#### Opioid Agonist Therapy 101: An Introduction to Clinical Practice Workshop

# HIV and Hepatitis C Special Considerations for the Management of Opioid Use Disorder

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## Faculty/Presenter Disclosure

- **►** Faculty:
- **■** Relationships with commercial interests:
  - None

## Objectives

At the end of this learning activity, the participant will be able to:

Discuss special considerations in the management of the individual with opioid use disorder and HIV and/or Hepatitis C

#### Outline

HIV, Hepatitis C, Co-infection

- Epidemiology
- Natural History
- Testing Recommendations
- Treatment
- Opiate Agonist Therapy
- Drug-Drug Interactions
- Prevention

#### Helena

- 28 yo woman came in for STBBI testing
- She is worried because her boyfriend was recently diagnosed with HIV, not using condoms
- Discloses escalating use of oxycodone/acetaminophen over the last year, snorting up to 20 per day
- Boyfriend has started to inject morphine
- She wants to stop
- Asking to start Opiate Agonist Therapy (OAT)
- Stabilized over 1 week on daily dispensed Buprenorphine/naloxone 12/3 mg
- HIV test result is positive

## Human Immunodeficiency Virus (HIV)

- ► HIV is a retrovirus, 2 RNA
- Spread through blood, genital or rectal fluids, and breast milk
- Primarily transmitted through unprotected sex or sharing needles or drug use equipment with someone with HIV
- HIV infects T-helper or CD4 cells
- CD4 cells direct & coordinate immune system to fight infection
- As CD4 cells decrease, the body loses its ability to fight infections
- Without treatment at risk opportunistic infections and death

## HIV Epidemiology

- 38 million people living with HIV globally in 2019
- Approximately 68,000 people living with HIV in Canada
- 2122 new HIV Infections in 2019
- Transmission Risks in Canada:
  - **■** gbMSM (39.7 %)
  - ► Heterosexual (28%)
  - **►** PWID (21.5 %)

