## JD Sept

J is a small business owner who has put a lot of herself into it. She took it over from her parents and through this has become very well connected in her community. She is a helper and caregiver, who finds many ways to support others. She cares deeply for her work and her community. J has a husband who is an RCMP officer and has 2 kids who are 5 and 2.5 which bring her much joy. She worries about the 3 of them and what their lives will look like after she is gone. J was a main care provider for her mother in her battle with cancer in which it took her life15 years ago. J worries about being a burden to others as she will become more dependent on others as the disease advances.