

M.M 1948 PDQ

Met with patient M.M on September 14, 2023 in follow-up appointment.

M.M received a prostate cancer diagnoses several months ago now and reported to have been experiencing depression symptoms the past several weeks due to his overwhelming number of doctor's appointments with varying specialists. M.M sees that his demanding medical schedule has taken away time from his engineering work that he very much enjoys. M.M shared that one of his passions in his life is running and he has run 25-26 Boston marathons previously and used to run ultra-marathons. M.M shared that he has been feeling down as he has lost touch with this community after his diagnosis as he cannot participate in the same way he used to. M.M. shared that he wished he knew that his medical service team knew more about his loss of community as he has been feeling more alone now. M.M. shared that he does live with his wife who is very supportive and comes with him to all of his appointments along with his adult daughter who also accompanies him. M.M. expressed thus far he has not yet had to become too involved with the oncology staff yet and he is still awaiting pending blood work results but he hopes that his service providers see him as not just a regular guy in his 70's but rather someone who has lived a very full, athletic, exciting life and still does run 10-20 miles a week. He wants people to not make decisions for him, but with him, and be collaborative in all matters regarding his care which involves talking with him about each step as they come and also informing his family about this who joins him.