

CN February

Sara appreciates having her care team communicate test results to her and be willing to answer her questions and be open and forthcoming with information. She previously worked in accounting and just retired recently with her spouse. She was looking forward to retirement and traveling with her spouse but is now worried that she will not be able to travel. She is grieving the loss of her ideal retirement. She notes other stressors such as financial stressors and worries about fatigue and how that will affect what she can do. She has 2 children who live out of state but she gets to see at least during holidays. She has 1 grandchild and another on the way. She enjoys gardening and has recently been more involved with Gilda's club. She does worry about what this diagnosis means for her and her family and how much time she will have left. She does note being anxious about this but does feel well supported by her husband although notes that he often wants to try to fix things. She has found support groups helpful. She notes that it is important for her care team to want to get to know her as a person.