

PDQ Day1

S.L 1992

S: A 32 years old single female, who is recently diagnosed with early stage of breast cancer.

S is a medical doctor, who works at a palliative care department in a hospital. As a new cancer PT, S describes her current situation as being vulnerable, exposed, struggling, and having no privacy. She shares her mixed feelings about sharing her diagnosis with friends, with the hope of honest communication and support, and at the same time, with the concerns of them making a fuss or changing the relationship in negative ways.

S notes that her parents and sister are a very important part of her life, and she is concerned and overwhelmed about informing her diagnosis with them, especially her mother.

S loves nature, and enjoys outdoor activities (with the exception of gardening) where she feels the sense of connection with nature, such as hiking and mountain climbing.

S is also passionate about learning continuously, and describes herself as “learning something new every three months.”

Regarding her treatment plan, with S’s cultural background, she would like to take her family into the consideration, and would like to seek a way that they can be happy about, in addition to what is the best treatment for herself.