HIV in Canada—Surveillance Report, 2018, CCDR, 2019





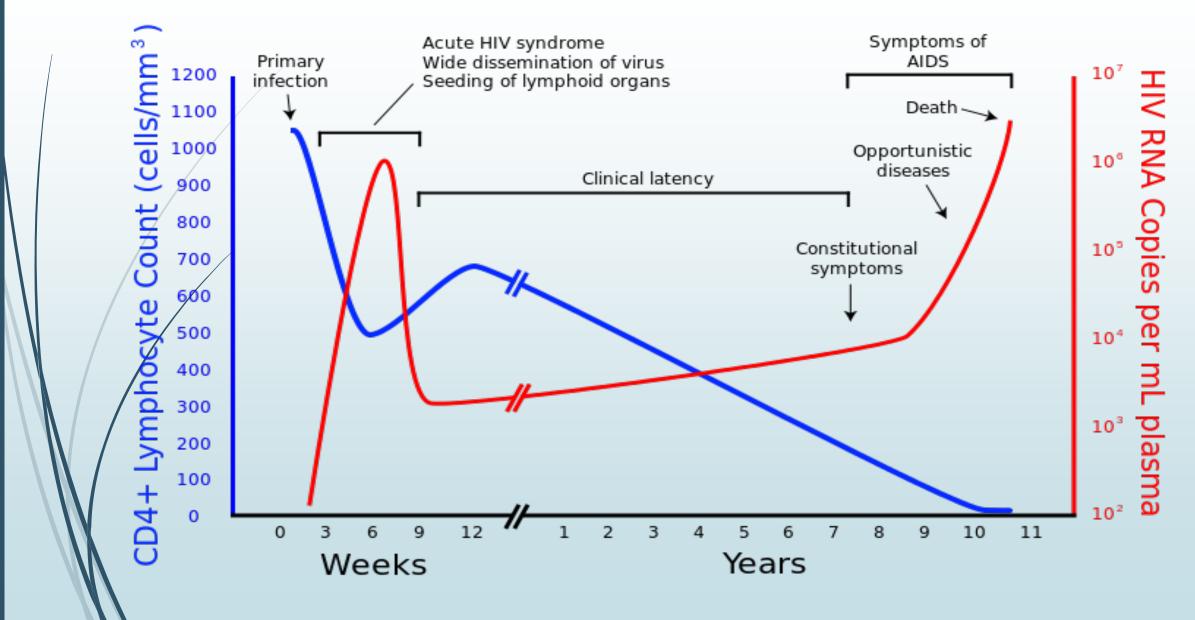
#### MB HIV Program, Annual Audit



	2012	2013	2014	2015	2016	2017	2018	2019	2020
Male	63%	62%	64%	69%	68%	66%	57%		
Female	37%	38%	36%	31%	32%	33%	40%		
Transgender						4%	3%		
Heterosexual	59%	45%	43%	33%	56%	47%	21%		
Endemic	12%	13%	16%	21%	40%	27%	12%		
MSM	18%	26%	30%	38%	25%	25%	24%		
IDU <	11%	11%	11%	8%	11%	18%	35%	)	
Indigenous	61%	53%	45%	23%	38%	40%	51%		
CD4 <200	41%	26%	26%	30%	26%	20%	14%		
Total (N)	56	89	87	102	103	95	115	122	130

Unconfirmed 130 new cases in 2020

## HIV Natural History



#### Advances in HIV Treatment

- 1987 AZT
- 1996 Highly Active Antiretroviral Therapy (HAART)
- Tøday: combination pills as little as one pill once daily
- Treatment recommended for all
- Chronic manageable disease
- ► Life Expectancy approximately 90% of general population in Canada
- Lower life expectancy for women, people who inject drugs, Aboriginal ancestry, CD4 count < 350 at time of treatment start

Life expectancy of HIVpositive individuals on combination antiretroviral therapy in Canada. Trends in life expectancy of HIV-positive adults on antiretroviral therapy across the globe: comparisons with general population.

<u>Curr Opin HIV AIDS.</u> 2016 May 31. <u>Wandeler G<sup>1</sup></u>, <u>Johnson LF</u>, <u>Egger M</u>.





#### HIV Testing Recommendations



We recommend that health care providers know the HIV status of all patients under their care.

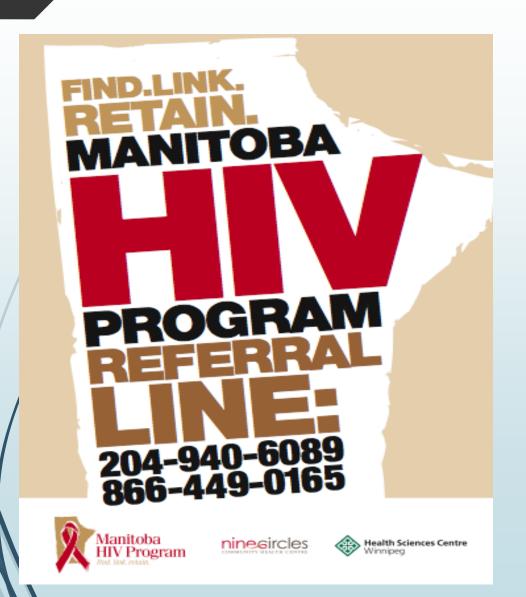
Specifically, we recommend that providers offer an HIV test

- Routinely, every five years, to all patients aged 18-70 years
- Routinely, every year, to all patients aged 18-70 years who belong to populations with a higher burden of HIV infection
- Once for patients older than 70 years of age, if HIV status is not known

http://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/office-of-the-provincial-health-officer/hiv-testing-guidelines-bc.pdf



### MB HIV Program Referral





Questions? Call the MB. HIV Program at (204) 940-6089 or outside Wpg. 1-866-449-0163 Fax: (204) 940-6003

#### HIV PROGRAM REFERRAL FORM

Patients name:			Date of Birth (r					
			Transgender					
			PHIN:					
Addre	ess:							
			Please check phone numb to reach them to discuss	pers where we can leave a confidential message their HIV care:	:)			
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## HIV Management

#### Adapted from BC HIV Primary Care Guidelines

	Baseline Evaluation	<ul> <li>Investigations to:</li> <li>Assess immune system (CD4 Count)</li> <li>Rule out coinfections, opportunistic infections, and comorbidities</li> <li>Guide need for prophylaxis</li> <li>Guide treatment selection</li> </ul>
/	Goals of Treatment	<ul> <li>Reduced morbidity, mortality &amp; prolong duration and quality of survival</li> <li>Restore and improve immunologic function</li> <li>Suppress HIV Viral Load</li> <li>Prevent Transmission</li> </ul>
	When to Initiate Treatment	<ul> <li>Treatment recommended for all</li> <li>Should understand risks and benefits to adherence</li> </ul>

http://www.cfenet.ubc.ca/guidelines/

https://aidsinfo.nih.gov/guidelines

http://www.eacsociety.org/files/guidelines 9.0-english.pdf

#### Prophylaxis against Opportunistic Infections

CASE: CD4 count was 175 (13%) cells/ml, initiated prophylaxis with Septra SS one tab once daily

