

TM is a 51-year-old female in the hospital with a new diagnosis of Crohn's disease awaiting surgery with likely outcome of an ostomy bag. She has been married for 5 years to spouse David. They have a beloved and very active border collie, Barkley and two beloved cats, Henry, and Higgins. TM works full time as a social worker. She has many supportive friends and co-workers.

TM leads a very active life. She loves to be outside in nature, walking, swimming, or biking. She is a lifelong learner and often takes classes and enjoys going to lectures. On rainy days, her favorite activity is sitting on her back porch reading a book.

TM is worried about how the outcome of the surgery is going to change her lifestyle and wonders how she will maintain her connection to nature and being active outside. She is worried about living a life that requires she is always near a bathroom. Dignity, privacy and having control over her bodily functions are strong values for TM. She is worried about balancing these values with what brings her joy in life.