



*Opioid Agonist Therapy 101:  
An Introduction to Clinical Practice Workshop*

Now What??

**Marina Reinecke MBChB, CCFP(AM), ISAM**



# Disclosure of Commercial Support

- ▶ This program has received financial support from *The College of Physicians and Surgeons of Manitoba* in the form of *funding for payment of presenters and organizers*.
- ▶ This program has received in-kind support from *The College of Physicians and Surgeons of Manitoba* in the form of *logistical support*.
- ▶ Potential for conflict(s) of interest:
  - ▶ None identified

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# Faculty/Presenter Disclosure

► **Faculty:** Marina Reinecke

► **Relationships with commercial interests:** None



# LEARNING OBJECTIVES

- To review important issues to consider before starting out in OAT practice.
- Discuss local sites that encompass different OAT models of care.
- To review the methadone and buprenorphine/naloxone prescribing/dispensing approval process for physicians, NP's and pharmacists.
- To review current CPSM standards processes around OAT.
- To review available OAT prescriber supports.

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# Things to consider starting out...

- Assess yourself and your team first



## You and Your Clinic...

- Are you the first prescriber in your practice group or joining a well established group ?
- Does anyone have experience ?



# How comprehensive is your care?

- ▶ Full time vs. part time vs. little time
- ▶ Staff – number, expertise, experience
- ▶ Location, hours
- ▶ Transport options
- ▶ Clinic model
- ▶ Pharmacies vs dispensary (RN, RPN, LPN)
- ▶ Funding model
- ▶ How connected are you?

Consider all the above when triaging **complexity....**



# Complexity

- Social
- Medical
- Psychiatric
- Adolescent
- Pregnant
- HIV and Hep C
- Chronic pain
- The unpleasant patient





# You and Your Clinic...

- Resources rich vs resource strained
- Resource rich sites can address multiple needs and work with many behaviors; can accommodate last minute/drop-in requests; offer crisis services.
- Resource strained sites often have stricter rules/policies – may be less likely to retain chaotic patients in care. Challenging to address last minute/drop-in requests. Notice needed for carry requests etc.
- Carry policies and urine drug screen policies often reflective of resource level.
- Frank team discussion important upfront and intermittently



# Money \$ Money \$ Money

- ▶ Clinics with Government/agency support vs private funding models.
- ▶ Salaried physicians/nurse practitioners vs. Fee For Service vs. Hourly/Sessional Rates
- ▶ Income expectations vs. MB billing codes for quality care
- ▶ On Call requirements
- ▶ **Typical workload exceeds FFS income expectations in context of quality care**



# Things to consider starting out...

“Enthusiasm take you so far,  
Resources takes you further”

Be realistic about your care burden and  
the burden of those around you

# Who is doing what in Manitoba?



## **MOST**

Manitoba Opioid Support  
and Treatment  
Addictions Foundation of  
Manitoba 146 Magnus Ave  
Winnipeg, Manitoba R2W 2B4  
Ph. 204-944-7070  
Fax. [204-772-0125](tel:204-772-0125)

**MOST**  
Manitoba Opioid Support and Treatment



# Who is doing what in Manitoba?

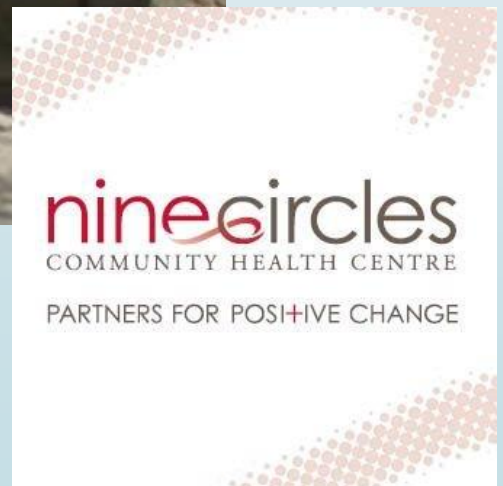


**Brandon location:**  
**MOST West Parkwood  
Centre**  
510 Frederick St.  
Brandon, MB R7A 6Z4  
Phone (204) 729-3838  
Toll-free 1-866-767-3838

