

BS April

BS shares that the most important thing for us to know is that her most precious role is as a mother to two daughters, Belle (age 10) and Maria (age 8). She is an avid writer, and although she has published a book previously, she often wants to write more to leave for her daughters to teach them about lessons learned about experiences they are still too young to talk about (e.g., first sexual experience). She feels confident that she has left a big legacy for her daughters and she is confident that her legacy will be in the forest by their home where they go for long walks, the songs and music that they all sing and dance to, the way they play and laugh together.

BS notes other important things to her as a person: she is a very quiet person and loves being at home with her plants (“My house is like a forest.”), she uses essential oils to support her wellbeing, she likes to read, take long walks in the forest, read and write – she missed reading a good book the most during this hospitalization. She says “music is like air for me” – she has played piano and guitar for 15 years. Relationships are paramount for her – she loved to know people, to talk with people, to listen deeply to the... she is incredibly connected to her friends. She acknowledges that “people don’t talk a lot [in the hospital]”. BS says she doesn’t always want to talk about her disease and it’s important to talk about other things. BS shares she is a very spiritual person and is not afraid of dying – she sees death as “just another “traveling””.

Before ending the consultation, she finished by saying: “I’m a listener and I like to talk and I like to connect – and I love my daughters – these are the most important things.”