

EMFEB

This 32 year old woman was diagnosed two months ago with breast cancer that has metastasized to her lungs. She was otherwise in good health when she began experiencing shortness of breath and tiredness. She is very close to her family doctor who is also a friend and that is how she learned of her disease. She is married to a man she loves deeply and has two cats. She is a psychologist who specializes in children and adolescent therapy and enjoys meditation, walks in nature, vegetarian food, classical music (with a love of Pavarotti) and being surrounded by family and friends. She is warm, spiritual, honest and kind. She appreciates that her care team will tell her the truth, without hiding anything and she wants the information to be offered kindly and with compassion. She wants to know that the care team cares about her, the person, not just her disease. She is hopeful about the future and yet struggles with the impact this is having on her parents, and especially her father. She is having surgery next week and is doing everything she can to go into this with hope and strength. She actively meditates and appreciates how this will help support her in the coming months.