

PDQ document for P.M., DOB: September 4<sup>th</sup>

P.M. is a proud mother to two grown children and a wife of 28 years to her husband, whom she met on a blind date. For P.M., her family is her world. She is so impressed by “what cool people” her children have become since leaving home. She is a family physician by training as well as an ordained minister. She felt a calling on her life early on, however, the church she attended did not allow female pastors, so she went to medical school instead. When medical school was, in her words, “not fun anymore”, she went to seminary and became a minister.

Although P.M. is a trained physician, she appreciates information being fully explained to her, as her role has changed from physician to patient. Being in the hospital has created the feeling of losing her freedom. P.M. does not like the food (she requested an Uber Eats gift card) or the gowns, and tires of the same routine every day. She mentioned the hospital feeling a lot like the prisons she used to visit in her ministry. When asked what practices were important to her, P.M. mentioned that meditation is very precious to her, and that she would appreciate being provided with the time for uninterrupted contemplation, ideally first thing in the morning.