

H. H. (did not get DOB)

Pt reported feeling overwhelmed by recent diagnosis of bowel cancer. H said that whenever she goes out now she has to consider where the bathrooms are, and is always worried about having an 'accident.' H said a big part of her career was about planning and that she lives her life relying on some certainty. Pt said that aspects of this diagnosis leave her feeling uncertain and this is impacting her feelings about the future.

Pt spoke about treatment options and the risks involved.

When talking about what helps her cope H said that when she feels overwhelmed she recalls Psalm 23; 'the Lord is my shepherd.' When exploring spirituality pt said that she does have a faith that helps her trust in something outside of herself.

Pt said that she worries about others taking care of her, saying that it is uncomfortable to think about her family doing personal care.

*I admit that by the time I got to my assignment, I had forgotten some of our dialogue.*