

PDQ Assignment 1
Kathleen Knaus

E.F. (1993) is newly married. She values her family, which includes her spouse, two brothers, her parents, nieces and nephews, and her dog. She identifies as a positive-minded person who values humor and laughter. She says that humor is important even when talking about serious things. In fact, she says that she will react more positively to medical information if delivered with humor.

E.F. is unafraid of serious topics. She recounts keeping journals as far back as her childhood and says that in those journals she sometimes wrote letters to her parents in which she talked about what she wanted them to know if she died. She says that she is not afraid to talk about death, and that she is not even afraid of death. What concerns her is causing friends and family to become sad and depressed, and so she currently hasn't told her family about her new diagnosis. She doesn't "want to bring them down."

Despite having a large friend group and traveling and meeting people around the world, E.F. says she also values being alone as it gives her time with her thoughts. She is open to spiritual care, and in fact has sought out opportunities to experience healing sweat lodges and other forms of alternative spiritual practices. Ultimately, E.F. sees herself as a "go with the flow" type of person. She appreciates when people give her suggestions, otherwise she can get caught up in possibilities without making definite choices.