

PDQ Assignment – JW July 1

This patient is terminally ill and having a hard time accepting the reality of her diagnosis. She wears many different hats in her life, including a being a mother, daughter, sister, wife and professionally, a death doula. When asked about her continuation with her work as her disease progresses, she said that she would like to continue working to maintain a sense of normalcy in her day to day life.

I asked about important core values and experiences that she has had, and how these values and experiences have shaped her into the person that she is. She explained that family is most important, and that she wants to be an active part of her children's lives, and works hard to maintain true, genuine connections with her family members. She also talked about her love of travel, and highlighted a trip to India where she helped different communities with health and hygiene. She explained how this trip helped her realize the importance of community and connection. She talked about implementing these values into her day to day life back home, and she spoke about having no TV or technology in the home so that they aren't distracted from each other. She also talked about connecting with nature, specifically taking her 3-legged dog out for walks and adventures. She hopes to be able to maintain meaningful connection, both with family and nature, as she continues through her illness journey.