- <200 (15%) Pneumocystis Jirovecii Pneumonia (PJP) prophylaxis</p>
  - Sulfamethoxazole/Trimethoprim. DS or SS 1 tab once daily OR
  - Dapsone 100 mg once daily
- <100 (10%) Toxoplasmosis prophylaxis (if Ab+)</p>
  - Sulfamethoxazole/Trimethoprim DS 1 tab once daily
- <50 (5%) Mycobacterium Avium Intracellulare (MAI) prophylaxis</p>
  - ► Azithromycin 1200 mg q weekly OR
  - ►600 mg 2x/wk OR Azithromycin 250 mg 5x/wk

# HIV Treatment - Antiretroviral Therapy (ART) ART= 3 drugs from 2 classes

	Backbone of 2 drugs, 1 Class	Plus Additional 1 drug, different class
	2 Nucleoside Reverse	1 Non-nucleoside Reverse Transcriptase Inhibitor (NNRTI), OR
	Transcriptase Inhibitors (NRTIs)	1 Protease Inhibitor (PI), OR
/		1 Integrase Inhibitor

#### Treatment Guidelines:

https://aidsinfo.nih.gov/guidelines

https://www.iasusa.org/wp-content/uploads/guidelines/arv/arv\_2018.pdf

http://www.eacsociety.org/files/guidelines\_9.0-english.pdf

#### OAT improves Treatment Uptake and Outcomes

- People who use drugs are less likely to receive antiretroviral therapy (ART)
- Good evidence OAT with buprenorphine or methadone:
  - Increases retention in care
  - Increases ART uptake
  - Improves ART adherence
  - Increased viral suppression

Curr Opin Infect Dis. 2015 Feb;28(1):10-6. doi: 10.1097/QCO.00000000000125.

Challenges in managing HIV in people who use drugs.

Kamarulzaman A1, Altice FL.

Author information

EDITOR'S CHOICE

Impact of Opioid Substitution Therapy on Antiretroviral Therapy Outcomes: A Systematic Review and Meta-Analysis ∂

Andrea J. Low ▼, Gitau Mburu, Nicky J. Welton, Margaret T. May, Charlotte F. Davies, Clare French, Katy M. Turner, Katharine J. Looker, Hannah Christensen, Susie McLean, Tim Rhodes, Lucy Platt, Matthew Hickman, Andy Guise, Peter Vickerman

Clinical Infectious Diseases, Volume 63, Issue 8, 15 October 2016, Pages 1094–1104, https://doi-org.uml.idm.oclc.org/10.1093/cid/ciw416

## Drug-Drug Interactions

#### http://www.hiv-druginteractions.org/checker



MB HIV Program Pharmacist: 204-787-4005 (or for patients of Nine Circles: 204-940-6022) Available for consultation for persons living with HIV in MB

#### Description of the interactions

Potential clinically significant interaction - likely to require additional monitoring, alteration of drug dosage or timing of administration (AMBER)

#### Darunavir + Buprenorphine

Coadministration of buprenorphine/naloxone and twice daily darunavir/ritonavir had no significant effect on buprenorphine or naloxone, but increased concentrations of norbuprenorphine. Coadministration with once daily darunavir/ritonavir produced no significant changes in the pharmacokinetics of buprenorphine or norbuprenorphine, but increased concentrations of the inactive buprenorphine-3-glucuronide. The clinical relevance of the increase in norbuprenorphine concentrations has not been established. Dose adjustment for buprenorphine may not be necessary but careful clinical monitoring for opiate toxicity is recommended.

#### Cobicistat (with ATV or DRV) + Buprenorphine

Coadministration of buprenorphine/naloxone and cobicistat increased buprenorphine AUC, Cmax and Cmin by 35%, 12% and 66%, respectively, whereas naloxone exposure was modestly reduced (AUC and Cmax both decreased by 28%). The European SPC advises that no dose adjustment of buprenorphine is required when coadministered with cobicistat, but the US Prescribing Information suggests careful dose titration when initiating buprenorphine and advises a dose adjustment of buprenorphine may be needed when starting cobicistat.



