialists and Primary Care



Director's Message

Learning for Life – this is our Continuing Professional Development (CPD) unit motto and we hope it serves as a good basis for more than just ongoing education in our health professions.

Looking back at the past year, there has also been extensive learning through life experience. The COVID-19 pandemic has affected all of our lives in different ways. We have had to make adjustments to how we practice and care for our patients and how we take care of ourselves and our families. There has been a plethora of research to try to understand more about this disease and the effects on humans, animals and our environment. If you look at all these experiences and then look back a full century, we are in the same place as the world was during the Spanish flu pandemic. A time of uncertainty, a time of concern, and a time of health risks. Thankfully, in this era, we have a surfeit of new science to guide us to address those health risks and concerns.

The CPD unit has adjusted to the new normal and modified how we can make all this education available. We have perfected the digital delivery of educational events where we can have the audience remain engaged with the speakers and create relevant conversation among the participants. We have retained the majority of our core areas of education and will have over 60 events available for the next year. In addition to the latest science and education on the SARS-Coronavirus2, we also added new topics in a digital format on cognitive behavioural therapy (CBT), opioid agonist treatment, Indigenous health, women's health, and geriatric care, to name but a few.

I am proud to be part of this committed team who have worked so hard to adapt our processes to continue offering quality education events in this new normal. We aim to restore that face-to-face experience in the future, but the digital format will also be here to stay. Yet another new way to be learning for life.

Richard Rusk DVM, MD, CCFP, MPH, DipABPM
Director, CPD Medicine Program

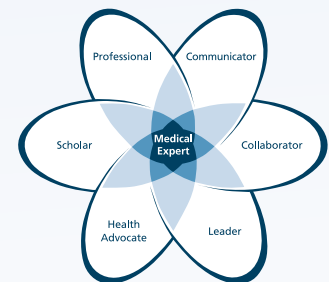
The new terminology for all the online formats is "digital learning". This encompasses video streaming, asynchronous recorded lectures, online surveys that run consecutively with a virtual lecture, and small break-out room discussions on any platform, such as Zoom, Teams, Webex, Google Meet, GoToMeeting, etc. Digital learning has proven effective and accessible for CPD delivery and will continue to be available, eventually alongside all in-person events going forward.

The University of Manitoba campuses are located on original lands of Anishinaabe, Cree, Oji-Cree, Dakota and Dene peoples, and on the homeland of the Métis Nation. We respect the treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.

Learn more about the UM Traditional Territories Acknowledgement umanitoba.ca/indigenous/culture-and-protocol

CanMEDS is a framework that identifies and describes the abilities physicians require to effectively meet the health care needs of the people they serve, with the overarching goal of improving patient care. A capable physician seamlessly integrates the competencies of all seven CanMEDS roles.

The CanMEDS model has been adapted around the world, and is applicable to a wide range of health professions. Each of these roles are highlighted throughout this brochure.



CANMEDS



CanMEDS-Family Medicine

Image adapted from the CanMEDS Physician Competency Diagram with permission of the Royal College of Physicians and Surgeons of Canada, Copyright © 2005.

Opioid Agonist Therapy 101: An Introduction to Clinical Practice

This two-day interprofessional workshop is aimed at health-care professionals who are interested in treating and supporting individuals with opioid use disorder (opioid addiction). This workshop is recognized by the College of Physicians and Surgeons of Manitoba, the College of Registered Nurses of Manitoba and the College of Pharmacists of Manitoba as a pre-requisite training requirement in order to prescribe or dispense methadone and buprenorphine/naloxone in Manitoba.

The workshop is accredited for both family physicians and Royal College fellows. Whether you are interested in prescribing or dispensing opioid agonist therapy or whether you just want to learn more about opioid addiction and the resources available to your patients, this workshop will arm you with new knowledge and skills around supporting this vulnerable patient population.

Physicians, nurses, nurse practitioners, pharmacists and allied health-care providers are invited to register now – space is limited!

*Workshop runs two days, **0800 - 1630** both days*

Winnipeg workshop dates:

December 10 and 11, 2020
January 28 and 29, 2021
February 25 and 26, 2021
May 27 and 28, 2021

Rural and remote workshop dates:

September 10 and 11, 2020 | Churchill
November 19 and 20, 2020 | Portage La Prairie
April 29 and 30, 2021 | Norway House
June 10 and 11, 2021 | Gimli

Fees:

Physician \$1,250 | Resident \$400 | Nurse Practitioner \$400 |
Nurse \$350 | Pharmacist & Allied Health \$300

Register online at cpd-umanitoba.com

28.0

MAINPRO+
GROUP LEARNING

10.0

MOC SECTION 1

4.0

MOC SECTION 3

14.0

CEU

QUESTIONS?

