

Hot Topics

February 2022

SELF-DIRECTED LEARNING

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Chronic Pain Syndrome (Fibromyalgia)

Cortés-Pérez I, et al. [Virtual reality-based therapy reduces the disabling impact of Fibromyalgia syndrome in women: Systematic review with meta-analysis of randomized controlled trials](#). J Pers Med. 2021.

Garcia-Pallero M, et al. [Central nervous system stimulation therapies in phantom limb pain: A systematic review of clinical trials](#). Neural Regen Res. 2022.

Geraghty A, et al. [Self-management for chronic widespread pain including fibromyalgia](#). PLoS One. 2021.

Khurshid H, et al. [A systematic review of Fibromyalgia and recent advancements in treatment: Is medicinal cannabis a new hope?](#) Curaeus. 2021.

Lowry E, et al. [Dietary interventions in the management of Fibromyalgia](#). Nutrients. 2020.

Nadal-Nicolás Y, et al. [Vegetarian and Vegan Diet in Fibromyalgia: A Systematic Review](#). Int J Environ Res Public Health. 2021

Schulze N, et al. [Efficacy of manual therapy on pain, impact of disease, and quality of life in the treatment of Fibromyalgia: A systematic review](#). Pain Physician. 2020.

Su Y, et al. [Efficacy of repetitive transcranial magnetic stimulation in Fibromyalgia: A systematic review and meta-analysis of randomized controlled trials](#). J Clin Med. 2021.

Menopause Management

Carcelén-Fraile M, et al. [Effects of Physical Exercise on Sexual Function and Quality of Sexual Life Related to Menopausal Symptoms in Peri- and Postmenopausal Women: A Systematic Review](#). Int J Environ Res Public Health. 2020.

Ebrahimi A, et al. [Investigation of the role of herbal medicine, acupressure, and acupuncture in menopausal symptoms: An evidence-based systematic review study](#). J Family Med Prim Care. 2020.

Jun J, et al. [Herbal medicines \(Danggui Liu Huang Decoctions\) for management of menopausal symptoms: A systematic review of randomized controlled trials](#). J Clin Med. 2020.

Li M, et al. [Chinese herbal formulae for the treatment of menopausal hot flashes: A systematic review and meta-analysis](#). PLoS One. 2019.

Lin R, et al. [Comparison of fundamental frequency in postmenopausal women who are treated with hormone replacement therapy vs those who are not: A systematic review of meta-analysis](#). JAMA Otolaryngol Head Neck Surg. 2020.

Liu Y, et al. [Menopausal hormone replacement therapy and the risk of ovarian cancer: A meta-analysis](#). Front Endocrinol (Lausanne). 2019.

Kim J, et al. [A systematic review and meta-analysis of effects of menopausal hormone therapy on cardiovascular diseases](#). Sci Rep. 2020.

Mehrnoosh V, et al. [Efficacy of the complementary and alternative therapies for the management of psychological symptoms of menopause: A systematic review of randomized controlled trials](#). J Menopausal Med. 2021.

Nguyen T, et al. [Exercise and quality of life in women with menopausal symptoms: A systematic review and meta-analysis of randomized controlled trials](#). Int J Environ Res Public Health. 2020.

Tempfer C, et al. [Menopausal hormone therapy and risk of endometrial cancer: A systematic review](#). Cancers (Basel). 2020.

Van der Heijden B, et al. [Menopause and sustainable career outcomes: A science mapping approach](#). Int J Environ Res Public Health. 2021.

Wu C, et al. [Antidepressants during and after menopausal transition: A systematic review and meta-analysis](#). Sci Rep. 2020.

Zhao F, et al. [Acupuncture as an independent or adjuvant management to standard care for perimenopausal depression: A systematic review and meta-analysis](#). Front Psychiatry. 2021.

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Obesity Pharmacotherapy

Borah A, et al. [Adipose and non-adipose perspectives of plant derived natural compounds for mitigation of obesity](#). J Ethnopharmacol. 2021.

