

# Cancer Day for Primary Care The Cancer Navigation Service

Presenter: Nicole Koschik RN, BN, CON(C)

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# Presenter Disclosure

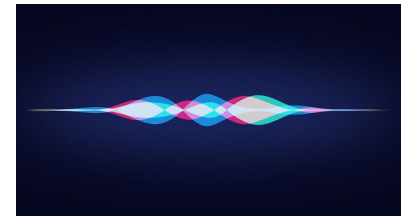
- **Speaker's Name:**
  - Nicole Koschik
  - Oncology Nurse Navigator
  - CancerCare Manitoba
  
- **Relationships with commercial interests: NONE**

# Mitigating Potential Bias

- Not Applicable

# Learning Objectives

- Able to explain the services provided by the CancerCare Manitoba Navigation Team
- Able to identify appropriate situations for contacting the CancerCare Manitoba Navigation Team
- Able to understand how we work together to support patients
- Able to review our transition points



# Cancer Navigation in Canada

CPN is an emerging discipline in Canada across most Provinces and Territories

Most programs require at minimum 5 years nursing experience working in Oncology and most require CON(c) certification

Oncology Nurse Navigators across Canada are collaborating to update a standardized orientation course for cancer navigation in Canada

Cancer Patient Navigation may vary across the country but our core components are unified



WordItOut

# Navigation Across the Country

British Columbia	No coordinated system of navigation - looking to implement
Alberta	Rural, Indigenous, AYA, Breast
Saskatchewan	Screening focused and Gynecology Oncology Navigator
<b>Manitoba</b>	<b>16 Navigators across 10 sites within 5 regional health authorities, Indigenous Nurse Navigator</b>
Ontario	Many types of navigators
Quebec	Infirmière Pivot en Oncologie (IPO)
New Brunswick	Adult navigation program 2022; Pediatric navigation 2009
PEI	All nurses are navigators within the context of being an oncology nurse
Nova Scotia	Generalist; community-based
Newfoundland	Located throughout Newfoundland and Labrador.
Northwest Territories	Generalist – territorial resource

**Slide Credit:**

Catherine Dixon RN, MN, CON(C), Olivier Savoie RN / II, BScN, Oncology Nurse Navigator

# It Takes A Team and Circles of Support

Nurse Navigator  
Indigenous Nurse Navigator  
Clerks  
Family Physicians in Oncology (FPO)  
Primary Care Providers (PCP)  
Psych-Social Oncology Clinicians (PSO)  
Dietitian  
Surgeons / Specialists  
Medical and Radiation Oncology  
Community Resources /Connectors  
Community Engagement Liaisons  
Patients and their Families



# Our Manitoba Focus

- Earlier point in cancer continuum
- Support timely diagnosis and treatment
- Bridge the gap in care
- Facilitate diagnostic work up
- Improve quality of incoming referrals
- Patient education & symptom management
- Communication and support for PCP
- <https://www.cancercare.mb.ca/For-Health-Professionals/referral-guidelines-for-physicians>
- Cancer Talk line for Primary Care



# When to Refer

- High Clinical Suspicion of Cancer or Recurrence
- Patients can self refer
- Patients with no Primary Care
- Family Physician in Oncology Support
- If patient requires information re new cancer diagnosis
- Practical Support (PSO, Dietitian)
- Bereavement

# Working Together

- Until a patient is seen by Oncology, PCP actively involved
- Oncology triage may require further diagnostics
- Letter of Requests
- Tracking for results / appointments
- CCMB VS Surgical Consultation
- Pain and symptom management

# Transition Points

- Medical and Radiation Oncology
- Palliative Care
- Surgical Specialist
- Primary Care



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# Common Questions

## Clearing It All Up

Question	Answer
Does navigation take over all care once a referral is sent?	PCP maintains care until patient are seen by an Oncologist
Can navigation organize transfusions or hydrations?	No, these are done via ER/ Urgent Care Centres
Do you disclose results?	Only if those tests were ordered by our FPO's
Can you expedite imaging?	No, but we will advocate!
What is your role with underserved persons?	Community Partnerships vital part of our circle of supports. Navigation can also be mobile and attend patient appointments

# Take Home Message

- First point of high clinical suspicion of cancer – REFER!
- Self Referrals are accepted
- Be aware that additional orders may be required by our triaging Docs
- Although we do have transition points, should a patient need ongoing support, it is an open door policy
- Cancer Patient Navigation Service:  
**1-855-837-5400 (Telephone) or 204-235-0690 (Fax)**
- Cancer Talk Line: Call or Text: **204-226-2262**

# References

Anderson et al 2016; Crawford et al, 2012

Crawford et al, 2013; Fillion et al, 2006; Watson et al, 2016

CANO/ACIO Orientation Resource 2024

CANO/ACIO Navigation Special Interest Group

# Thank You

*“No person with cancer should have to spend more time fighting their way through the cancer system than fighting their disease”*

- *Dr. Harold Freeman*