Email us for more information
contactcca@umanitoba.ca

Spotlight

We've added more new sessions based on the feedback from you and through the contribution of innovative educators. Opioid Agonist Therapy skills lab, Cognitive Behavioral Therapy (CBT) group training, and asynchronous online learning sessions around COVID-19 will be new courses available to broaden the learning options. The CBT and COVID-19 sessions will be digital learning opportunities to adapt to the new normal environment of CPD.

Health Advocate

As health advocates, physicians contribute their expertise and influence as they work with communities or patient populations to improve health. They work with those they serve to determine and understand needs, speak on behalf of others when required, and support the mobilization of resources to effect change.

Fridays at the University

October 16, 2020

Indigenous Health Day

Traditional medicine | Diabetes | Cultural safety | Palliative care | Perspective of Indigenous health from an Elder and leader

#IHD

4.5

MAINPRO+ GROUP LEARNING
MOC SECTION 1

November 13, 2020

Chronic Pain Day

Arthritis – inflammatory and non-inflammatory | Suboxone therapy | DBT | Low back pain | Palliative care | Constipation and abdominal pain

#PAIN

Bannatyne Campus CPD Program for Primary Care

Time: 0830 – 1320

Fees:

Physician

\$835 Annual | \$175 Single Event/Day

Nurse/Other health professional

\$325 Annual | \$65 Single Event/Day

Students/Residents

\$30 Single Event/Day

December 4, 2020

Geriatric Day

Deprescribing | Assessment of fevers in the elderly | Constipation | The cough in the elderly | Infectious diseases, sepsis and fever in the elderly | Anxiety /dementia/depression – untangling these comorbidities

#GERI

January 15, 2021

Women's Health Day

Review of lesions | PCOS - interpretation of lab results/fertility management | Abnormal uterine bleeding | Perimenopause /premature menopause | Intimate partner violence | Mifepristone and contraceptive management | Modified prenatal appointment schedules

#OBGYN

Register online at:

cpd-umanitoba.com

February 12, 2021

Mental Health Day

Resistant depression and anxiety | An approach to insomnia | Navigating psychiatry and psychology services through primary care – who to refer to, how to refer | An approach to the borderline personality patient | Bi-polar affective disorder

#MHD

March 5, 2021

Wound Care Day

Vascular assessment | Leg ulcer management | Compression dressings | Wound-care products | Wound management | Common pathogens to consider | Topical vs. oral antibiotics

#OUCH

May 7, 2021

Hot Topics

EKG, CXR, and spirometry assessments | Cardiometabolic disease | Duration of dual anti-platelet therapy post-MI and stroke | Updates in fibromyalgia | MAID | Prescribing marijuana

#HOTT

June 4, 2021

Chronic Diseases Day

Updates in COPD and asthma | CHF and cardiovascular care | CKD | HTN and low blood pressure management | Guidelines and updates in chronic care | BPH | Atrial fibrillation

#CHRONIC

Skills Workshops

October 16

Dermatology Procedures

Learn the essential skills of performing biopsies and other office dermatological procedures.

November 13

Opioid Agonist Therapy (OAT)

A primer for Opioid Agonist Therapy, focusing on the core approaches to managing and prescribing Suboxone and Methadone. An excellent start to understanding OAT through case discussion and didactic teaching.

December 4

Fitness to Drive

Learn the essentials to effectively perform driver fitness assessments, review the medical conditions for the report, and ensure that the medical standards are met.

January 15

IUD Insertions

Review both routine and difficult intrauterine device insertions.

February 12

CBT

A case-based, hands-on workshop that will enhance your ability to incorporate cognitive behavioural therapies in everyday practice.

May 7

Joint Injections

This popular simulation-based workshop will focus on intra-articular and soft tissue injection techniques.

June 4

Diabetic Foot

A practical workshop focused on in-office assessments, effective office, bedside and community interventions, and developing a plan for long-term management of diabetic foot ulcers.

6.0

MAINPRO+
GROUP LEARNING

2.0

MOC SECTION 3

Skills Workshops 2020/2021

Time: 1330 – 1530

Fees: \$200 per session

Register online at:

cpd-umanitoba.com

Note: Skills Workshops are not included in the registration fees for Fridays at the University sessions.

QUESTIONS?

