

Kirsten: A 39-year-old married woman diagnosis with early-stage cancer

Kisten describes feeling overwhelmed by her diagnosis because she still can't believe it at this moment. She explained that she was a healthy person.

Since she went to the consultation, she feels very anxious all the time and does not sleep well. She is nervous about knowing what the next step should take is because she has only known the diagnosis for a couple of days.

When describing what is important to her, Kisten said about her three children and her couple. For her traveling is very important in her life and she wish travelling with her young child soon to stay more time with her because she promised her that travel.

Regarding current worries, Kirsten is concerned about children's future because they are so young. She told them that she is sick, but she doesn't know how to tell them about her diagnosis. Another concern is that she doesn't time to visit her parents because they live in another state and she has to take a plane to visit them. Despite this, she explains that she can count on her partner and close friends.

As for the care team, Kirsten hopes that a psychologist can be present to help her with her children and can give her skills to communicate with them during her process.