

FRIDAYS AT THE UNIVERSITY

Geriatrics Day
January 13, 2023 | 0820 - 1320



AGENDA

- 0820** Welcome
- 0830** Insomnia in the Elderly |
Madison Stewart
MD PGY3 FRCPC
- 0920** The Physiology of Aging |
Phil St John
MD MPH CCFP FRCPC
- 1010** Is it Delirium or Dementia?
Ashley Bhullar MD CCFP
- 1100** **Stretch Break**
- 1130** Geriatric Resources in
Manitoba |
Theresa Bowser RN BN
- 1220** Fall Prevention in the
Elderly |
Melissa Skrabek-Senecal
BKIN-AT CAT(C) Certified
Athletic Therapist and
Kinesiologist
- 1320** Closing Remarks

Objectives:

At the conclusion of this event:

- Participants should be able to describe best practices for managing sleep in the elderly (Medical Expert)
- Participants should be able to describe the normal physiology of aging (Medical Expert)
- Participants should be able to differentiate between delirium and dementia in a confused elderly patient (Medical Expert, Communicator)
- Participants should be able to identify key resources available to support their elderly patients (Medical Expert, Collaborator, Health Advocate, Communicator)
- Participants should be able to assess their patients at high risk of falls and recommend preventative measures (Medical Expert, Health Advocate, Communicator)

This event is online only and will be recorded for later viewing.

Rady Faculty of
Health Sciences



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