Email us for more information
contactcca@umanitoba.ca

Medical Expert

As medical experts, physicians integrate all of the CanMEDS roles, applying medical knowledge, clinical skills, and professional values in their provision of high-quality and safe patient-centred care. Medical expert is the central physician role in the CanMEDS framework and defines the physician's clinical scope of practice.

Community-based CPD Program

For rural primary care providers

In order to address the unique clinical characteristics of each community, the Community-Based Program is based in **three locations*** (Steinbach, Morden/Winkler and Thompson (also covering northern sites digitally and via MBTelehealth) with a community physician in each area who chair the sessions. These physicians identify the learning needs of their colleagues and work with the UM CPD Medicine Program to organize CPD events.

The Community-Based Program is supported by an unrestricted education grant from the MB Healthcare Providers Network



Morden/Winkler

Time: AM session: 1000 – 1200 | PM session: 1330 – 1530

Fees: See page 7

4.0

MAINPRO+
GROUP LEARNING
MOC SECTION 1

This program will take place on the following **Thursdays:**

September 17, 2020 | October 8, 2020 | November 26, 2020 | December 10, 2020 |
January 14, 2021 | February 11, 2021 | March 11, 2021 | April 15, 2021 | May 13, 2021

Topics will include:

Mental health | Dermatology | Topics related to allergy | Update on diabetes |
Sports medicine

Steinbach

Time: 0900 - 1100

Fees: See page 7

2.0

MAINPRO+
GROUP LEARNING
MOC SECTION 1

This program will take place on the following **Wednesdays:**

September 9, 2020 | October 7, 2020 | November 4, 2020 | December 2, 2020 |
January 6, 2021 | February 3, 2021 | March 3, 2021 | April 7, 2021 | May 5, 2021 |
June 2, 2021

Topics will include:

Dermatology | Chronic Kidney Disease/Dialysis | Asthma & COPD |
Reportable Diseases/Infectious Disease/Vaccinations | Neurology/Telestroke |
Learnings from COVID | Toxicology | Endocrinology (Diabetes Update, etc.) |
Addiction Medicine | Managing ACS when Patient is Already on a NOAC or Warfarin |
Pain Control | TREKK | Mental Health (Psychosis & Suicide Risk Assessment) |
Tremors & Dizziness/Vertigo | Vulnerable Persons Act

Thompson

Time: 0830 - 1330

4.0
MAINPRO+
GROUP LEARNING
MOC SECTION 1

This program will take place on the following **Fridays**:
September 18, 2020 | December 11, 2020 | March 19, 2020 | June 18, 2020

Topics will include:

Geriatrics (a gentle approach) | Virtual care and primary care | PTSD |
Chronic insomnia | Dermatology | Chronic kidney disease |
Urinary/uterine bleeding | Fibrillation | New BT guidelines | Hypo/hyperthyroidism |
Advance strategies for difficult patients | COPD |
Collaborated approach with indigenous seniors | Vertigo |
Lower back pain | Neuropathy | ADHD

Thompson Skills Workshops

Fees per skills session: \$250/session registered

6.0 **2.0**
MAINPRO+ MOC SECTION 3
GROUP LEARNING

EKG Interpretation Skills – Date TBA
Primary Care Orthopedic Exam – Date TBA

Scholar

As scholars, physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and by teaching others, evaluating evidence, and contributing to scholarship.

Registration Fees

(No annual registration)

Physician

\$175 Single Event/Day

Nurse/Other health professional

\$65 Single Event/Day

Students/Residents

\$30 Single Event/Day

Register online at

cpd-umanitoba.com

Community-based program annual registrants may attend any of the Fridays at the University sessions at no additional charge - email contactcca@umanitoba.ca.

QUESTIONS?

Email us for more information
contactcca@umanitoba.ca



More CPD Events

CFPC EXAM PREPARATION COURSE - SAMP Component Only

September 19, 2020

This course is offered digitally.

The Continuing Professional Development Medicine Program, Max Rady College of Medicine at the University of Manitoba will offer a six-hour day preparation course for the College of Family Physicians of Canada Certification Examination on September 19, 2020.

This virtual webinar will provide internationally educated physicians with an overview of the examination with a focus on preparing for the unique aspects of the CFPC exam. Participants will complete a mock written exam following the exam overview. Due to changes to the October 2020 session of the CFPC exam, this webinar will focus solely on the SAMP component of the exam.

This course is directed towards the MLPIMG and PRA MB-FP physicians intending to sit the Certification Examination of the College of Family Physicians of Canada, and will open to all others June 15.