Case: Cobicistat may increase buprenorphine levels – dose adjustment may be needed

## HIV Follow-up Monitoring

- Repeat labs 1 month after treatment start, Then q 3-6 months
- Closer follow up for OAT monitoring
- Adherence
- New meds, review for Drug-drug interactions
  - Antacids, Erectile dysfunction medications, Anticonvulsants, Inhaled corticosteroids, OCPs
- Discuss transmission risks, sexual activity, drug use, disclosure if risks for transmission
- Reproductive health/contraceptive needs
- BW Monitoring: CD4 and Viral Load, CBC, lytes, creat, LE, U/A, U ACR
- Regular STBBI screening, annually or more frequently guided by risk activity, including oral and rectal swabs
- Primary care screening and immunizations for PLHIV

#### **HIV Primary Care Guidelines:**

#### Helena

- Started Prezcobix (Darunavir/cobicistat) and Kivexa (Abacavir/3TC) daily administered alongside buprenorphine/naloxone at community pharmacy
- No dose adjustment was needed
- ► HJV viral load suppressed at < 20 copies/ml within 3 months</p>
- CD4 rises to 450 cells/mm3
- Remains stable for over ~2 years on ART with suppressed viral load with no opiate or other drug use
- Then more frequently missing appointments in clinic
- Urine +amphetamines, and disclosing active IDU
- + Hepatitis C AB, + Core antigen

## Hepatitis C

- RNA Flavivirus
- 6 Major genotypes, Genotype 1 accounts for 60% of cases in Canada
- IDU is main mode of Hepatitis C transmission (80% of new infections)
- Infects liver, leads to progressive liver disease
- 25% will clear the virus, 75% will progress to chronic Infection
  - 10-15% will develop cirrhosis
  - 2-4 % will develop liver failure or hepatocellular carcinoma
- Treatment can cure disease

## Hepatitis C Epidemiology

- 170 million people living with hepatitis C worldwide in 2014
- 500,000 die of hepatitis C-related liver disease every year
- Approximately 250,000 people living with Hepatitis C in Canada
- Approximately 44% are unaware of their infection
- In MB 755 cases in 2019

Canadian Liver Foundation @: http://www.liver.ca/liver-disease/types/viral\_hepatitis/Hepatitis\_C.aspx

#### Hepatitis C Testing Recommendations

#### Population Based Screening

Born between 1945-1975

#### Risk-Based Screening:

- Current or past injection drug use
- Received health care or personal services where lack of infection prevention and control practices
- Blood transfusion, blood products or organ transplant before 1992 in Canada
- History of incarceration
- Born or resided in a region where hepatitis C prevalence is > 3%,
- Born to a mother who is HCV-infected
- History of sexual contact or sharing personal care items with someone HCV-infected
- HIV infection, particularly men who have sex with men
- Chronic hemodialysis treatment
- Elevated alanine aminotransferase

http://www.hepatology.ca/

## Hepatitis C Management

The management of chronic hepatitis C: 2018 guideline update from the Canadian Association for the Study of the Liver

Hemant Shah, Marc Bilodeau, Kelly W. Burak, Curtis Cooper, Marina Klein, Alnoor Ramji, Dan Smyth and Jordan J. Feld; for the Canadian Association for the Study of the Liver CMAJ June 04, 2018 190 (22) E677-E687; DOI: https://doi.org/10.1503/cmaj.170453

#### Adapted from the 2018 Canadian Guidelines on the Management of Hepatitis C

/	Baseline Assessment	<ul> <li>Investigations to:</li> <li>Assess extent liver disease</li> <li>Rule out coinfections, other forms liver disease</li> <li>Guide treatment selection</li> </ul>		
	Goals of Treatment		Cure Prevent Transmission Reduced morbidity, mortality & prolong duration and quality of survival	
	When to Initiate Treatment	•	Treatment recommended for all	

