

[SR; Oct]

September 9, 2022

Sarah presented to her CCMB appointment today and agreed to meet with writer.

Sarah was diagnosed two weeks ago with an unknown form of neck cancer. At this point in time, Sarah isn't aware of specific details regarding her diagnosis as well as whether treatment options are available to her. Sarah communicated that she is open to 'whatever the oncologists recommend'. Sarah stated that her diagnosis is causing her + anxiety.

Sarah is employed as a secretary at a medical clinic, whereby she described positive and supportive relationships with her colleagues. Sarah recently got engaged to her partner of many years and voiced that the situation has caused a lot of stress for her fiancé. Sarah and her fiancé are said to have a supportive and open style of communication. In addition to the support of her husband, Sarah spoke fondly of her two dogs that she has and the joy that they bring to her life. When Sarah isn't spending time at work or with her fiancé, she is most often spending time walking her dogs or playing with them outside.

It was noted on several occasions by Sarah that she is not only nervous about her diagnosis but also how to navigate the medical system during her cancer journey. Sarah identifies as being religious (Protestant Christian) and would like to be connected to spiritual care supports through CCMB. It was felt by Sarah that a connection to spiritual supports might benefit both her fiancé and her.

Sarah appreciated meeting with writer and provided permission for a summary to be placed on her medical chart and shared with other involved health care professionals. A