Fee: \$600 | Register online at cpd-umanitoba.com

CARDIOLOGY DAY 2020

Friday, September 25, 2020

This course is offered digitally.

Cardiovascular disease continues to be a major disease burden in terms of both mortality and health-related quality of life, and is an important source of health inequalities between populations in Canada. This day will consist of panel topic lectures and discussions and breakout sessions all done on a digital platform to facilitate a safe learning opportunity from across the whole of Manitoba.

Topics will include:

Uses & abuses of cardiac imaging |
Issues arising in specific populations |
Cardiac consultation made easy - the value of e-consults |
Issues in valvular heart disease | Hypertension |
Atrial fibrillation | Dyslipidemia

Register online at cpd-umanitoba.com

ACS NETWORK HEART ATTACK DAY 2021

April 9, 2021

Sam Cohen Auditorium, St. Boniface Hospital Research Centre, 351 Taché Ave.

Each year over 2,300 heart attacks are treated at St. Boniface Hospital. The Manitoba ACS Network is committed to improve outcomes in these patients. This network is tasked to ensure that heart attack patients have guideline-based care optimally, consistently and safely administered throughout the province. Our network employs recommended standards, algorithms, review of local protocols, partnering with EMS and reporting of key performance indicators to ensure quality. We have strong links to health-care providers working at First Nations sites to address their specific needs.

This event is designed to teach Manitoba physicians, nurses, pharmacists, EMS and educators optimal care of patients with heart attacks. Didactic lectures, workshops and panel discussions will be employed.

Register online at cpd-umanitoba.com

QUESTIONS?

Email us for more information
contactcca@umanitoba.ca



More CPD Events

BUG DAY

October 20, 2020/October 19, 2021

Free event! | Offered digitally and via MBTelehealth

Join locally, nationally and internationally recognized experts for this popular day-long symposium focusing on hot topics in infection prevention and control, infectious diseases and public health.

Topics will include:

Medical Grand Rounds: The National and Manitoba responses to the COVID-19 pandemic | COVID-19 As seen through the eyes of the media | COVID-19 Immunity and a vaccine: Fact or wishful thinking | Predicting what comes next: Modelling a pandemic | Incident command at the time of health-care crisis | Therapies of COVID-19: Fact or fantasy | Laboratory testing for COVID-19 | What to do with the last ventilator? | Personal protective equipment for respiratory pathogens | Blowing in the wind: Protective environments in the health-care setting | Restarting professional sports in a pandemic: Lessons learnt from the National Hockey League | Pediatric manifestations of COVID-19 | Operational readiness in a time of uncertainty | The COVID-19 pandemic: What were the missed steps? | COVID-19 and the economy: What lies ahead? | Mental health implications of COVID-19 and social isolation | The COVID-19 pandemic and violence

Contact: CDGarlinski@hsc.mb.ca or 204-787-4654

Register online at cpd-umanitoba.com

The ATLS® Course

This two-day course, administered by the department of surgery, provides physicians with the basic knowledge and skills necessary to effectively manage the trauma patient.

For information, contact: <http://atlsmb.ca/registration>

CPSM Auditor Training Workshop

The College of Physicians and Surgeons of Manitoba engages practicing physicians to perform chart audits for a variety of reasons. This work is central to the college mandate of ensuring safe medical care for Manitobans. Why be an auditor? You would be contributing to your profession. You would be giving your colleagues a fair assessment by a peer, and you will both learn something in the process. It is a change of pace from the normal routine. Physicians interested in doing this type of work should consider attending the Auditor Training Workshop. The workshop will consist of three to four hours of required pre-course work, followed by a half-day digital session that will involve hands-on small group interactive work. Date TBD.

For further information, please contact Patti Riege, Program Coordinator, Quality Improvement, at priege@cpsm.mb.ca.

CPSM Supervisor Training Workshop

The College of Physicians and Surgeons of Manitoba engages practicing physicians to act as practice supervisors. Most physicians enter practice in Manitoba with full registration and are fully independent from the time they begin practice. Some physicians enter practice with provisional registration, and require a practice supervisor while they obtain their full Canadian certification. The work of the supervisor is central to the college mandate of ensuring safe medical care for Manitobans. Why be a supervisor? You would be contributing to your profession. You would be giving your colleagues a fair evaluation by a peer, and you will both learn something in the process. It is a change of pace from the normal routine. Physicians interested in doing this type of work should consider attending the Supervisor Training Workshop. The workshop will consist of three to four hours of required pre-course work, followed by a half-day digital session that will involve hands-on small group interactive work. Date TBD.