# Who is doing what in Manitoba?



705 Broadway Avenue  
Phone: General Line: 204-940-6000  
Toll Free: 1-888-305-8647



### External Referral for Primary Care at Nine Circles Community Health Centre

**Date:** \_\_\_\_\_

**Demographics:**

Client's Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

MHSC: \_\_\_\_\_ PHIN: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Currently we are accepting primary care patients who are 13 years of age or older and live in Winnipeg who meet one or more of the following criteria:**

- Belongs to a population disproportionately affected by HIV infection (currently may include men who have sex with men, people who inject drugs, people who have unprotected sex with multiple partners, people from countries where HIV is endemic)
- History of substance use disorder (including patients requiring methadone/buprenorphine substitution)
- Socio-demographic risks for having poor health outcomes (living in poverty, homelessness, limited supports or education, member of a marginalized or minority population), and/or living in the Downtown-Point Douglas area of Winnipeg

***Note: Patient must be aware and consent for referral***

**Please list any immediate health care needs:**

**Other issues:**

**Program Referred from:** \_\_\_\_\_

**Referring staff member:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

***For Office Use Only:***

<b>For Management</b>		
MD: _____		
RN _____	Other: _____	Notes: _____
		<b>HCR</b>
<b>date completed and signature:</b> _____		



- Remote, asynchronous, secure web-based electronic consultation service
- Email to sign up as primary care provider or specialist

[mbeconsult@umanitoba.ca](mailto:mbeconsult@umanitoba.ca)

## 30 Specialty Services:

- **Addictions**
- Allergy (Adult)
- Allergy (Pediatric)
- Cardiology
- Chronic pain
- Dermatology
- ENT
- Endocrinology
- Gastroenterology
- Hematology
- **Hepatology**
- **Hepatitis C Treatment**
- **HIV Specialist**
- **HIV Pharmacist**
- **HIV PrEP**
- Infectious Diseases
- Internal Medicine
- Nephrology
- Obstetrics and Gynecology
- Ophthalmology
- Pediatrics
- Psychiatry
- Respiriology
- Transgender Health
- Urology (adult)
- Urology (Pediatric)
- Vascular Surgery
- Thoracic Surgery
- Neurosurgery
- Plastic Surgery





# Who is doing what in Manitoba?



870 Portage Avenue  
Winnipeg, MB, R3G 0P1  
Phone: (204) 784-4090  
Admin Fax: (204) 722-7998  
Medical Fax: (204) 784-4013

# Who is doing what in Manitoba?



## **Aikins Street Community Health Centre**

- ORT integrated with primary care
- Patients must live in R2W R2X for primary care intake, “some exceptions”
- Accepting new ORT patients.
- 601 Aikins Street  
Phone: (204) 940-2025  
Fax: (204) 940-2069

# Who is doing what in Manitoba?

## Health Sciences Centre

- ▶ Addictions Unit
  - 11 beds
  - Complex Inductions
  - Observational/Stabilization admissions
- ▶ CARMA Clinic
  - MD/NP referral (prescriber!)
  - Handout
- ▶ Bridging OAT Clinic
  - Bridge between HSC and Community care
  - Limited Capacity
- ▶ Addiction Ward Consultation Service
  - Monday – Friday, daytime
  - Clinical referrals and Auto consults for all OAT patients admitted to HSC, Women's Hospital and St. Boniface



# Who is doing what in Manitoba?

**CODI** program and **RACE** line

HSC

PZ 202 – 771 Bannatyne  
Avenue, Winnipeg, MB

Ph: 204 787 7949



# Who is doing what in Manitoba?

## RACE

- ❖ **Rapid Access to Consultative Expertise**
- ❖ The Rapid Access to Consultative Expertise or RACE program is a telephone service that allows Family Physicians, Physician Assistants and Pediatricians to access a psychiatry/addiction consultant for telephone advice by calling one central number.
- ❖ This service is intended for Physicians who have an ongoing relationship with their patients.
- ❖ To contact the **RACE line call: 204-940-2573**
- ❖ Open: Monday to Friday, 9 am – 4pm.
- ❖ The RACE line is not open on weekends or stat holidays.
- ❖ <http://www.wrha.mb.ca/staff/familyphysicians/files/Race.pdf>

