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PRELIMINARY PROGRAM FOR THE MPA 2023 SPRING SCIENTIFIC CONFERENCE

Sunday, May 28th, Hilton Hotel, 1800 Wellington Avenue, Winnipeg and Via Zoom

11:45 – 12:30h: Registration and Coffee and Refreshments – Exhibition Hall (Exhibitions Open)

12:30 – 14:00h: Keynote Presentation, Dr. K. Manassis

Title: Understanding and Intervening with Children who have Anxiety Disorders and Attention Deficit/Hyperactivity Disorder

- 1. To understand the cognitive basis for the co-occurrence of Anxiety Disorders and ADHD**
- 2. To formulate children presenting with this comorbidity in order to address all contributing factors**
- 3. To identify important treatment considerations in children with comorbid anxiety and ADHD**

14:00 – 14:30h: Coffee and Refreshments – Exhibition Hall (Exhibitions Open)

14:30 – 15:30h: Breakout Groups 1 and 2

Breakout Group Number 1, Dr. G. Altman

Title: Putting knowledge into practice: Youth presenting with Anxiety.

- 1. To describe a biopsychosocial assessment of anxiety in youth**
- 2. To review the work with systems in the management of anxiety disorders in youth.**
- 3. To explore treatment of complex anxiety disorders in youth**

Breakout Group Number 2, Dr. C. Adduri

Title: Attention Deficit/Hyperactivity Disorder (AD/HD) across the lifespan.

- 1. To briefly review ADHD symptomatology, prevalence, and how symptoms present in childhood, adolescence and adulthood.**
- 2. Review the functional consequences associated with ADHD.**
- 3. Discuss comorbidities and treatment**

15:30 – 15:45h: Coffee and Refreshments – Exhibition Hall (Exhibitions Open)

15:45 – 16:45h: Breakout Groups 1 and 2 are Repeated so Each Attendee attends Each Group

16:45 – 17:00h : Questions and Wrap up, Day One

Monday, May 29th Day Two (Virtual, via Zoom):

08:00 - 08:30h: Virtual Registration and Virtual Exhibition Hall (Exhibitions Open)

08:30 – 10:00h: Presenter, Dr. K. Manassis

Title: Living Well with Anxiety Disorders and ADHD

- 1. To review key components of treating and supporting children with ADHD and Anxiety Disorders**
- 2. To learn simple strategies for helping children with ADHD and GAD manage anxiety**
- 3. To optimize supports for children with ADHD and Anxiety Disorders at home, at school, and with peers**

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10:00 – 10:30: Break, Virtual Exhibition Hall (Exhibitions Open)

10:30 – 12:00h: Presenter, Dr. J. Sareen

Title: Clinical approach in the assessment and treatment of adults with Co-occurring Anxiety and Attentional symptoms.

- 1. To review the literature on comorbidity of attentional symptoms and anxiety disorders.**
- 2. To understand the biopsychosocial factors associated with this comorbidity.**
- 3. To delineate a biopsychosocial treatment plan for co-occurring attentional and attentional symptoms**

12:00 – 12:30j: Wrap Up and Event Evaluations – All Attendees