For further information, please contact Jo-Ell Stevenson, Coordinator, Qualifications, at jstevenson@cpsm.mb.ca.

More CPD Events

MEDICATIONS, EVIDENCE & DECISION SUPPORT (MEDS) CONFERENCE

January 30, 2021

The MEDS Conference is a powerful educational event that casts a critical eye on the balance of benefit and harm of the interventions we prescribe every day. A collaboration between the Max Rady College of Medicine and College of Pharmacy, this full day Saturday event is free of industry support. It features accomplished speakers that will entertain and sharpen your judgement as you make therapeutic decisions with your patients.

Register online at cpd-umanitoba.com

BLOOD DISORDERS DAY

Watch the CPD website for a spring 2021 date.

Blood Disorders Day is a one-day education symposium that is co-developed by CancerCare Manitoba and the University of Manitoba. Nationally recognized by the College of Family Physicians of Canada for outstanding CPD, Blood Disorders Day draws on local hematologists to deliver relevant and practical education for Primary Care Providers diagnosing and managing common hematology disorders.

2021 MPA SPRING SCIENTIFIC CONFERENCE

Watch the CPD website for date and location.

This two-day event focuses on a particular mental health theme aimed at professionals and learners with an interest in mental health.

Questions? ksimpson@exchange.hsc.mb.ca or 204-787-7098

TRAUMA RESUSCITATION IN KIDS (TRIK)

Watch the CPD website for upcoming date(s).

This two-day course starts with a review of the primary and secondary surveys and initial resuscitation, including ample time to practice application of concepts learned. Delivery of the course consists of ten team-based simulation sessions interspersed with short, small group, interactive case-based or didactic sessions, as well as technical skills sessions for practicing procedures. Topics include head injury, airway management, upper body injuries, abdominal trauma, imaging interpretation and much more. Space is limited to a total of 24 participants.

TRIK is suitable for emergency physicians, pediatricians, family physicians, critical care physicians, pediatric surgery, general surgery, emergency nurses and respiratory therapists, and is custom designed for health-care providers in Canada and abroad who manage pediatric trauma patients, with a focus on the leader and team roles.

Questions: kgripp@hsc.mb.ca

NEONATAL RESUSCITATION PROGRAM (NRP)

Visit cpd-umanitoba.com for upcoming dates.

Clinical Learning and Simulation Facility, Level 000 Brodie Centre, 727 McDermot Ave.

The Neonatal Resuscitation Program (NRP) introduces the concepts and basic skills of neonatal resuscitation. The program structure features hands-on skills training, simulation-based learning and debriefing exercises with the neonatal resuscitation team. NRP consists of an online exam and a workshop based on the 7th edition (2016) Textbook of Neonatal Resuscitation. This program is scheduled on a regular basis. New dates are posted on cpd-umanitoba.com throughout the year.

Fee: \$300 | Register online at cpd-umanitoba.com

PEDIATRIC BI-WEEKLY PROGRAM 2020-2021

September 10, 2020 | September 24, 2020 | October 8, 2020 | October 22, 2020 | November 5, 2020 | November 19, 2020 | December 10, 2020 | January 14, 2021 | January 28, 2021 | February 11, 2021 | February 25, 2021 | March 11, 2021 | March 25, 2021 | April 8, 2021 | April 22, 2021 | May 6, 2021 | May 20, 2021 | June 3, 2021

Time: bi-weekly Thursdays 0900 – 1000

This interactive discussion series of 18 one-hour sessions is conducted for the benefit of the practicing pediatrician. The topics chosen will be introduced by a guest expert. This introduction will be followed by a discussion and question and answer period based on problems brought from the practice of the participants. It is the collective experience of the group that will benefit all individuals attending. Sessions will emphasize clinical problems. This emphasis will allow participants to benefit from the experience of peers as well as that of the guest speaker. The content of future programs of the interactive discussion series will be directed by the participants of the series through their suggestions and questions raised during the course of each session. This series is scheduled to allow interested pediatricians to attend Pediatric Grand Rounds.

Fee: \$450 | Register online at cpd-umanitoba.com

Opportunities for Physicians

Become a role model in your profession!

The Clinician Assessment Program (CAP) promotes and provides relevant, needs-based assessment and educational activities to health professionals to maintain and produce changes in knowledge, skills, attitudes and behaviours that will enable optimal patient care.

These activities include several practical clinical exams, including licensing examinations on behalf of national examination bodies for medicine, physiotherapy and pharmacy. In addition, CAP oversees the development and implementation of personalized remediation and enhancement programs for a wide range of regulated health professionals.

