



*Opioid Agonist Therapy 101:  
An Introduction to Clinical Practice Workshop*

Now What??

**Marina Reinecke MBChB, CCFP(AM), ISAM**

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# Faculty/Presenter Disclosure

- ▶ Faculty: **Dr. Marina Reinecke**
- ▶ Relationships with commercial interests: **None**



# LEARNING OBJECTIVES

- ▶ To review the methadone and buprenorphine/naloxone prescribing/dispensing approval process for physicians, NP's and pharmacists.
- ▶ To review current CPSM standards processes around OAT.
- ▶ To review available OAT prescriber supports/resources.

# Who is doing what in Manitoba?



## **MOST**

Manitoba Opioid Support  
and Treatment  
Addictions Foundation of  
Manitoba 146 Magnus Ave  
Winnipeg, Manitoba R2W 2B4  
Ph. 204-944-7070  
Fax. [204-772-0125](tel:204-772-0125)

**MOST**  
Manitoba Opioid Support and Treatment



# Who is doing what in Manitoba?

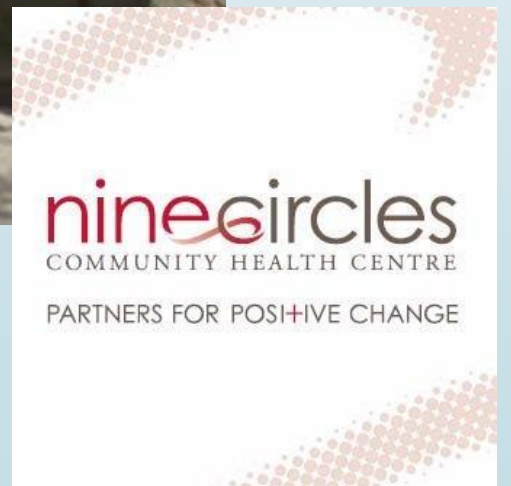


**Brandon location:**  
**MOST West Parkwood  
Centre**  
510 Frederick St.  
Brandon, MB R7A 6Z4  
Phone (204) 729-3838  
Toll-free 1-866-767-3838

# Who is doing what in Manitoba?



705 Broadway Avenue  
Phone: General Line: 204-940-6000  
Toll Free: 1-888-305-8647



External Referral for Primary Care at Nine Circles Community Health Centre

Date: \_\_\_\_\_

**Demographics:**

Client's Name: \_\_\_\_\_

DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

MHSC: \_\_\_\_\_ PHIN: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Currently we are accepting primary care patients who are 13 years of age or older and live in Winnipeg who meet one or more of the following criteria:**

- Belongs to a population disproportionately affected by HIV infection (currently may include men who have sex with men, people who inject drugs, people who have unprotected sex with multiple partners, people from countries where HIV is endemic)
- History of substance use disorder (including patients requiring methadone/buprenorphine substitution)
- Socio-demographic risks for having poor health outcomes (living in poverty, homelessness, limited supports or education, member of a marginalized or minority population), and/or living in the Downtown-Point Douglas area of Winnipeg

**Note: Patient must be aware and consent for referral**

**Please list any immediate health care needs:**

**Other issues:**

**Program Referred from:** \_\_\_\_\_

**Referring staff member:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**For Office Use Only:**

<b>For Management</b>	
MD: _____	
RN _____	Other: _____ Notes: _____
	<b>HCR</b>
date completed and signature: _____	



- Remote, asynchronous, secure web-based electronic consultation service
- Email to sign up as primary care provider or specialist

[mbeconsult@umanitoba.ca](mailto:mbeconsult@umanitoba.ca)

## 30 Specialty Services:

- **Addictions**
- Allergy (Adult)
- Allergy (Pediatric)
- Cardiology
- Chronic pain
- Dermatology
- ENT
- Endocrinology
- Gastroenterology
- Hematology
- **Hepatology**
- **Hepatitis C Treatment**
- **HIV Specialist**
- **HIV Pharmacist**
- **HIV PrEP**
- Infectious Diseases
- Internal Medicine
- Nephrology
- Obstetrics and Gynecology
- Ophthalmology
- Pediatrics
- Psychiatry
- Respiriology
- Transgender Health
- Urology (adult)
- Urology (Pediatric)
- Vascular Surgery
- Thoracic Surgery
- Neurosurgery
- Plastic Surgery



Canadian Foundation for  
**Healthcare  
Improvement**



Fondation canadienne pour  
**l'amélioration des  
services de santé**



# Who is doing what in Manitoba?



167 Sherbrook St, Winnipeg,  
MB R3C 2B6

Phone: (204) 784-4090  
Admin Fax: (204) 722-7998  
Medical Fax: (204) 784-4013



# Who is doing what in Manitoba?

## Health Sciences Centre

- ▶ Addictions Unit
  - 11 beds
  - Complex Inductions
  - Observational/Stabilization admissions
- ▶ CARMA Clinic
  - MD/NP referral (prescriber!)
  - Handout
- ▶ Bridging OAT Clinic
  - Bridge between HSC and Community care
  - Limited Capacity
- ▶ Addiction Ward Consultation Service
  - Monday – Friday, daytime
  - Clinical referrals and Auto consults for all OAT patients admitted to HSC, Women's Hospital and St. Boniface



