

BS-21-5-1971

Bree is a 71-year-old woman with Congestive Heart Failure who is referred to Palliative Care for support with symptoms related to disease progression.

Bree shares she knows her disease has an “uncertain trajectory”, and she wants to ensure a good quality of life as her illness progresses. She is married and has step-children but no biological children of her own. She moved to Canada 20 years ago from Ireland and all of her family is in Ireland. Bree shares that both she and her husband are anxious people and she would like support around her anxiety. Bree shared she wants her husband to also have good support related to her illness. She told me he also has health issues and she worries about his health as her own illness changes.

Bree shared she hopes to establish good psychosocial connections with her care team so that she can better trust them to provide the right support to her. She talked openly about her spirituality as a source of comfort for her, and expressed that her Celtic beliefs help her feel unafraid of death. She knows that after she dies there will be loved ones waiting to greet her, and this is something she looks forward to.