



Dignity in Care: A Viral Workshop Sept 8, 15, 22, 2022

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Today's Agenda:

Bruno's Story

Dignity Therapy Homework Summary

Editing Dignity Therapy Documents

Editing Practice

Break

Patient Interview Clip

Breakout Rooms: Implementing Dignity in Care
Potential Challenges of Implementation

Moving forward: New Adaptations

Workshop Synopsis

Continued Community of Care



Bruno Cozzella

Dignity Therapy Client

Bruno's Story

Australia



Dignity Therapy as Homework

Editing Dignity Therapy Documents

“The role of the (dignity) therapist is to enable the participant to accomplish something that could not be done without therapeutic assistance and guidance.”

“Together we can do this and we can do this right.”

(Dignity Therapy: Final Words for Final Days)

A purple lotus flower is in full bloom, sitting on a large, dark green lily pad. The flower's petals are a vibrant purple, and its center is a lighter, yellowish hue. The lily pad is floating on a body of water, and the flower and lily pad are reflected in the calm surface below. The background is a soft, out-of-focus blue, suggesting a clear sky or a distant shore.

Editing Dignity Therapy Documents

Core Components of Editing

Goal:

Let the patient's voice be heard *and* make it clear for the reader

- Correcting time sequences
- Minimizing the voice of the therapist
- Streamlining content
- Considering a “proper” ending

BEFORE

So Irma would you like to just start by telling me some about your life history in general, some of the parts that you remember most.

Like when I was a child, when I was a child, I, I can remember my father was a great storyteller. He was known to tell us stories in ___ my, my brother and me, we were the furthest one down in the country from the schoolhouse so he drove the school bus ___ horses. In the wintertime, we rode on a sled. In the summertime, we rode on a wagon.

Oh my gosh.

And he would tell my, my brother and me stories of ____. I have made memories of that when I was a child. I never, never, never forget my father telling us, telling us ____. That was one thing about, about my childhood that I remember. And I also remember moving out in a new country with ___ woods forever and go playing out in the, in the woods was a great thing for my brother and I. We ___ my brother and I.

And what's your brother's name?

My, my brother, brother was one year and nine months older than me. His name was Carol.

AFTER

Interviewer: Irma, can you begin by telling me about your life history; particularly those parts you remember most, or think are the most important?

Irma: Well, when I was a child, I can remember how my father, George Arthur Malone was a great storyteller, and he was known for his stories. My brother Carl and me, we were the furthest kids from the schoolhouse so dad drove the school “bus.” But the bus was made of a large wagon that was pulled by horses, not an engine. It was made so that the kids could use it as a school “bus” drawn by horses. In the wintertime, there was a fastener so the wagon could be attached to a sled, and that is how we rode to school.

We lived about a mile or so to the schoolhouse. Being a young child, that seemed like a long way! My family lived out in the country, and it was a country schoolhouse. There were about seven or eight students who attended. We had one teacher that covered all the grades in that school.

There is one time during that period that I deeply remember. It was one day when my brother and I rode horseback to school and we got caught in a snow storm. We

BEFORE

What advice or words of guidance would you wish to pass along to your loved ones?

Well, they just, I think my, when you said ___ just appreciate each other, appreciate family, yeah. So many people just, I know ___ that I lived for six years so many of the, the elderly people, didn't know their family well, didn't know their families, didn't know what happened to a lot of their family. I think family should be closer together.

Okay. Good.

Staying in contact more. I think family is very important.

And some of the younger generations may be losing some of ___.

Maybe, yeah.

You see that? Uh-huh.

I see that. I didn't see it in our family but I heard there, ___.

In other...

Yeah, from other people, how they have, they didn't know why they were there. A lot of them say ___ here I am. Someone would say...

It's heartbreaking.

AFTER

What advice or words of guidance would you wish to pass along to your loved ones?

Just appreciate each other and stay connected to family. There were so many people in the nursing home who didn't know their family well, didn't know what had happened to a lot of their family. I believe family should be closer together.

I remember there was this one lady in the nursing home who was called to her son's deathbed. They hadn't seen him for five years. He had walked out of the house angry at some little thing and then five years later, she heard he was dying. It's not a good thing. That will never leave my mind, it was heartbreaking.

So love one another, and be forgiving. There are things that are bound to hurt you, but they can *always* be fixed. Just say "I'm sorry." We forget to say "I'm sorry, please forgive me..."


There is nothing more important than love. I love my family, even the ones I haven't met.

Your Turn to Edit



Editing Q&A





The gift of *all*
types of stories

Breakout Room Discussions

Implementation in your home setting

1. Share any plans/ ideas for bringing this practice home
2. Discuss possible barriers
3. Share possible opportunities

Please designate a spokesperson who will enter the primary themes from your group in the chat once we return

Implementation

Potential

Individual Challenges

- Cognitive status of patients
- Family members' needs/wishes
- Self-care
- Relinquishing prior therapeutic mindset
- Perfectionism
- Cultural adaptations

Potential

Systemic Challenges

- Funding/ Billing options
- Transcription services
- Generalist vs. Specialist practice
- Can volunteers provide it?



Moving forward

Adaptations of
Dignity Therapy



Workshop Synopsis



Will you join our Dignity in Care “Band?”



Dignity IN CARE

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