# Who is doing what in Manitoba?

Swan River Health Centre and Primary Care Outreach Clinic



# Who is doing what in Manitoba?



**Manish Garg**  
(& Karen)

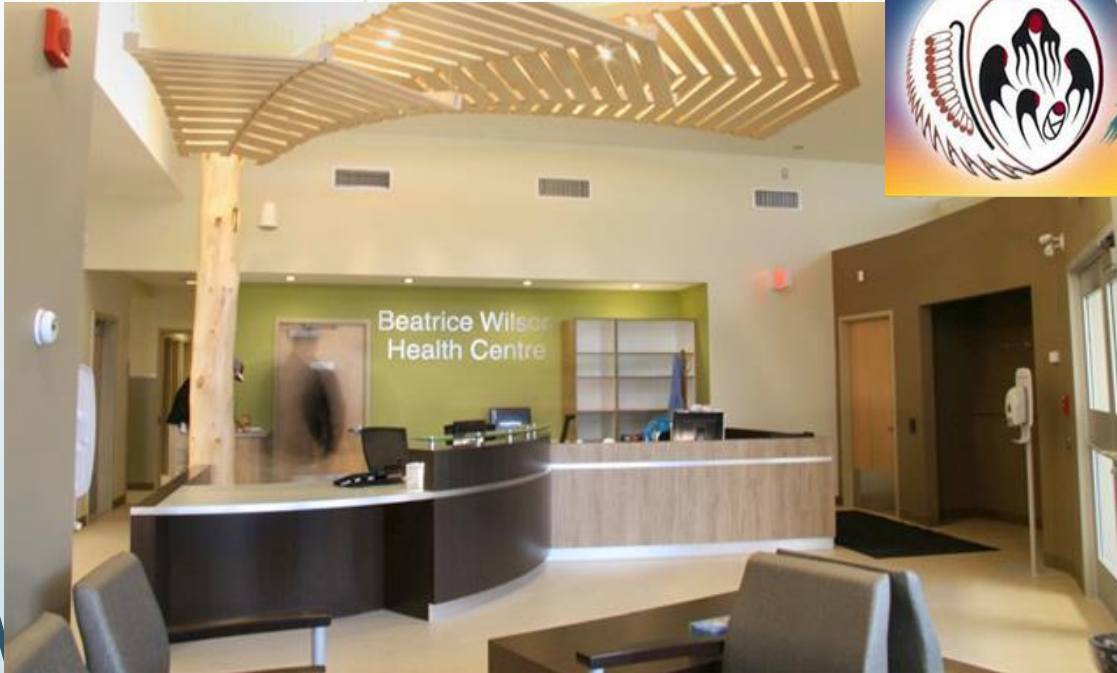
Pinawa Primary  
Health Care Centre  
30 Vanier Dr,  
Pinawa, MB  
R0E 1L0



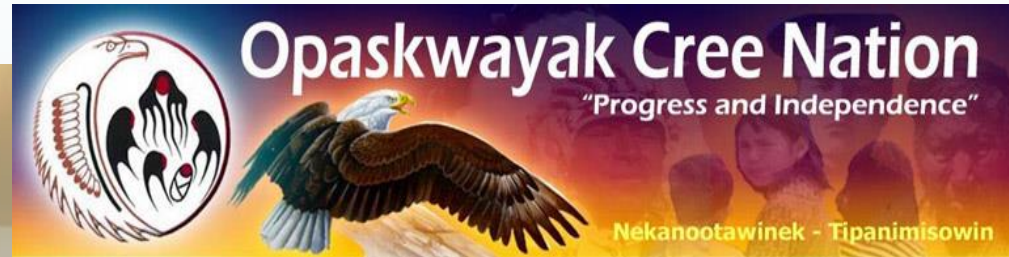
**Kernjeet Sandhu**

Harborview Medical  
Centre  
10-1320 Concordia  
Avenue East  
Winnipeg, MB  
R3W 0G6

