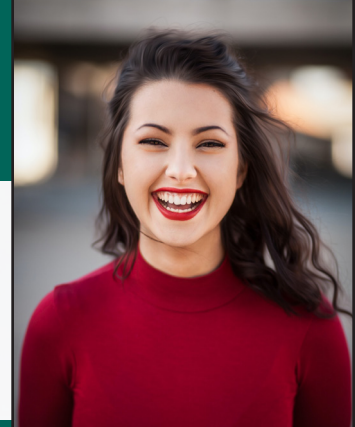


FRIDAYS AT THE UNIVERSITY

INDIGENOUS HEALTH DAY OCTOBER 16 2020 | 0820 - 1320



AGENDA

- 0830 - 0920 Intergenerational Impact on Chronic Disease in the Indigenous Population - **Dr. Sara Goulet**
- 0920 - 1010 Indigenous Health and Palliative Care - **Dr. Timothy Hiebert**
- 1010 - 1100 Chronic Kidney Disease in the Indigenous - **Dr. Andrea Mazurat**
- 11:00-11:30 Lunch
- 1130 - 1220 Antiracism and Culturally Safe Care - **Dr. Sara Goulet**
- 1220 - 1310 Indigenous Health and Wellness - **Elder Margaret Lavallee**

OBJECTIVES

- Recognize the impact of intergenerational experience on chronic disease in the Indigenous population (Leader, Health Advocate)
- Appreciate an approach to palliative care within the Indigenous population (Medical expert, Collaborator)
- Interpret the disproportionate prevalence of CKD and disease burden among the Indigenous population (Medical expert, communicator, scholar)
- Appreciate an approach to the traditional health and wellness within the Indigenous population (Collaborator, Communicator)
- Recognize racism and critically self-reflect on how to promote culturally safe environment for practice. (Leader, Professional)

4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

REGISTRATION

PHYSICIANS	\$175
OTHER HEALTH PROFESSIONALS	\$65
RESIDENTS/STUDENTS	\$30

THIS EVENT IS AVAILABLE VIA LIVESTREAM. YOU WILL BE EMAILED CONNECTION INFORMATION PRIOR TO THE EVENT. THIS EVENT IS ALSO AVAILABLE VIA MBTELEHEALTH SITES THROUGHOUT WINNIPEG AND MANITOBA. PLEASE CHECK YOUR SITE FOR AVAILABILITY AND RESERVE PRIOR TO REGISTERING.

ONLY PAID REGISTRANTS CAN RECEIVE CREDITS AND ACCESS SPEAKERS' PRESENTATIONS POST-EVENT.

AMANDA MARTEN
PROGRAM COORDINATOR | CPD MEDICINE
OFFICE OF CONTINUING COMPETENCY AND
ASSESSMENT
RADY FACULTY OF HEALTH SCIENCES
UNIVERSITY OF MANITOBA



FRIDAYS AT THE UNIVERSITY

CHRONIC PAIN DAY
NOVEMBER 13, 2020



4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

AGENDA

- 0830** Opioid Use in Chronic Non-Cancer Pain – [Kulvir Badesha](#)
- 0920** Management of Neuropathic Pain – [Shona Nair](#)
- 1010** Treatment of Low Back Pain – [Neil Craton](#)
- 1100** Lunch and Sponsorship Break
- 1130** Opioid Use Disorder and Suboxone – [Erin Knight](#)
- 1220** Differentiating Inflammatory and Non-inflammatory Arthritis -
[Thomas Jacob](#)

Objectives

- Implement a treatment plan for appropriate opioid prescribing practices with your patient using a shared decision making model that aligns with current best practices (Medical expert, Communicator, Scholar)
- Describe appropriate management of neuropathic pain (Medical Expert, Communicator)
- Identify opioid use disorder in your practice (Medical Expert, Collaborator)
- Provide appropriate treatment to your patients with low back pain (Medical Expert)
- Differentiate the various types of inflammatory and non-inflammatory arthritis (Medical Expert)

Rady Faculty of
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This event is online only

FRIDAYS AT THE UNIVERSITY

GERIATRIC DAY
DECEMBER 4, 2020



4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

AGENDA

- 0830** Constipation and Older Adults: Keep it Moving – **Elizabeth Rhynold**
- 0920** Late Life Depression & Anxiety – **Craig Omelan**
- 1010** Fever (or not) in Older Adults – **Phil St. John**
- 1100** Lunch and Sponsorship Break
- 1130** Assessing Capacity – **Reece Ramkissoon**
- 1220** Deprescribing during Covid-19 - **Allison Bell**

Objectives

- Be aware of the various opportunities for deprescribing in the senior population particularly during a COVID pandemic (medical expert, communicator).
- Understand what is meant by informed consent and how to assess patients' capacity to make decisions (communicator, medical expert).
- Be able to list red flags when managing constipation, and develop an algorithm for treating this disorder (medical expert, collaborator).
- Understand the benefits and limits of treating depression in the elderly (communicator, collaborator).
- Describe an approach to the older patient presenting with fever (medical expert, Health Advocate)

