

MLGEN

M. is a woman about forty years old, she has a breast cancer and right now she is shock, because she has just been diagnosed with bone metastases. She is very worried, scared and full of negative feelings, that apparently she cannot stand.

She says that she has just come back to live with her parents, since she has got sick, in order to do chemotherapy. Also this situation makes her uncomfortable: she does not want to show them her feelings, moreover she is afraid her parents get worried and she ends up to becoming a burden to them.

She is experiencing a very severe emotional shock for which her values are being overturned: everything that previously seemed important to her, now no longer cares. Presently is very difficult to focus on what is really important to her. Surely the relationships, she says.

She stresses how important is now living each instant, deeply, moment by moment.

She looks relieved to finally have someone to talk with about her actual feelings.

[As my spoken english is really not fluent, the non-verbal communication has been the most important feature to create a warm and welcoming atmosphere.]