

Mark: A 82-year-old man diagnosed with Parkinson's

Mark describes his life as "slowing down" and becoming limited by his diagnosis. He expresses a love his for family which include four children and 9 grandchildren. Three of the 4 children live in town near him. He has admitted to a few falls and living in an assisted living has become difficult alone. He is currently residing with his son.

When describing what is important to him, Mark notes that being outdoors and gardening are passions of his. He loves to grow flowers and any kind of vegetable. He also enjoys baking, cooking, listening to music and knitting. Jokingly stated now that his spouse has passed, he can listen to "his kind of music".

Regarding current worries, Mark is concerned with his decline in independence to complete ADLs and relying on family to assist with cares. Previously, Mark was living in an assisted living with spouse prior to her passing. He does not want to be a burden on his family.

As for the care team, Mark hopes to remain as independent as possible and to find avenues to maintain as much independence as possible as well as continuing to do things he enjoys. He would like to discuss adaptive equipment needs and processes to help him maintain as much as possible.