## FRIDAYS AT THE UNIVERSITY

Later in Life Day January 12, 2024 | 0820-1320



Earn up to 4.5 MAINPRO+ CREDITS 4.5 MOC SECTION 1 CREDITS Click here for full details

## **AGENDA**

- 0820 Welcome
- **0830** Aging Active Adult: Adapting with Change | Ans Sabzwari, FRCP, CSCN Physiatrist, EMG / NCS
- **0920** Dermatology of Aging Adult: Lumps and Bumps. In-Office Approach to Management and Lesions Not to Miss | Rochelle Van De Velde, MD, FRCPC
- 1010 Perimenopause, Menopause | Debra Evaniuk, MD, FRCSC
- 1100 Stretch Break
- 1130 MAID | Kim Wiebe, MD, FRCPC, MPH
- 1220 Capacity Assessment | Amit Jagdeo, MD, FRCPC (Psych)
- **1320** Closing Remarks

Online Only & Recorded for Later Viewing



## **Objectives:**

- Review management of common MSK complaints of the aging adult while maintaining fitness goals. (Communicator, Medical Expert)
- Assessment and management of skin conditions in the office, biopsy indication review for the goal of quicker diagnosis and treatment / referral to specialty. (Communicator, Collaborator, Medical Expert)
- Approach to managing perimenopause and menopause symptoms. (Collaborator, Medical Expert)
- Maid review, indications for referral. (Collaborator, Professional)
- Capacity assessment review, understanding risk and benefits to the patients. (Scholar, Medical Expert)