#### Suggested work-up before beginning HCV therapy

Category	Investigation	Considerations
Routine bloodwork	<ul> <li>Complete blood count</li> <li>Liver enzymes (alanine transaminase, aspartate transaminase, alkaline phosphatase)</li> <li>Liver function (bilirubin, INR, albumin)</li> <li>Creatinine</li> </ul>	<ul> <li>Low platelets and elevated bilirubin or INR are suggestive of cirrhosis</li> <li>Renal function is important to determine safety of some regimens</li> </ul>
Serology to exclude other • HIV • Hepatitis B (HBsAg, anti-HBs, anti-HBc)		<ul> <li>If HIV-positive, treatment for HIV must take drug interactions into consideration</li> <li>If HBsAg-positive or anti-HBc-positive, see section on HBV coinfection (risk of HBV reactivation) (Appendix 1)</li> </ul>
Serology to exclude other common liver diseases	<ul><li>Transferrin saturation (hemochromatosis)</li><li>IgG</li></ul>	<ul> <li>Elevated immunoglobulin G may reflect cirrhosis or possibly autoimmune hepatitis</li> </ul>
Staging of liver disease	<ul> <li>APRI*</li> <li>FibroTest (serum panel)†</li> <li>Ultrasound*</li> <li>Transient elastography†</li> </ul>	<ul> <li>All persons with HCV must have evaluation of fibrosis to exclude cirrhosis.</li> <li>Normal ultrasound does not exclude cirrhosis.<sup>21</sup></li> <li>APRI &lt; 0.7 has a very high negative predictive value to exclude cirrhosis<sup>22</sup></li> </ul>
HCV-specific	<ul> <li>HCV genotype and HCV RNA</li> <li>Resistance testing (may be useful in select circumstances)</li> </ul>	<ul> <li>To select appropriate regimen, and consideration for addition of ribavirin.</li> </ul>

Note: anti-HBc = hepatitis B core antibody, anti-HBs = hepatitis B surface antibody, APRI = Aspartate Aminotransferase to Patelet Ratio Index, HBsAg = hepatitis B virus surface antigen, HBV = hepatitis B virus, HCV = hepatitis C virus, HIV = human immunodeficiency virus, IgG = immunoglobulin G, INR = international normalized ratio.

\*All persons with HCV should have a baseline ultrasound and evaluation of fibrosis.

†Where available, use noninvasive technologies (e.g., transient elastography [Flbroscan], shear-wave elastography, MR-Elastography, or FibroTest).

Hemant Shah et al. CMAJ 2018;190:E677-E687



#### Health Canada-approved direct-acting antiviral regimens.

Regimen	Genotype	Pills per day	Duration (wk)	Comments
Genotype-specific treatment regimens				
Elbasvir/grazoprevir (Zepatier)	1a, 1b, 4	1	12–16	Resistance testing recommended before use in genotype 1a
Ledipasvir/sofosbuvir (Harvoni)	1a, 1b, 4, 5, 6	1	8–24	
Paritaprevir/ritonavir/ombitasvir + dasabuvir (Holkira Pak)	1, 1b	4	8–24	Ribavirin must be added for genotype 1a
Paritaprevir/ritonavir/ombitasvir (Technivie)	4	2	12	Ribavirin must be added
Sofosbuvir + daclatasvir (Sovaldi + Daklinza)	1a, 1b, 3	2	12-24	
Pan-genotypic regimens				
Glecaprevir/pibrentasvir (Maviret)	1–6	3	8–16	
Sofosbuvir/velpatasvir (Epclusa)	1–6	1	12	
Sofosbuvir/velpatasvir/ voxilaprevir (Vosevi)	1–6	1	12	Approved only for direct-acting antiviral agent failures

Hemant Shah et al. CMAJ 2018;190:E677-E687



#### Hepatitis C Treatment - Cure

#### Direct Acting Agents (DAAs) now on Manitoba Formulary:

- Maviret (Glecaprevir/Pibrentasvir Genotype 1, 2, 3, 4, 5, 6
- Epclusa (Velpatasvir/Sofosbuvir) Genotype 1, 2, 3, 4, 5, 6
- Zepatier (Elbasvir/Grazoprevir) Genotype 1, 4
- Harvoni (Ledipasvir/Sofosbuvir) Genotype 1
- Søvaldi (Sofosbuvir) Genotype 2, 3 (used with Ribavirin or Daclatasvir/Sofosbuvir)
- Daclinza (Daclatasvir/Sofosbuvir) Genotype 3 (used with Sofosbuvir)
- Vosevi (Sofosbuvir/Velpastasvir/Volilaprevir) Genotype 1, 2, 3, 4, 5, 6

#### Criteria Pharmacare:

- Prescribed by a hepatologist, gastroenterologist, or infectious disease specialist
- ► Laboratory confirmed Hepatitis C genotype 1,2,3,4,5,6 or mixed genotype
- Quantitative Hepatitis C RNA viral load level within last 6 months
- Some agents have additional criteria (e.g. Fibrosis Score, HIV, Hep B, CKD, DM)

>90, up to 99% Cure Rates with DAAs

#### Hepatitis C Treatment for PWID

- Recent or active IDU should not be seen as an absolute contraindication to HCV therapy.
- Strong evidence from various settings in which persons who inject drugs have demonstrated adherence to treatment and low rates of reinfection, countering arguments that have been commonly used to limit treatment access in this patient population
- Ideally, treatment of HCV-infected persons who inject drugs should be delivered in a multidisciplinary care setting
- Combining HCV treatment with supply distribution and opioid agonist therapy programs in this population has shown great value in decreasing the burden of HCV disease.