Ilyas Z, et al. [The effect of Berberine on weight loss in order to prevent obesity: A systematic review](#). Biomedicine & Pharmacotherapy. 2020.

Liu M, et al. [Effects of Grape Seed Proanthocyanidin Extract on Obesity](#). Obes Facts. 2020.

Modesto-Lowe V, et al. [Physician resistance to obesity pharmacotherapy](#). Cleve Clin J Med. 2021.

Onakpoya I, et al. [Naltrexone-bupropion \(Mysimba\) in management of obesity: A systematic review and meta-analysis of unpublished clinical study reports](#). Br J Clin Pharmacol. 2020.

Perna S, et al. [Effect of Polyglucosamine on Weight Loss and Metabolic Parameters in Overweight and Obesity: A Systemic Review and Meta-Analysis](#). Nutrients. 2020.

Semlitsch T, et al. [Long-term effects of weight-reducing diets in people with hypertension](#). Cochrane Database of Systematic Reviews. 2021.

Van Nuland M, et al. [Dosing therapeutic radiopharmaceuticals in obese patients](#). Int J Mol Sci. 2022.

Vosoughi K, et al. [Association of Glucagon-like Peptide 1 Analogs and Agonists Administered for Obesity with Weight Loss and Adverse Events: A Systematic Review and Network Meta-analysis](#). E Clinical Medicine. 2021.

Transgender Health

Brooks H, et al. [Sexual orientation disclosure in health care: A systematic review](#). Br J Gen Pract. 2018.

Ceatha N, et al. [Protective factors for LGBTI+ youth wellbeing: A scoping review underpinned by recognition theory](#). Int J Environ Res Public Health. 2021.

Connelly P, et al. [Transgender adults, gender-affirming hormone therapy and blood pressure: A systematic review](#). J Hypertens. 2021.

Harper J, et al. [How does hormone transition in transgender women change body composition, muscle strength and haemoglobin? Systematic review with a focus on the implications for sport participation](#). Br J Sports Med. 2021.

Karalexi M, et al. [Gender-affirming hormone treatment and cognitive function in transgender young adults: A systematic review and meta-analysis](#). Psychoneuroendocrinology. 2020.

Kearns S, et al. [Experiences of transgender and non-binary youth accessing gender-affirming care: A systematic review and meta-ethnography](#). PLoS One. 2021.

Koehler A, et al. [Centralized and decentralized delivery of transgender health care services: A systematic review and a global expert survey in 39 countries](#). Front Endocrinol (Lausanne). 2021.

Medina-Martínez J, et al. [Health inequities in LGBT people and nursing interventions to reduce them: A systematic review](#). Int J Environ Res Public Health. 2021

Motosko C, et al. [Dermatologic care of hair in transgender patients: A systematic review of literature](#). Dermatol Ther (Heidelb). 2021.

O'Farrell M, et al. [Examining LGBTI+ inclusive sexual health education from the perspective of youth and facilitators: A systematic review](#). BMJ Open. 2021.

Rosa D, et al. [Nursing care for the transgender population: Genders from the perspective of professional practice](#). Rev Bras Enferm. 2019.

Scalia P, et al. [A systematic review of decision aids for gender affirming therapy](#). Transl Androl Urol. 2021.

Transgender Health cont'd

Totaro M, et al. [Risk of venous thromboembolism in transgender people undergoing hormone feminizing therapy: A prevalence meta-analysis and meta-regression study](#). Front Endocrinol (Lausanne). 2021.

Wright T, et al. [Conversion therapies and access to transition-related healthcare in transgender people: A narrative systematic review](#). BMJ Open. 2018.

Yan M, et al. [Systematic review of fertility preservation options in transgender patients: A guide for plastic surgeons](#). Ann Transl Med. 2021.

Literature Searches:

Do you want to know more about these or other topics? Health sciences librarians will do a professional literature search for you on any topic or question you have. We will send you a list of references by email, mail, or fax. Select the citations that are of interest to you and we will send you the full text documents.

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