

CM 1984

CM is a 39 years old woman who is awaiting pathology, diagnosis and plan of care. CM describes herself to be uneasy with this situation as she would feel better knowing the details of her health status. CM states that "I am a planner" and explains that if she has all of the information she feels that she needs then she can plan out how to manage her health in context of her life. CM has past experience with very stressful times in her life and has found that she always has a sense that she will manage whatever may come. The most stress comes from the unknown.

CM is a wife and mother of young children. She enjoys the time with her children and worries about what life may be like for them if she is unable to be present in their lives as she is now. She also worries about how her husband would manage if she needed to pull back from some of her responsibilities. They live in a rural city and have a dog and cats.

CM is a social worker and enjoys her PT position with the local palliative care program where she coordinates volunteers and programs. CM states that she does often feel "stretched in many directions" and wonders what life will look if she also needs to fit treatment appointments into her already busy life.

As for her health team, CM does prefer to know as much detail about her health as possible in order to make informed choices. She prefers honesty and a direct approach from her health care providers.