

Initials: LC

Birth month: June

L is a lovely 35 year old wife, mother and teacher who was pleased to share information about herself with me today. She is receiving treatment for Stage 3 bladder cancer and is in the middle of a three session treatment regime.

L's two children are 7 and 8 years old. It is a priority for L to keep their lives and routine as "normal" as possible although she does worry about them if her ultimately treatments are not successful. L's sister helps by taking the children to school. It would helpful for L and reduce her worry if her appointments were kept in a timely manner so disruption to her family routine was minimized.

L describes herself as a "sensitive" person and her stress levels increase when this is not recognized. Explaining the treatment plan clearly will helpful to her. At times when medically complex information will be shared please include a Spanish language translator and provide written materials in Spanish. She finds long waits in the waiting room or doctor's office to be very stressful as well in part because her medical condition results in the need for frequent bathroom visits. Please request a Patient Advocate to be with her if a long waiting time is anticipated to support her. During this difficult time she asks that medical providers and staff make special efforts to be kind and patient.

L has supports in the community and especially through her friends from her Catholic church. One way they help is help by bringing food for lunch and dinner which takes that worry off her. L currently receives spiritual support from her Priest. She does not feel the need to speak with a hospital Chaplain now but would want to if she is hospitalized in the future. L appreciated the opportunity to share these details of her life with me today and hopes this information will be useful for the treatment team.