Clinician Assessment Programs at Rady Faculty of Health Sciences is currently seeking physicians in various roles for its programs.

Opportunities

- Physician examiners: OSCE examiners and/or interviewers are needed for various national and university exams. Exams evaluate diverse physician candidates including international medical graduates, residents, physicians in practice and those looking to re-enter practice. Exams include Medical Council of Canada exams (NAC and QEII) and CAP exams (Clinical Assistant Assessment and CAPE).
- Physician assessors: Family physicians complete two three-day workplace-based assessments of in-office practice of referred physicians as part of an assessment team. Training and support are provided.
- Remediation clinicians: Providing supervision, education and coaching to physicians looking to improve skills in medical practice.

Remuneration

All opportunities are paid casual positions. Rate of remuneration is dependent on the role. For some roles, CPD credit may be also available.

Reasons to participate

- Develop personal observational, feedback and evaluation skills
- Help colleagues achieve and maintain safe practice in Manitoba
- Contribute to the ongoing development of the practice of medicine in Manitoba
- Act as a role model for other physicians through your participation and commitment to your profession

Further information

Information about clinician assessment programs can be found at umanitoba.ca/healthsciences/cca

If you are interested in participating or would like further information about responsibilities, requirements, schedules and compensation please contact:

Dr. Natalie MacLeod Schroeder,
Director, Clinician Assessment Programs
Natalie.MacLeodSchroeder@umanitoba.ca
or 204-975-7791

Communicator

As communicators, physicians form relationships with patients and their families that facilitate the gathering and sharing of essential information for effective health care.



Online Learning

Our online learning program continues to grow with both credit and non-credit courses. Connect to learning opportunities at a time and place that's convenient for you!

Topics Specific to Practice in the Personal Care Home Setting During the COVID-19 Pandemic

Speaker: Dr. Elizabeth Rhynold | Watch the CPD website for registration information.

7.0
MAINPRO+
SELF-LEARNING
MOC SECTION 1

This accredited online webinar series focuses on topics that support practitioners working in a personal care home setting during COVID-19.

Topics include:

Frailty scale | Goals of care | Symptom management | Chronic care of residents residing in PCH | Delirium in the PCH during COVID-19 | Mental health and psychological symptoms of dementia | What to expect during a COVID-19 outbreak in the PCH

Access the following courses via cpd-umanitoba.com/online-learning

Developing Learning Objectives

1.0 Mainpro+ Group Learning or MOC Section 1

If you are responsible for developing any type of presentation, you are most likely required to write learning objectives. By completing this course you will understand the need for writing higher level learning objectives when planning educational sessions, advocate for incorporating objectives that go beyond the cognitive domain of learning, and be able to compose objectives that include the basic standard elements of objective writing.

CPD Planning Committee Responsibilities

1.0 Mainpro+ Group Learning or MOC Section 1

All CPD planning committee members will benefit from completing this course. You will be able to recognize the responsibilities of a CPD planning committee and be able to plan and offer a CPD event following the applicable policies, procedures, and standards after completing this course.

Helping Yourself and Others in the Workplace

Non-Credit Course

The purpose of this course is to give you an idea of your level of mental fitness and how you are balancing the different roles in your life. Various strategies to deal with the stresses of life and mental health issues are provided, along with ways to enjoy life more.

Moving Forward After Cancer *Non-Credit Course*

This course was designed for family medicine and oncology postgraduate trainees; however, any health-care provider will benefit from taking the course. A collaborative model for the delivery of follow-up or survivorship care to patients recovering from treatment for early stage cancer is presented.

Routine Practices *Non-Credit Course*

A quick update on routine practices is essential on a regular basis – get that update here to ensure you are applying the principles of routine practices in your everyday clinical work.

Self-Directed Learning

Self-directed learning (SDL) is an essential skill for medical practitioners in order to customize their specific learning needs. Through the Manitoba College of Physicians and Surgeons Quality Improvement program, each physician will be asked to reflect on their practice and identify those areas that need improvement through CPD. Everyone will have subtly different needs, and through SDL, we can help build quality learning objectives and guide you to an improved educational level to create effective practice changes.

Subscribe to our mailing list at cpd-umanitoba.com to stay informed about this developing service.
Contact: contactcca@umanitoba.ca

Self-Directed Clinical Traineeships

Fee: \$200

Self-directed clinical traineeships are planned learning experiences designed to meet an identified need, to learn new knowledge and skills or enhance current ones. Traineeships require the identification of learning objectives and a supervisor who will help you to plan learning activities that meet your objectives. The activity must be a minimum of five days and/or 40 hours in duration and must be less than six months in duration. The traineeship usually occurs in a full-time block but part-time may be possible in certain disciplines. Applicants must procure a qualified preceptor.