# Who is doing what in Manitoba?

**CODI** program and **RACE** line

HSC

PZ 202 – 771 Bannatyne  
Avenue, Winnipeg, MB

Ph: 204 787 7949



# Who is doing what in Manitoba?

## RACE

- ❖ **Rapid Access to Consultative Expertise**
- ❖ The Rapid Access to Consultative Expertise or RACE program is a telephone service that allows Family Physicians, Physician Assistants and Pediatricians to access a psychiatry/addiction consultant for telephone advice by calling one central number.
- ❖ This service is intended for Physicians who have an ongoing relationship with their patients.
- ❖ To contact the **RACE line call: 204-940-2573**
- ❖ Open: Monday to Friday, 9 am – 4pm.
- ❖ The RACE line is not open on weekends or stat holidays.
- ❖ <http://www.wrha.mb.ca/staff/familyphysicians/files/Race.pdf>

# Who is doing what in Manitoba?

Manitoba RAAM Clinics

**Winnipeg – 2 locations**

Crisis Response Centre and River Point Centre

**Thompson**

**Brandon**

**Selkirk**

**Portage**

The screenshot shows a web browser window with the URL [mbaddictionhelp.ca/services/rapid-access-to-addictions-medicine-raam/](http://mbaddictionhelp.ca/services/rapid-access-to-addictions-medicine-raam/). The navigation menu includes HOME, CRISIS NUMBERS, QUESTIONNAIRE, SERVICES, and CONTACT. A search bar contains the text "MBAddictionHelp.ca". Below the search bar is a teal button labeled "LEAVE THIS SITE QUICKLY". The main content area features the heading "Rapid Access to Addictions Medicine (RAAM)" and a sub-heading "What is a RAAM clinic and who is it for?". The text below explains that RAAM clinics are walk-in services for adults (18+) seeking help with substance use and addiction, and that no referral is needed.

HOME CRISIS NUMBERS QUESTIONNAIRE SERVICES CONTACT

We're here when you're ready.  
Call 1-855-662-6605

MBAddictionHelp.ca

LEAVE THIS SITE QUICKLY

### Rapid Access to Addictions Medicine (RAAM)

#### What is a RAAM clinic and who is it for?

**RAAM clinics** are **walk-in** clinics for adults (ages 18+) looking to get help with high-risk substance use and addiction. This includes people who want to try medical assistance to reduce or stop their substance use. They may experience frequent intoxication or overdose symptoms, as well as unpleasant withdrawal symptoms when attempting to reduce or stop their substance use. RAAM clinics are also for people who may have substance-related health issues, such as hepatitis, pancreatitis and infections. **No referral is needed.**

<http://mbaddictionhelp.ca/>

# Who is doing what in Manitoba?

Mount Carmel Clinic

886 Main Street

Winnipeg, MB

Ph: 204 582 2311

Hep C Clinic

Ph: 204 589 9428



# The prescribing approval process...

- ▶ Prescribing approval for methadone with buprenorphine/naloxone for **pain/palliation** separate training and approval processes
- ▶ Physicians and Nurse Practitioners in MB are eligible for prescribing approvals for **methadone** and **buprenorphine/naloxone** for **opioid use disorder**
- ▶ for buprenorphine/naloxone only prescribing approval - **physicians only apply via simple template; no proof of training required**
- ▶ Coordinated effort by CPhM, CPSM and CRNM to handle training, mentoring/support and audits of all prescribers and pharmacists in an interdisciplinary fashion; apply same standards to all.

# The prescribing approval process...

- ▶ **Prescribers - methadone:** a) Letter/template with references (workshop plus 4 clinics)
- ▶ **Pharmacists:** a) Minimum one pharmacist per pharmacy  
b) 2-day workshop  
c) Preceptorship optional

2 handouts online..





# CPSM Quality Assurance process

- Both approvals renewed every 3 years (based on active practice activity)
- For cause audits only
- CPD requirement (a portion of annual CPD should be focused on OAT or addiction in general)
- Quaterly review of all methadone, buprenorphine/naloxone deaths (patients on OAT and deaths secondary to diversion)

A decorative graphic on the left side of the slide. It features a dark blue vertical bar on the far left. A black arrow points to the right from the top of this bar. Below the arrow, several thin, curved lines in shades of blue and grey sweep upwards and to the right, creating a sense of movement and design.

# Our Community and Available Support...

- ▶ Informal – just call or e-mail; use those around you
- ▶ Formal support available: phone, e-mail and in person  
one question or a clinic with  
3-4 challenging cases  
urban or rural

# Resources

- ▶ Provincial Adult Addictions Information Toll-Free Line **1-855-662-6605**
- ▶ Youth Addictions Centralized Intake Service Toll-Free Line **1-877-710-3999**
- ▶ 24-Hour Problem Gambling Helpline Toll-Free **1-800-463-1554**



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**Medical Consultant**  
**Prescribing Practices Program**

The College of Physicians & Surgeons of Manitoba  
1000 – 1661 Portage Ave  
Winnipeg MB R3J 3T7  
PH: (204) 774-4344  
Fax: (204) 774-0750  
Toll Free (In Manitoba):  
(877) 774-4344  
MReinecke@cpsm.mb.ca  
204 294 2162 (Cell)



**Questions??**