

TGSep

I had a patient yesterday that was having some issues with anxiety. I felt she was the perfect patient for this question. I asked her, "What do I need to know about you as a person to give you the best care possible?" She started talking about her little dog at home that she rescued named XXXX. She was very worried about her dog while she was in the hospital and a good friend and neighbor of hers was talking care of her dog. Although she trusted her friend, she still wanted to check in with her but did not have her cell phone at the hospital and did not know the phone number. I asked her why she did not mention it sooner and she said considering everything going on with her health, she felt silly asking for help to check on her dog. Long story short, we were able to get her friends number and she was able to call and check on her little XXXX. It was the only family she had since her husband died and they had no children. She felt so relieved and was finally able to relax and focus on her wellness and healing. It was such a simple fix and had I not asked, she probably would have never said a word.