

K.K – June 23/1959

Writer received information from nursing staff that client is new to the unit and may require support. Writer attended client's room and introduced social work to patient. Writer explained writer's goals of supporting client holistically.

Client is a mother of two children, her son (Sam) and her daughter (Kellen). Client reports that being a mother has been the most important role that she has had in her lifetime. Sam and Kellen both live overseas, but it is important to her that she is able to spend as much time with them as possible. She disclosed feeling fearful of burdening them by disrupting their life plans in order to accommodate her.

Client shared that it is important for her medical team to be aware of the fact that historically she worked as a Palliative Care Chaplain and that although that is good information to have, she does not want to be categorized based on same. She shared that although she has professional experience she is still a person outside of her professional background, and because she is aware of many aspects of palliative it does not mean that she is not fearful or worried about her future. She disclosed that she may have trouble adjusting to the role of being the patient rather than the supporter.

Client also noted that she is very open to spiritual care as long as the care remains open to her interpretations, as she believes in many various aspects of spirituality and is open to having multi-faiths. Client refers to herself as being "non-traditional spiritual". She shared that she has a large spiritual community, and believes that her spirituality has led to her personal healing in her past. She disclosed being proud of over-coming past generational trauma and spoke lightly regarding alcoholism and living with veterans from the war. She believes that her ability to heal from trauma was a result of her spirituality and connection to nature.

Client shared general interests of crocheting, knitting, reading and hiking. She shared that one of her favorite places to hike was in the Colorado Rockies as she lived there years ago. During this conversation client acknowledged loss of eye sight and mobility, as she has difficulty continuing to participate in same.

Writer acknowledged the support and love that client has for her children, and acknowledged the losses that she has experienced. Writer also complimented client's resilience. Writer acknowledged that writer does not yet know "who client is", but is thankful that client was willing to speak with writer regarding same. Client would like writer to book next appointment for September 18<sup>th</sup> at 1300Hrs.

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