Contact: contactcca@umanitoba.ca

Additional Services

ECG EXAM ADMINISTRATION

Cost: \$250

The CPD Medicine Program oversees an approved examination developed by the section of cardiology at the University of Manitoba, Max Rady College of Medicine. The examination is a requirement for any physician wanting to provide official interpretation of ECGs in the Province of Manitoba, who are not certificants of the RCPSC in cardiology, or hold a certificate of special competence in cardiology.

Contact: contactcca@umanitoba.ca

ACCREDIT YOUR RSS GRAND ROUNDS

Do you want to accredit your rounds and not certain of the process? Has the title or chair of your currently accredited rounds changed? We can oversee and guide you through the RCPSC accreditation process/updates to ensure conditions are met in terms of the educational planning, records of attendance, evaluation, management of commercial support, honoraria, disclosure and management of conflict of interest. There is no fee for this, just contact our office at contactcca@umanitoba.ca for more information.

ACCREDIT YOUR EVENT

Are you looking to accredit and certify your program? We can help! The CPD Medicine Program is authorized by the Royal College of Physicians and Surgeons of Canada (RCPSC) to assign Maintenance of Certification Section 1 and Section 3 credits for all continuing education for specialist physicians that meet its standards. We can also approve Mainpro+ credits on behalf of the College of Family Physicians of Canada (CFPC), but only for those programs in which we work as close educational partners. For more information on how to apply, please email us at contactcca@umanitoba.ca.

EVENT PLANNING SERVICES

Our experienced team of event planners are available to help you coordinate your next CPD event. Let us help you with registrations, promotion, venue selection, catering, financial management and evaluations. We now specialize in both digital event development through the Zoom platform and can arrange a digital format along with the traditional face-to-face events.

Find out more at cpd-umanitoba.com/event-services or email contactcca@umanitoba.ca.

Collaborator

As collaborators, physicians work effectively with other health care professionals to provide safe, high-quality, patient-centred care.

Study Credits

Select programs are accredited to provide study credits as indicated. Participants should only claim credit for the actual number of hours attended. Please refer to the online course listing for each session for full accreditation statements.

CFPC Mainpro +

Events as marked are Group Learning programs that meet the certification criteria of the College of Family Physicians of Canada and have been certified by the CPD Medicine Program, University of Manitoba for the indicated number of credits/session.

RCPSC MOC Section 1 or Section 3

Events as marked are accredited group learning activities (Section 1) or accredited self-assessment programs (Section 3) as defined by the MOC Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for the indicated number of hours/session.

The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

Pharmacy Credits

The College of Pharmacists of Manitoba recognizes learning activities that have been accredited by The Royal College of Physicians and Surgeons of Canada (MOC) and/or The College of Family Physicians of Canada (Mainpro+). Pharmacists can claim these continuing medical education programs as accredited learning by selecting the appropriate accrediting body in the member's online professional development log.

Reimbursement of Registration Fees

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information, visit www.docsmb.org or call 204-985-5844.

Disclaimer

All sessions, topics and speakers are subject to change.

Cancellations and Refunds

The Office of Continuing Competency and Assessment must receive notice of cancellation no later than 14 days prior to an event or first day of a course. Cancellations or no-shows after this date are not eligible for a refund. Requests for full cancellations will be refunded less a \$35 administrative fee. Additional fees may be applied depending on the event or course (i.e. non-returnable lab supplies). See event or course-specific cancellation and refund details as applicable.

Please allow up to two weeks for delivery of refund. Fees will be refunded the same way they were paid.



Planning Committees

Fridays at the University & Skills Workshops

Andrea Agostinho, MD, CCFP
 Orvie Dingwall, BA, MLIS, AHIP
 Jonathan Gabor, M.Sc., MD, FRCPC, SCH
 Ravi Gupta, MD, CCFP
 David Haligowski, MD, MCFP
 Sourabh Maiti, MD, CCFP
 Jocelyn Peronto, RN (NP)
 Steven Piotrowski, B.Sc., M.Sc., MPAS, CCPA
 Richard Rusk, DVM, MD, CCFP, MPH, DipABPM
 Opeyemi Sobowale, MD, CCFP
 Jeff Toews, M.Ed
 Shaun Beach, BComm (hons.)

