

LA, 1962: A 61-year-old, married woman, hospitalized for severe, unexplained, debilitating exhaustion.

LA's recent hospitalization was precipitated by her collapse at a local shopping centre where she sustained a concussion. She expresses frustration that no one can provide an explanation for her severe exhaustion after all the testing she has undergone. She discloses that she suffers from anxiety and sensory overload, and is particularly susceptible to noise and light brightness, two conditions that are constant in a hospital setting and taking their toll on her ability to remain calm or sleep at night. So, she would like to keep her room door closed continuously, the lights low or off completely, with a fan to circulate the air. The unpredictability of her chronic condition makes her afraid she may collapse again, and fear of the unknown is having a negative impact on her quality of life and her day-to-day routine. LA wants to go home as soon as possible.

Family is important to LA. She has 4 adult children, 2 of whom live nearby, and cares for her elderly parents' needs. LA chooses to live in an isolated place, where she can be surrounded by nature. She has 2 dogs and raises chickens.

LA's spiritual life is informed by her Indigenous heritage and love for the Land. She is a liberal Christian, belonging to the Evangelical Lutheran Church in Canada. She is an ally for the Queer community. She values education and has a Doctorate and continues to challenge herself and her students to learn and grow. She engages in a spiritual practice of daily reflection, writing, and photography. She has created a life that supports her mental health, is rich with metaphor and meaning. Her autonomy is essential to her self-concept; she is of sound mind and states she is willing to live at a level of risk many people wouldn't tolerate.

LA's greatest concern is her husband's mental and physical well-being as they have been living apart while waiting for Immigration to allow him into Canada. Once he is here, she is confident in his ability to assist her in caring for her family, the animals, and the Land.

LA prays that the healthcare team would be guided in their care of her and help her achieve her goals of care: returning home.