

MEDS
2021

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EPPH



How
TO LOSE
AN
EXPENSIVE DRUG IN 10
WAYS

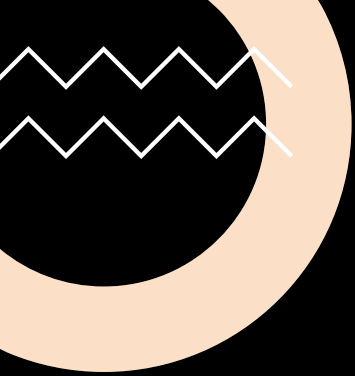
...OKAY, IT'S ONLY 5 WAYS



**No conflicts of
interest to disclose**



**AMLODIPINE
VS
NIFEDIPINE**



Amlodipine	Nifedipine	\$ Δ 1mo	\$ Δ 1yr
2.5mg	20mg	\$30	\$370
5mg	30mg	\$15	\$175
7.5mg	60mg	\$22	\$270
10mg	90mg	\$53	\$550

Amlodipine

Save \$15-50/month or
>\$500 in 1 year



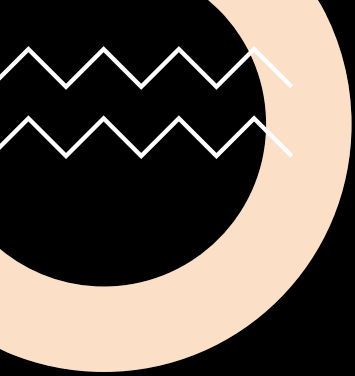


ARTHROTEC

(diclofenac/misoprostol)

VS

CELECOXIB



Celecoxib	Diclofenac/ Misoprostol	\$ Δ 1mo	\$ Δ 1yr
100mg daily	50/200mg daily	\$6	\$68
200mg daily	50/200mg BID	\$11	\$137
200mg BID	-		

Celecoxib

Save **\$70-140** per year

AND

Enjoy better efficacy, safety, & convenience





**ACEIs
VS
ARBs**

But wait!

For only \$1,
upgrade to an
ARB!

- ✓ No cough
- ✓ Once daily
- ✓ **Add a thiazide
for free!**

Ramipril	Valsartan*	Enalapril	Lisinopril
2.5mg	4mg + \$50/yr	5mg + \$70/yr	5mg + \$145/yr
5mg	80mg + \$50/yr	10mg + \$90/yr	10mg + \$185/yr
10mg	160mg + \$40/yr	20mg + \$105/yr	20mg + \$220/yr
20mg	320mg + \$1/yr	40mg + \$210/yr	40mg + \$440/yr

*Irbe- Cande- & Telmi-sartan are ~equivalent in cost

Ramipril

Save \$20/month
or up to **\$440 in 1 year**





ICS/LABA WARS



Wixela Diskus

**Save \$940 per
year**

(compared to Advair brand)

...for only \$18 more per month,
choose Symbicort!

Fast onset means you could save
the cost of a rescue inhaler
(~\$20)





Need an MDI?

Zenhale costs >\$40
more *per month*
(plus the cost of a
spacer)

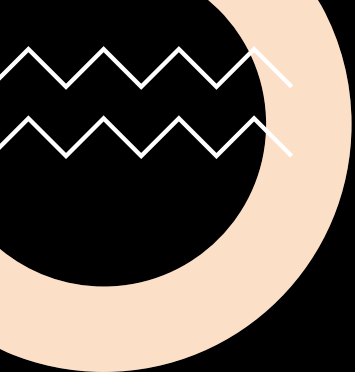
Prefer once daily
dosing?

You'll spend
>\$750 more in a
year for Breo

Is it worth it?



BATTLE OF THE PPIs



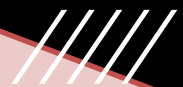
Rabeprazole	Pantoprazole	Omeprazole	Esomeprazole
10mg daily	20mg daily (not available)	-	-
20mg daily	40mg daily + \$25/yr	20mg daily + \$35/yr	20mg daily + \$52/yr
20mg BID	40mg BID + \$50/yr	20mg BID + \$70/yr	40mg daily + \$103/yr

Rabeprazole

Save only **\$100** (max) per year

But...

- ✓ No concern re: interactions
- ✓ Small, easy to swallow tablet
- ✓ **Lower dose available (for tapering)**



Amlodipine vs Nifedipine

Diclo/Miso vs Celecoxib

ACEIs vs ARBs → Valsartan

ICS/LABAs → Wixela

PPIs → Rabeprazole



THANKS!