

LL - 1971

LL is a single mother of two children, a 12-year-old girl and a 13-year-old boy. She was born in 1971 (52 years old). She lives in France and works as a spiritual caregiver. She defines herself as a spiritual person without any religious affiliation, and she practices meditation.

LL tells me that it has been challenging for her to receive care from the multidisciplinary team, as throughout her life, she has always been in the position of "providing care" rather than receiving it. She is willing to undergo chemotherapy as a treatment for her illness but would like to incorporate other forms of care, particularly complementary therapies such as acupuncture, essence oil therapy, energy medicine, holistic medicine, aromatherapy, and other alternative treatments.

When talking about who she is, she emphasizes how much she values her connection with nature and enjoys the scent of flowers. She appreciates music and derives great energy from being close to nature. Her children and friends are the most important people in her life; they are her chosen family.

LL shared that she tends to be in control of things, so the lack of control over what may happen in the future distresses her. Her greatest fears are experiencing uncontrollable physical pain and the anxiety of being alone. She believes in life after death. She tells me that she felt heard in our conversation, which brought her a sense of comfort and security, especially the feeling that she can bring any concerns she has into the realm of the care she is receiving.