Hepatitis C virus treatment for prevention among people who inject drugs: Modeling treatment scale-up in the age of direct-acting antivirals

Martin NK, Vickerman P, Grebely J, Hellard M, Hutchinson SJ, Lima VD, et al. Hepatitis C virus treatment for prevention among people who inject drugs: Modeling treatment scale-up in the age of direct-acting antivirals. Hepatology. 2013;58(5):1598-1609.

### Hepatitis C Treatment in MB

- ► Viral Hepatitis Investigative Unit, HSC, Ph: 204-787-3630, Fax 204-787-7086
- ► Mount Carmel Clinic, Ph: 204-589-9428, Fax: 204-582-6006
- eConsult Hepatology Hepatitis C Treatment advice
  - **■**Email <u>mbeconsult@umanitoba.ca</u> to register

#### Helena

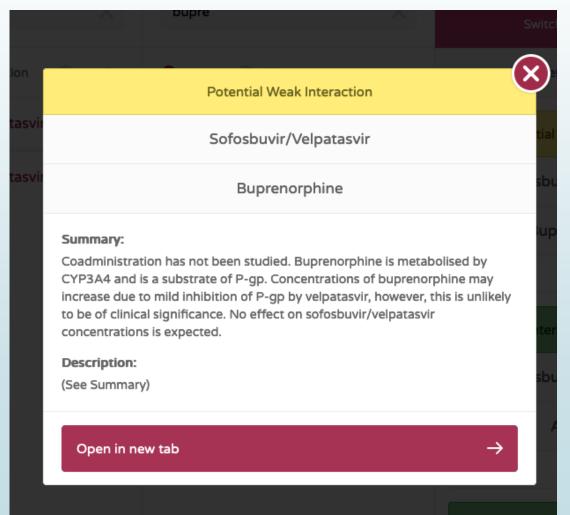
- Hepatology recommended Hepatitis C Treatment with with Epclusa (Velpatasvir/Sofosbuvir) and reviewed by HIV Pharmacist for any drug-drug interactions
- Expect cure with 12 weeks of treatment







## https://www.hep-druginteractions.org/checker



## Prevention HIV and Hepatitis C

- Condoms
- Supply distribution
- Addictions Treatment
- Opiate Agonist Therapy
- Antiviral based interventions
  - ART to prevent onward transmission HIV
  - Hep C treatment to prevent onward transmission Hep C
  - PrEP for prevention new infection in HIV negative at high risk
    - Tenofovir DF + Emtricitabine (Truvada) i tab once daily
    - ▶ Not covered by MB pharmacare, covered by FNIHB, ~ \$250/month
    - Guidelines for use <a href="http://www.cmaj.ca/content/189/47/E1448">http://www.cmaj.ca/content/189/47/E1448</a>
    - Assessments for PrEP done at Nine Circles testing clinic
  - PEP (post-exposure prophylaxis)

#### Summary

- Test for HIV and Hepatitis C and other Sexually Transmitted Infections
- Rescreen at risk populations annually or more frequently if high risk
- PWUD do well on antiretroviral therapy for HIV
- Opiate agonist therapy improves engagement in care, adherence to treatment and outcomes for people with opioid use disorder and HIV
- Hepatitis C can be cured and treatment should be offered to all people who qualify including PWUD/ PWID and those on OAT
- Drug-Drug interactions may be significant and expert consultation is available

#### References and Resources:

http://education.cfenet.ubc.ca/bc-cfe-guidelines/

hhttps://doi.org/10.1093/cid/ciaa1391

http://www.catie.ca/

http://www.cdc.gov/

http://hcvguidelines.org/full-report-view

http://liver.ca/liver-disease/types/viral\_hepatitis/Hepatitis\_C.aspx

http://www.hepatology.ca/

Thank You

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