

NB is a 42 year old admitted with a metastatic lung cancer.

Prior to admission NB was living with her spouse and their beloved cat, Mr. Pickles. Her spouse is supportive and involved. NB is also supported by her two sisters who live nearby, as well as their parents who do not live locally but visit often. She enjoys spending time with her family, exercising, and traveling.

NB continues to process the news that her cancer has progressed. While she had been hoping for at least another year, she now knows her prognosis is more likely in the range of months. She does not feel well enough for surgery but maintains hope that radiation therapy might be of some benefit to maintain an acceptable quality of life for her remaining time. She is waiting to talk with Radiation Oncology about possible next steps.

NB reports feeling sad today. She denies being afraid of dying, while actively grieving the loss of health and of life. She does not want to leave her life, her family, and her friends. She also feels that she has some unresolved issues that she will need help working through and is open to ongoing support. She appreciates the opportunity to connect with her medical team, talk openly about her emotions, and cry when needed.

NB experiences dyspnea at baseline, which has progressed recently. She is clear in her preference for DNR/DNI, and hopes to avoid suffering when she reaches the end of her life. She would like to talk with a local hospice agency for informational purposes, to ensure that she can easily enroll when the appropriate time comes.