

Writer attended patient's room this date. Writer explained role of social worker and proceeded to ask the Patient Dignity Question (PDQ). Patient explained that she is an alternative kind of person and feels like there's so much that she can do to help herself. This means that patient doesn't want to necessarily rely on someone else for her health, and wants direction from a naturopath, for example, what are the right things to eat, drink, take for medicine, etc. Having said this, patient still believes in and understands the importance of modern medicine, test results, and treatment.

Patient stated that before being a patient, she is a woman as well as a mother of adult children. Patient stated that her children do still come to her for help and guidance, but she also knows that at this point in her life, she needs to focus on herself first. That way, she said she can hopefully be around for another 20-30 years.

Writer acknowledged to patient that this does not encompass all that she is as a person, but is a step in getting to know her and how to care for her. Patient agreeable to another visit.