



FAMILY CARE PROGRAM (FCP)

Providing Services of Excellence in the Community
Information Package for Families

THE FAMILY CARE PROGRAM

- The Family Care Program provides **short term, intensive social work services** to individuals with intellectual disabilities, their families and/or their support networks.
- The program is voluntary and uses a **family-centered approach**.
- Social workers are able to:
 - provide **information** on disability issues and resources
 - provide **counseling** (individual, family, marital; grief and loss)
 - **mediate** between services or family members
 - assist families to connect with **community resources**
 - help individuals to access **leisure opportunities**
 - assist with **future planning and transitioning** (residential, school, work)
 - help develop **informal supports** (friendships, support circles, cultural support, etc)
 - assist families to get the most out of their **formal supports** (respite, etc)
 - help families access **transportation** services
 - provide training in **positive parenting strategies**



What Does Family-Centered Mean?



- Families are experts on their own experiences and therefore are capable of knowing what they need and identifying their priorities.
- Families and social workers work together to reach mutually agreed upon goals.
- The family is assisted to use their strengths and abilities to acquire other skills, resources and information.
- Families are provided with accurate, objective information so that they are able to make informed choices.
- All members of the family are invited to participate and goals can be set around any member of the family.
- Social Workers provide individualized, flexible services to families recognizing that each family is unique.

RIGHTS AND RESPONSIBILITIES

YOU HAVE THE RIGHT TO:



- ✓ Receive services in an atmosphere of collaboration, hospitality, excellence and respect.
- ✓ Provide information to us in an atmosphere of confidentiality, with the understanding that there are certain circumstances where sharing of personal information may be required such as when there are concerns around safety or abuse.
- ✓ Be aware of and provide consent regarding the kinds of services and activities being provided to your child or vulnerable family member.
- ✓ Receive services from a social worker who is skilled and registered to practice in Manitoba.

YOU HAVE THE RESPONSIBILITY TO:

- ✓ Participate in working towards a change process, understanding that the services are based upon a partnership approach and are time limited.
- ✓ Express any concerns you have with the program directly with your Family Care Social Worker, and if your concern is not resolved, to bring that concern directly to the Coordinator of Social Work and Central Intake (256-4301 ext. 3209).
- ✓ Assist us to evaluate our program through the completion of a Satisfaction Survey during your involvement with our program and once upon its completion.



WHO DOES WHAT?

Family Services Case Manager Role	Family Care Program Social Worker Role
<p>The Family Services Case Manager (Children’s disABILITY Services/Community Living disABILITY Services):</p> <ul style="list-style-type: none"> • Provides long-term service, but refers to FCP for specialized service. • Responds to requests for meetings and/or information as needed by the FCP Social Worker (i.e. Attendance at initial meeting, complex team meetings and the closing meeting). • Remains in contact with the FCP Social Worker to ensure they have updated information on the family and to discuss case closure. They will also receive updated goal forms every 6, 12 and 18 months. • Provides additional advocacy – writing letters of special support. • Ensures there is a financial plan in place for services required. 	<p>The Family Care Program (FCP) Social Worker:</p> <ul style="list-style-type: none"> • Provides short-term intensive, specialized service. • Provides intensive case management. • Becomes the main contact for current action planning and problem solving. • Assists families to prepare for, facilitate and/or participate in team meetings, and follow through with agreed upon plans. • Provides the Case Manager and family with updated goal forms at 6, 12 and 18 months. • Advises the Case Manager of all high risk situations. • Provides the Case Manager with all information needed to develop a financial plan. • Transitions primary role back to the Family Services Case Manager once FCP services are completed.

If you have any questions or comments, please contact:



FAMILY CARE INVOLVEMENT 18 MONTH TIME LINE

Months 1 & 2	<ul style="list-style-type: none"> • First meeting with the family, CSW and FCP Social Worker. • FCP Social Worker gathers information focusing on the family's strengths, supports and needs. • Family meets once per week with Social Worker.
Months 2 & 3	<ul style="list-style-type: none"> • Goals and priorities of the family are identified and outlined on a goal form. • Action plan is developed which outlines the steps and target completion dates for each goal. • Family meets once per week with Social Worker
Months 3 - 6	<ul style="list-style-type: none"> • Family and Social Worker begin working towards achieving the family's goals. • Family meets with Social Worker biweekly.
Month 6	<ul style="list-style-type: none"> • Goal form review
6-9 months	<ul style="list-style-type: none"> • Continue to work towards goals. • Family meets with Social Worker biweekly.
9-12 months	<ul style="list-style-type: none"> • Continue to work towards goals. • Family meets with Social Worker once per month or as needed.
12 months	<ul style="list-style-type: none"> • Goal form review and set target dates for the transition.
12-15 months	<ul style="list-style-type: none"> • Continue to work towards goals. • Family meets with Social Worker once per month or as needed.
15-18 months	<ul style="list-style-type: none"> • Work towards the completion of goals. • Plan for transition. • Family meets with social worker once per month or as needed.
18 months	<ul style="list-style-type: none"> • Goal form review/closing meeting with family, CSW and FCP Social Worker.

Time Period	Information Gathering	Goal & Action Planning	Goal Form Review		Goal Form Review	Planning for Closure	Goal Form Review
No. of Months	1	3	6	9	12	15	18
Frequency of Meetings	Meeting Weekly		Meeting Bi-Weekly		Meeting Once/Month (As Needed)		