Community-based Program

Richard Rusk, DVM MD CCFP MPH DipABPM
 Joseph Ringaert, MD FRCPC
 Jeff Toews, M.Ed
 Corné Vlok, MD MBChB CCFP
 Anita William, MD CCFP
 Jason Zhang, MD CCFPD
 Shaun Beach, BComm (hons) Manager,
 Continuing Competency and Assessment

CONTINUING COMPETENCY AND ASSESSMENT TEAM

Front: Meghan Ward, Sarah Harvey,
 Karyn Iversen, Debbie Lemkey,
 Lenore Chipman, Julio Molina-Herrera,
 Dori Rainey, Bonnie Rehberg

Back: Richard Rusk, Nancy Auyeung,
 Christine Polimeni, Jeff Toews, Ana Mullen,
 Amanda Marten, Natalie MacLeod Schroeder,
 Shaun Beach

Leader

As leaders, physicians engage with others to contribute to a vision of a high-quality health care system and take responsibility for the delivery of excellent patient care through their activities as clinicians, administrators, scholars, or teachers.

QUESTIONS?

Email us for more information
contactcca@umanitoba.ca

2020 - 2021 CPD Events

Date 2020	Title of Event
September 9	Community-Based Program (Steinbach)
September 10 & 11	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Churchill)
September 17	Community-Based Program (Morden/Winkler)
September 18	Community-Based Program (Thompson)
September 19	CFPC Exam Preparation Course
September 25	Cardiology Day 2020
October 7	Community-Based Program (Steinbach)
October 8	Community-Based Program (Morden/Winkler)
October 16	Indigenous Health Day
October 16	Skills Workshop: Dermatology Update
October 20	Bug Day
November 4	Community-Based Program (Steinbach)
November 5	Neonatal Resuscitation Program (NRP)
November 13	Chronic Pain Day
November 13	Skills Workshop: Opioid Agonist Therapy (OAT)
November 19 & 20	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Portage La Prairie)
November 26	Neonatal Resuscitation Program (NRP)
November 26	Community-Based Program (Morden/Winkler)
December 2	Community-Based Program (Steinbach)
December 4	Geriatric Day
December 4	Skills Workshop: Fitness to Drive
December 10	Community-Based Program (Morden/Winkler)
December 10 & 11	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)
December 11	Community-Based Program (Thompson)
December 14	Neonatal Resuscitation Program (NRP)

Legend

	FRIDAYS AT THE UNIVERSITY
	SKILLS WORKSHOPS
	COMMUNITY-BASED PROGRAMS
	OPIOID REPLACEMENT THERAPY 101
	EVENTS

2020 - 2021 CPD Events

Date 2021	Title of Event
January 6	Community-Based Program (Steinbach)
January 14	Community-Based Program (Morden/Winkler)
January 15	Women's Health Day
January 15	Skills Workshop: IUD Insertions
January 28 & 29	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)
January 30	Medications, Evidence & Decision Support (MEDS) Conference
February 3	Community-Based Program (Steinbach)
February 11	Community-Based Program (Morden/Winkler)
February 12	Mental Health Day
February 12	Skills Workshop: CBT
February 25 & 26	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)
March 3	Community-Based Program (Steinbach)
March 5	Wound Care Day
March 11	Community-Based Program (Morden/Winkler)
March 19	Community-Based Program (Thompson)
April 7	Community-Based Program (Steinbach)
April 9	ACS Network Heart Attack Day 2021
April 15	Community-Based Program (Morden/Winkler)
April 29 & 30	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Norway House)
May 5	Community-Based Program (Steinbach)
May 7	Hot Topics
May 7	Skills Workshop: Joint Injections
May 13	Community-Based Program (Morden/Winkler)
May 27 & 28	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)
June 2	Community-Based Program (Steinbach)
June 4	Chronic Disease Day
June 4	Skills Workshop: Diabetic Foot
June 10 & 11	Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Gimli)
June 18	Community-Based Program (Thompson)

“ Love the ability to join via telehealth and online. ”
Needs Assessment Feedback 2020

“ I really appreciate education sessions that are available by telehealth and webinar as I am quite far away from Winnipeg. ”
Needs Assessment Feedback 2020

“ You people are doing fantastic work! ”
Needs Assessment Feedback 2020

“ As a psychologist, I found it valuable to attend CPD teachings that were in line with my narrower interests and expertise with co-occurring addiction and mental health. ”
Needs Assessment Feedback 2020

CPD MEDICINE PROGRAM

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Rady Faculty of
Health Sciences



University
of Manitoba