

First submission - M. S. August

Rick would like others to know he has ALS, which he was diagnosed with six months ago. He remembers being told of the diagnosis, as it felt like an icy bucket was thrown on his head. Now he states he has no dreams. Rick believes he has no future – stating, “look at me, I have no future!” He does not like to be seen by others as someone who is going to die. Rick believes people already want to buy him a casket. Rick is anxious about his death, sharing he hopes he does not have a painful death.

The most important thing Rick wants others to know is, “I’m alive!” He wants to be seen as an individual who has hope. Rick also shared that he wants to stay at home with his loved ones into the future, rather than being admitted to hospital.