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Health Sciences



University
of Manitoba

This event is online only

FRIDAYS AT THE UNIVERSITY

WOMEN'S HEALTH DAY
JANUARY 15, 2021



AGENDA | 0820 - 1310

4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

- 0820** Welcome
- 0830** Vulvar Dermatology | **Margaret Burnett**
- 0920** Modified COVID-19 Prenatal Assessment Schedule | **Christy Pylypjuk**
- 0945** SANE Intimate Partner Violence Program | **Julie Clatworthy**
- 1010** Polycystic Ovary Syndrome | **debbie Robinson**
- 1100** **Lunch and Sponsorship Break**
- 1130** Abnormal Uterine Bleeding | **Boshra Hosseini**
- 1220** Contraceptive Management | **Heather Ring**
- 1310** Closing

Objectives

- Review current evidence and guidelines focused on women's health dedicated on contraception, prenatal care, and uterine bleeding
- Recognize the importance of addressing and managing partner violence in the clinic setting
- Integrate management of PCOS into decisions for appropriate contraception choice
- Understand vulvar dermatology for better care with women's health

FRIDAYS AT THE UNIVERSITY

MENTAL HEALTH DAY
FEBRUARY 12, 2021



AGENDA | 0820 - 1310

4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

- 0820** Welcome
- 0830** Approach to Bipolar Disorder in the Primary Care Clinic | **Jennifer Ruzhynsky**
- 0920** Approach to Borderline Personality Disorder (BPD) in the Primary Care Clinic | **Eytan Perl**
- 1010** Approach to Resistant Anxiety and Depression | **Tanya Sala**
- 1100** **Lunch and Sponsorship Break**
- 1130** Insomnia: Evidence for Pharmacological and Non Pharmacological Therapies | **Murray Enns & Norah Vincent**
- 1220** Navigating Psychiatry and Psychological Services in Manitoba | **Jane Moody & Andrea Piotrowski**

Objectives

- Evaluate the treatment options for Bipolar Disorder by investigating the evidence that supports each option (family medicine expert, scholar)
- Explain the acute and long-term management consideration for the BPD patient (family medicine expert) Summarize important considerations in the management of anxiety and depression (family medicine expert)
- Utilize pharmacologic and non-pharmacologic management for insomnia in their practice (Communicator, Medical Expert)
- Determine how current mental health services in Manitoba may impact psychiatric referral pathways and current models of shared care (family medicine expert, collaborator and manager)

FRIDAYS AT THE UNIVERSITY

HOT TOPICS | MAY 7, 2021

4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

AGENDA

- 0830** Details of DAPT in Cardiovascular Disease: Indication, Duration, and Dual Pathway Therapy | [Dr. Lawrence Lau](#)
- 0920** Updates in Heart Failure Management | [Dr. Christopher Parr](#)
- 1010** Pulmonary Function Tests in Community Practice | [Dr. Justin Ling](#)
- 1100** Break and Exhibitor Hall
- 1130** Updates in Dyslipidemia | [Dr. Jonathan Gabor](#)
- 1220** Management of Covid-19 Patients in an Outpatient Community-Based Clinic | [Dr. Amanda Condon](#)

Objectives

- Understanding the role and application of DAPT in the cardiovascular disease patients (medical expert, scholar)
- Review the application of most recent heart failure management guidelines (communicator, medical expert)
- Understanding the role and application of pulmonary function testing in community practice (health advocate, medical expert)
- Review the application of most recent dyslipidemia management guidelines (medical expert, scholar)

FRIDAYS AT THE UNIVERSITY

CHRONIC DISEASES DAY
JUNE 4, 2021

4.5 MAINPRO+ CREDITS
4.5 MOC SECTION 1 CREDITS

AGENDA

- 0830** Pediatric Asthma Management during COVID 19 | [Elissa Abrams](#)
0910 What's new in Heart Failure in 2021 | [Kiran Sidhu](#)
0950 Managing COPD during the Pandemic | [Justin Ling](#)
1030 Break and Exhibitor Hall
1100 Diabetic Kidney Disease Updated Management | [Chris Sathianathan](#)
1145 Breast Cancer Update | [Ethel MacIntosh](#)
1230 Pitfalls of CV Risk Assessment; Threshold to Start Statin and Treatment Targets | [Thang Nguyen](#)

Objectives

- Review the additional burden of Chronic disease during the pandemic (scholar, communicator)
- Review Cardiovascular disease assessment and treatment targets (medical expert, collaborator)
- Review optimization of Asthma and COPD management with COVID19 threat (advocate, collaborator)
- Review Evidence based Breast Cancer management (scholar, medical expert)
- Review the evidence for traditional and newer pharmaceuticals in the management of Diabetic Nephropathy (medical expert, scholar)

Friday's Registration Links

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-indigenous-day-october-16-2020/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-chronic-pain-day-november-13-2020/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-geriatric-day-december-4-2020/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-womens-health-day-january-15-2021/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-mental-health-day-february-12-2021/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-hot-topics-may-7-2021/>

<https://www.cpd-umanitoba.com/events/online-only-fridays-at-the-university-chronic-diseases-day-june-4-2021/>