

T.Y. April

I met with Mr. Y today. Mr. Y indicated that he is being investigated for respiratory problems but that he prefers to not know his diagnosis, prognosis, or outcome of disease. He stated he would prefer that his family be informed instead and that he himself would like to focus his energy on what's possible and on the directives (treatment, lifestyle and diet changes) his care team have for him.

Mr. Y indicated that it is very important to him to know what to anticipate, despite not wanting to know about his diagnosis, he would like to be informed of the treatment steps, duration, and possible side effects. Being able to mentally prepare himself is very important to Mr. Y, as he beautifully put it, "for every treatment or appointment, I feel like I am diving underwater, I want to know how big of a breath I need to take before I can come up to the surface for air again." He further added that it is important for this information to be shared in an honest way, he would rather know the truth about potential side effects than be offered vague hopefulness.

Mr. Y describes a highlight in his life currently is being able to continue to meet his friends to play football (soccer) weekly. He feels grateful for this time with them, he stated that despite not being able to play a full match due to shortness of breath, his friends are very accepting of his current limitations but never treat him any differently, "it's a time when I get to feel normal".