# Northern Manitoba...



**Beatrice Wilson Health Centre**  
Opaskwayak Cree Nation, Manitoba



**Opened  
Oct,  
2018!!**





# Who is doing what in Manitoba?

Manitoba RAAM Clinics

**Winnipeg – 2 locations**

Crisis Response Centre and River Point Centre

**Thompson**

**Brandon**

**Selkirk**

**Portage**

The screenshot shows a web browser window with the URL [mbaddictionhelp.ca/services/rapid-access-to-addictions-medicine-raam/](http://mbaddictionhelp.ca/services/rapid-access-to-addictions-medicine-raam/). The navigation menu includes HOME, CRISIS NUMBERS, QUESTIONNAIRE, SERVICES (with a dropdown arrow), and CONTACT. The main banner features the text "We're here when you're ready. Call 1-855-662-6605" and a search bar containing "MBAddictionHelp.ca". Below the banner is a teal button labeled "LEAVE THIS SITE QUICKLY". The main content area is titled "Rapid Access to Addictions Medicine (RAAM)" and includes the heading "What is a RAAM clinic and who is it for?". The text below explains that RAAM clinics are walk-in services for adults (18+) seeking help with substance use and addiction, and that no referral is needed.

HOME CRISIS NUMBERS QUESTIONNAIRE SERVICES CONTACT

We're here when you're ready.  
Call 1-855-662-6605

MBAddictionHelp.ca

LEAVE THIS SITE QUICKLY

### Rapid Access to Addictions Medicine (RAAM)

#### What is a RAAM clinic and who is it for?

**RAAM clinics** are **walk-in** clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. They may experience frequent intoxication or overdose symptoms, as well as unpleasant withdrawal symptoms when attempting to reduce or stop their substance use. RAAM clinics are also for people who may have substance-related health issues, such as hepatitis, pancreatitis and infections. **No referral is needed.**

<http://mbaddictionhelp.ca/>

# Who is doing what in Manitoba?

Mount Carmel Clinic

886 Main Street

Winnipeg, MB

Ph: 204 582 2311

Hep C Clinic

Ph: 204 589 9428



# Who is doing what in Manitoba?

Aboriginal Health and Wellness Centre

181 Higgins Avenue

Winnipeg, MB

Ph: 204 925 3700



# The prescribing approval process...

- ▶ Prescribing approval for methadone with buprenorphine/naloxone for **pain/palliation** separate training and approval processes
- ▶ Physicians and Nurse Practitioners in MB are eligible for prescribing approvals for **methadone** and **buprenorphine/naloxone** for **opioid use disorder**
- ▶ **2 Alternate routes** for buprenorphine/naloxone only prescribing approval for **physicians only**
- ▶ Coordinated effort by CPhM, CPSM and CRNM to handle training, mentoring/support and audits of all prescribers and pharmacists in an interdisciplinary fashion; apply same standards to all.

# The prescribing approval process...

- ▶ **Prescribers:**
  - a) Letter/form with references
  - b) Choose and declare your route!!!!
  - c) 2 Handouts
  
- ▶ **Pharmacists:**
  - a) Minimum one pharmacist per pharmacy
  - b) 2-day workshop
  - c) Preceptorship optional
  - d) 2 Handouts



# CPSM standards process

- Both approvals renewed every 3 years (based on active practice activity)
- For cause and routine (SUAP) audits
- CPD requirement (a portion of annual CPD should be focused on OAT or addiction in general)
- Monthly review of all methadone, buprenorphine/naloxone deaths (patients on OAT and deaths secondary to diversion)

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# Our Community and Available Support...

- ▶ Informal – just call or e-mail; use those around you
- ▶ Formal support available: phone, e-mail and in person  
one question or a clinic with  
3-4 challenging cases  
urban or rural

# Resources

- ▶ Provincial Adult Addictions Information Toll-Free Line **1-855-662-6605**
- ▶ Youth Addictions Centralized Intake Service Toll-Free Line **1-877-710-3999**
- ▶ 24-Hour Problem Gambling Helpline Toll-Free **1-800-463-1554**



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**Medical Consultant**  
**Prescribing Practices Program**

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Fax: (204) 774-0750  
Toll Free (In Manitoba):  
(877) 774-4344  
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204 294 2162 (Cell)





**Questions??**