

# FRIDAYS AT THE UNIVERSITY

Mental Health Day  
November 4, 2022 | 0820 - 1320



## AGENDA

- 0820** Welcome
- 0830** The Mental Health Act: Capacity Competency Assessment and Primary and Secondary Psychotic Disorders | **Jim Simm FRCPC CCSAm**
- 0920** Substance-Induced Psychosis (SIP) | **Jim Simm FRCPC CCSAm**
- 1010** Working Up Someone with Suspected Dementia and Where to Refer? | **Mandana Modirrousta PhD FRCPC**
- 1100** **Stretch Break**
- 1130** CBT Skills for Physicians Part 1 | **Tanya Sala MD FRCPC**
- 1220** CBT Skills for Physicians Part 2 | **Tanya Sala MD FRCPC**
- 1320** Closing Remarks

*This event is online only and will be recorded for later viewing.*

### Objectives:

- Develop an understanding of the provincial Mental Health Act within its historical context, and how to appropriately use select certificates within. (Medical Expert, Health Advocate, Professional)
- Review how primary psychosis and substance-induced-psychosis differ in prognoses and treatment recommendations for each. (Medical Expert, Scholar)
- Familiarize participants with early signs of dementia, and the principles of management (including when to refer and potential places to refer). (Medical Expert, Health Advocate)
- Understand the concepts behind Cognitive Behavioural Therapy, and describe some of the tools used to reduce unhelpful patterns of thinking in stressful situations. (Medical Expert, Communicator, Collaborator)
- Describe certain techniques used in the Cognitive Behavioural Therapy process and how to refer when necessary. (Medical Expert, Communicator, Collaborator, Scholar)

Rady Faculty of  
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